

Facial Cupping is a safe non-invasive, non-surgical, luxurious express facial in the comfort of your own home.

Add this easy and ultra-relaxing step to your morning ritual to reduce puffiness under the eyes and stimulate the production of natural collagen.



FACIAL CUPPING BENEFITS

- Increased blood flow will boost collagen formation, leading to diminished wrinkles
- Combine with active aromatherapy oils to penetrate deeper, increasing results
- Excess fluid will drain faster, relieving under-eye bags and puffiness
- A deeper cleanse will be achieved, removing comedones
- Broken facial capillaries will vanish as fresh blood will remove the de-oxygenated debris
- Prepares the skin for extraction, thereby lessening the possibility of trauma to the skin

FACIAL CUP BENEFITS

- Specialized in eye and lip care
- Available in Soft and Hard Strength
- Great for people with small faces
- Regenerate the upper lip's collagen for natural plumping
- Tackle eye bags, fine lines, and wrinkles

INDICATIONS

- Wrinkles
- Sinus problems
- Decreased elasticity
- Poor blood circulation
- Congestion i.e. comedones
- Fine Lines
- Broken Capillaries/Telangiectasia
- Sallow Skin
- Poor lymphatic drainage (under the eye etc.)

CONTRAINDICATIONS

- Active Acne
- Thrombosis
- Botox for the 1st five days after injections
- Open cuts or abrasions
- Cancer
- Rosacea / Weeping eczema
- Sunburn

DIRECTIONS

The cups can be used in 3 different methods

Firstly: Use the Facial Cups in conjunction with your Cleanser: Lather your skin well to provide ample slip to move the cup about. Use quick circular motions to deeply cleanse and remove any debris. Rinse well and repeat if necessary.

Secondly: Use your Facial Cups in conjunction with your enzyme exfoliant: Apply and make sure there is enough slip for the cup to move freely. Add

water if necessary and remember to keep the cup moving in circular motions.

Thirdly: Use your Facial Cups in conjunction with one of the facial Genies or the Nautilus Luminescence anti-aging balm. Achieve deeper product penetration by combining your cups with your choice of product. Use slow movements, such as big circles and draining from the midline to the temples, ears, or jawline, as this is where your facial lymph nodes are situated.

CARING FOR YOUR CUPS

- Wash with a disinfectant liquid soap after each use.
- Do not use any mineral oil or mineral oil containing product with your Bellabaci cups.
- Take note of seasonal changes in temperature or if you use

air-conditioning, as too hot or too cold will affect the pliability of your cups. They will become harder in cold temperatures and softer in warmer temperatures.

- To combat this, either place them in hot water to make them softer, or put them in the fridge for a few minutes to make them harder.