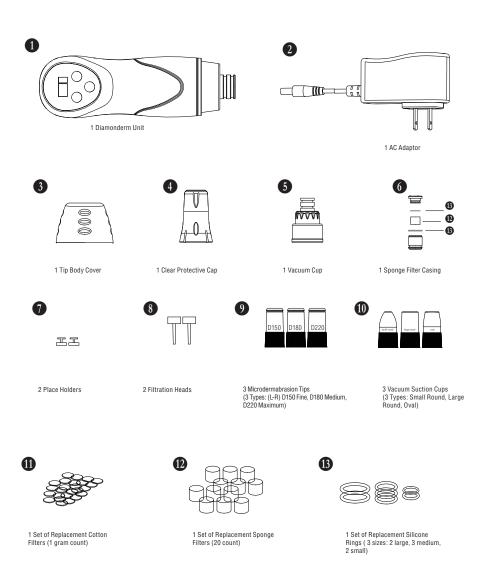


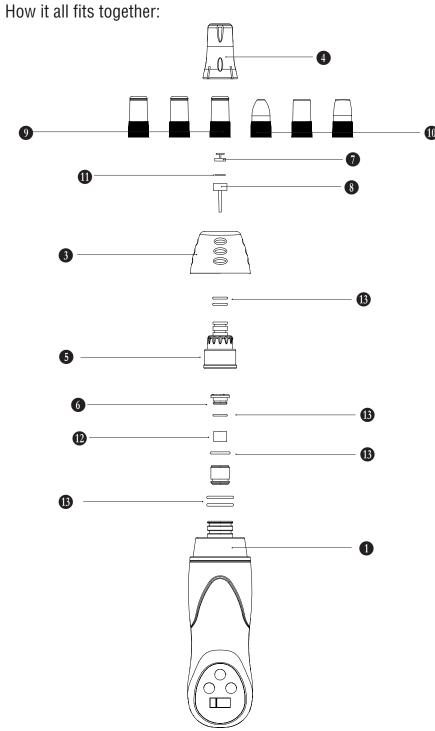
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Measurable Difference® Diamonderm What's in the box:



Measurable Difference® Diamonderm How it all fits together:



Not Pictured: 1 Device Travel Case

Measurable Difference® Diamonderm INSTRUCTION MANUAL

Item Number: 7081

WELCOME!

Thank you for purchasing the Measurable Difference® Diamonderm. CAUTION: Please read this instruction manual thoroughly before operating this device. Remember to always use caution, and treat your skin carefully. At no time should you tolerate discomfort, pain, redness, burning, irritation, etc.

WHAT ARE THE BENEFITS OF USING THE DIAMONDERM?

Used properly, this professional hand-held device can leave your skin exfoliated, polished, glowing, and healthier than ever. The device features three reusable dermabrasion tips with inlaid diamond micro-particles of three differing degrees of polishing on its tip. Within the assortment, there is a superfine (D150), a medium-fine grit (D180), and a heavier grit (D220), with D220 being the heaviest grit.

The microdermabrasion tips of differing degrees of fineness will smooth and polish your skin. Start with the smallest, finest grit first, and work up to a heavier exfoliation gradually. As the inlaid diamond-particles gently glide over and exfoliate the skin's surface, the device helps to loosen and remove dead skin cells, impurities and dirt. All of this collected surface debris is vacuumed into a disposable waste filter. Our sleek, agile assortment of diamond tips and suction attachments make it easy to safely reach every area of your face, without scattering mineral residue or leaving behind a gritty feel. Correct use of this product will loosen hardened keratin protein on the surface of the skin which gives your complexion a dull, dry appearance. Removing the dead skin reveals newer, fresher skin for a more youthful vital appearance. Removing dead cell debris from the surface of the skin will allow serums, moisturizers and other active ingredients perform more effectively.

Exfoliation becomes more important with each passing year, since skin metabolism and cell-turnover begins to slow down as we age. This means that the skin naturally becomes less translucent and supple as we get older. Exfoliation using Diamonderm can be part of your personal exfoliation regimen to help keep your skin looking and feeling its best, at any age! Always treat your skin with respect. Start small. Diamonderm is a powerful tool. Start with the finest grit (D150) when beginning your treatment. Your experience should always be comfortable and pleasant. Use the product initially for 3 minutes, in each area, maximum. Allow 24 hours to pass and observe how your skin

feels the next day. If there is any burning sensation, severe redness or discomfort, your skin may be too sensitive for this product. Under no circumstances should you tolerate pain, or any degree of abrasion which may damage your skin.

THREE MICRODERMABRASION TIPS, THREE DIFFERENT USES:

The three diamond-inlaid microdermabrasion tips exfoliate the surface of the skin. Their basic shape and size are the same. What is different about each of the three is the fineness of the polishing crystals, from superfine to larger and faster-acting.

D150 FINE — The smallest and finest. Start with this one to determine how your skin responds to the device. This tip was developed for use on delicate and sensitive skin.

D180 MEDIUM — This tip uses particles which are slightly larger than those on the smaller D150. This means that this tip can cover larger areas, faster, and exfoliate on a deeper level. We say that this tip is ideal for "normal" skin, meaning skin which is not highly reactive, not fragile, but not overly thickened by lack of exfoliation.

D220 MAXIMUM — This is the tip which uses the largest polishing particles. This degree of exfoliation is best for skin which may offer a bit of resistance, such as skin which has been thickened with an accumulation of dead skin cells. More mature skin which may not have been routinely exfoliated and or maybe sun-weathered may benefit from this tip, for the look of immediately fresher, brighter results.

MICRODERMABRASION DIRECTIONS:

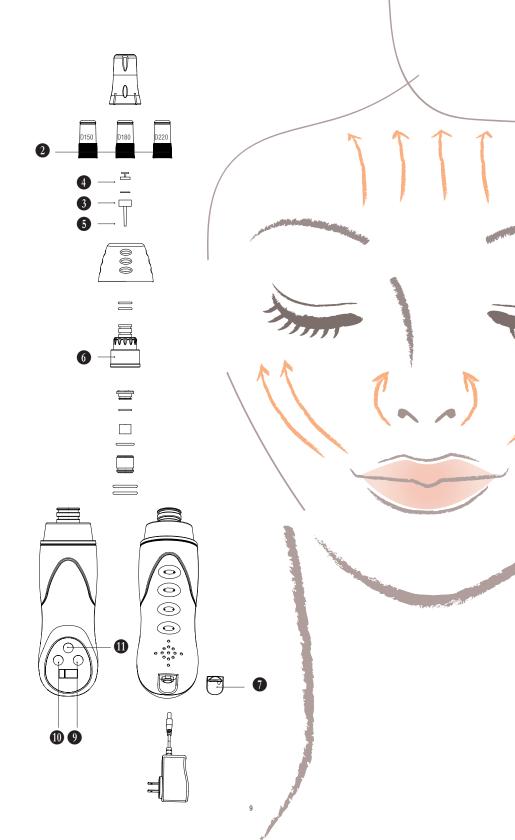
See Chart for specific recommendations:

TREATMENT AREA	LEVEL	TIME	DIAMOND TIP
Forehead & Eyebrows	1 -3	3 -5 min*	D150 Fine Polish
Nose & Chin	1 only	3-5 min*	D150 Fine Polish
Cheeks & Temples	1 - 3	3-5 min*	D180 Medium Polish
Jaw Line & around Lips	1 -3	3-5 min*	D150 Medium Polish
Neck & Chest	1 -3	3-5 min*	D220 Maximum Polish
Arms, Legs, Hands, Feet	1 -3	3-5 min*	D220 Maximum Polish

*NOTE: Suggested time is at the discretion of the user. Our recommendation is to start with only a short exposure of the microdermabrasion tip to the skin. Do not continue use if you experience discomfort, pain, redness, swelling, etc. If your skin responds favorably to your first few treatments, gradually increase the time-duration. Exercise care and caution for safe, healthy skin. Always handle your skin with care—it's the largest organ in the human body, and it's the first line of defense against the world out there. Dermabrasion works best with small, thoughtful steps. If you experience discomfort, stop immediately. The time suggested in these charts is our conservative recommendation for the first time. Gradually increase exposure and time once you're familiar with the device and you know how your skin will respond.

Treatment and Results: If this device is used as directed, the results are visible after a period of 2 -3 uses. Degree of improvement will vary because every skin is different

- Wash the area of skin that is to be treated, so it is completely clean. Allow cleansed area to completely dry.
- 2. Select a Microdermabrasion Tip. Note: The Small Diamond Tip is recommended for first time use to observe how the skin will react to this device.
- 3. Install a cotton filter into a Filtration Head.
- Use the place holder (larger end first) to push the cotton filter down. The place holder should protrude slightly above the Filtration Head.
- Hold the Filtration Head by its stem and insert it into the Microdermabrasion Tip by gently
 pushing it until it is met with resistance. This point of resistance is marked by an indicator line
 on the Microdermabrasion Tip.
- Mount the Microdermabrasion Tip by gently pushing and twisting in one direction over the Vacuum Cup.
- 7. Remove clear plug and set aside, then connect AC adaptor to device and plug into an outlet.
- 8. The device will be in stand-by mode once the unit is plugged in.
- Select time (1-30 minutes) by pressing the TIME button. Time is increased in increments
 of one (1) minute. Time is indicated on the left side of the digital display. See chart for
 recommended treatment and exposure.
- Select level (1-3) by pressing the LEVEL button. Level is indicated on the right side of the digital display. See time and level recommendation table.
- 11. Press the Start/Pause button to start the device. It will now be in operating mode.
- 12. Gently place the tip on area of skin being treated.
- 13. At a slow pace, move the device in an upward gliding motion throughout the desired area.
- 14. Continue until timer has gone off, and the device stops automatically; or, press and hold the Start/Pause button to turn off the device while in operation.
- 15. Unplug AC adaptor and disconnect it from the device.



THREE SUCTION CUPS, THREE DIFFERENT USES

The three suction cups collect the abraded material from the surface of the skin after having used the diamond tips, and also employ a gentle vacuum action to help release impactions and congestion from the pores. Skin looks cleaner, brighter, more refined and feels velvety!

The different circumferences and shapes of the suction cups makes it possible to follow the microdermabrasion tool accurately in any area of the skin so that there is no grit left behind. Also, the suction
cups may be used independently of microdermabrasion. Used on cleansed skin, they may be used to
help loosen subcuteaneous congestion, and help to break up potential acneic formation. We do not
recommend that either microdermabrasion or the vacuum suction cups be used on inflamed, infected,
blemished or aggressively acneic skin.

THE SUCTION CUPS AND WHAT THEY DO:

Used after any microdermabrasion treatment, the use of the suction cups on key areas of the face can help to reduce oiliness and acne, clear congestion of blackheads, reduce sebum shine, and improve circulation, for a smoother, more elastic, pristine canvas.

LARGE ROUND SUCTION CUP – Use to help remove skin debris from cheeks, chin, forehead and other large areas of face

SMALL ROUND SUCTION CUP – Use smaller, more agile design to help remove skin debris around nose and hard-to-reach areas

OVAL SUCTION CUP—Use in small spaces to help remove skin debris from delicate areas around nostril creases –even inside ears lobes and at hairline-- without irritation

SUCTION CUP DIRECTIONS

See Chart for specific recommendations:

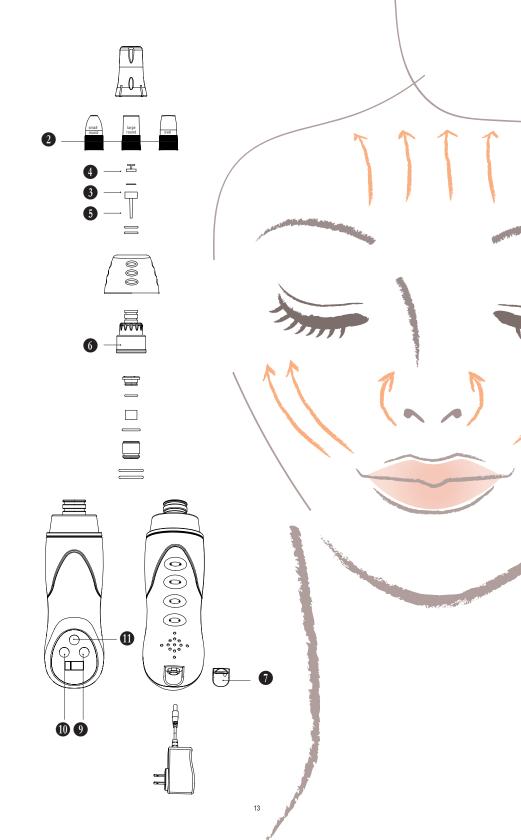
TREATMENT AREA	LEVEL	TIME	Suction cup
Forehead & Eyebrows	1 -3	3 -5 min*	Large Round
Nose & Chin	1 only	3-5 min*	Small Round and Oval
Cheeks & Temples	1 - 3	3-5 min*	Large Round
Jaw Line & around Lips	1 -3	3-5 min*	Small Round and Oval
Neck & Chest	1 -3	3-5 min*	Large Round
Arms, Legs, Hands, Feet	1 -3	3-5 min*	Large Round

*NOTE: Suggested time is at the discretion of the user. Our recommendation is to start with only a short exposure to mechanical suction, to determine the sensitivity of your skin. Do not continue use if you experience discomfort, pain, redness, swelling, etc. If your skin responds favorably to your first few treatments, gradually increase the time-duration. Exercise care and caution for safe, healthy skin. Just use your best judgment when treating acneic skin. We do not recommend that either microdermabrasion or the vacuum suction cups be used on inflamed, infected, blemished or aggressively acneic skin. The time suggested in these charts is our conservative recommendation for the first time use. Gradually increase exposureand time once you're familiar with the device and you know how your skin will respond.

DIRECTIONS TO HELP REMOVE SKIN DEBRIS:

It is recommended that this process be done after microdermabrasion.

- Wash the area of skin that is to be treated, so it is completely clean. Allow cleansed area to completely dry.
- 2. Select Suction cup.
- Install a cotton filter into the Filtration Head.
- Use the place holder (larger end first) to push the cotton filter down. The place holder should protrude slightly above the Filtration Head.
- Hold the receptacle by its stem and insert it into the suction cup by gently pushing it until
 it is met with resistance. This point of resistance is marked by an indicator line on the
 microdermabrasion or Suction cup.
- Mount the Suction cup with the inserted cotton receptacle by gently pushing into the Vacuum Suction cup.
- 7. Remove clear plug and set aside, then connect AC adaptor to device and plug into an outlet. The device will be in stand by mode once the unit is plugged in.
- 8. Select time (1-30 minutes) by pressing TIME button. Time is increased in increments of one (1). Time is indicated on the left side of the digital display. See time and level recommendation table.
- Select level (1-3) by pressing the LEVEL button. Level is indicated on the right side of the digital display. See time and level recommendation table.
- 10. Press the Start/Pause button to start the device. It will now be in operating mode.
- Gently place the suction cup on the skin. At a slow pace move the device in an upward motion on the desired areas, including over clogged pores. Impurities will be suctioned into the cotton filter. Continue as needed.
- 12. Continue until timer has gone off, and the device stops automatically; or, press and hold the Start/Pause button to turn off the device while in operation.
- 13. Unplug AC adaptor and disconnect it from the device.

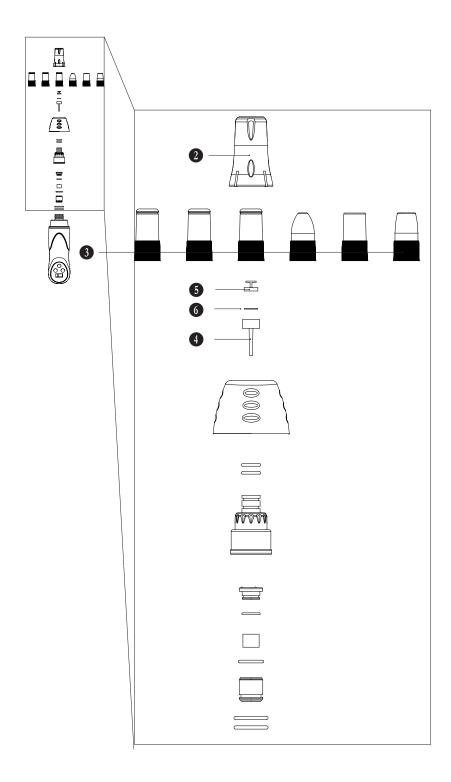


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REPLACING COTTON FILTERS:

Cotton filters should be replaced every 3-5 uses.

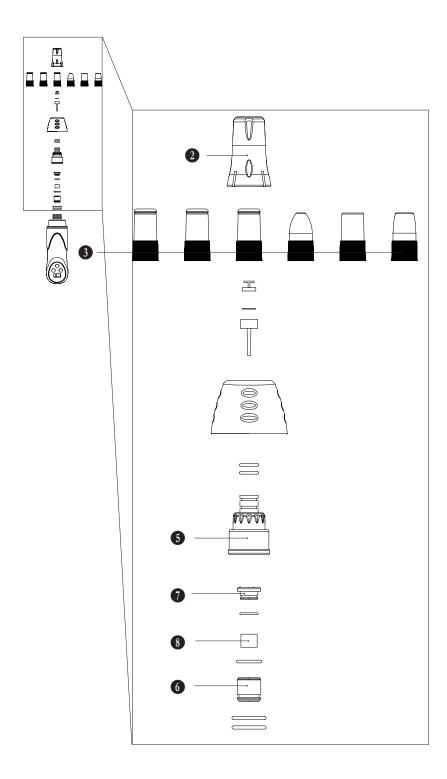
- 1. Make sure the device is unplugged.
- 2. Pull out Clear Protective Cap (if applicable)
- 3. Gently pull out the microdermabrasion tip or suction cup.
- 4. Gently pull out the Filtration Head inside the Microdermabrasion Tip or Suction Cup by its stem.
- 5. Remove the place holder from the Filtration Head.
- 6. Remove the cotton filter by gently blowing into the Filtration Head. The cotton filter should come out.
- 7. Dispose of old cotton filter appropriately.
- 8. Install a new cotton filter into the Filtration Head.
- Use the place holder (larger end first) to push the cotton filter down. The place holder should protrude slightly above the Filtration Head.
- 10. Hold the Filtration Head by its stem and insert it into the microdermabrasion Tip or Vacuum Suction cup. (TIP: How to know when a Microdermabrasion or Suction Tip is inserted far enough? Just push gently until you feel slight resistance. Also, the side of the tip is marked with an indicator-line. Just push until the insert matches this line.)
- 11. Mount the microdermabrasion tip or suction cup by gently pushing it into the vacuum cup.



REPLACING SPONGE FILTERS:

The sponge filter should be checked occasionally to ensure that there are no obstructions present.

- Make sure the device is unplugged.
- 2. Pull out Clear Protective Cap (if applicable).
- 3. Gently pull out the microdermabrasion tip or suction cup.
- 4. Simultaneously pull out and rotate Tip Body Cover to remove it.
- 5. Gently pull off Vacuum Cup.
- 6. Gently twist and pull of Sponge Filter Casing.
- 7. To open the Sponge Filter Casing, firmly hold on to the side with the silicone ring and gentlypull open the lid.
- 8. Remove Sponge Filter.
- 9. Dispose of Sponge Filter appropriately.
- 10. Install new Sponge Filter.
- 11. Place lid back on Sponge Filter Casing by gently pushing it into the casing.
- 12. Insert the Sponge Filter Casing into the Diamonderm unit by gently pushing (silicone ring side first) unit into place.
- 13. Gently mount the Vacuum Case over the Sponge Filter Casing.
- 14. Place the Tip Body Cover over the Vacuum Cup and gently push it down.
- 15. Finally, place the microdermabrasion tip or suction cup by gently pushing it on to the Vacuum Cup.



HERE'S WHAT OUR CUSTOMERS HAVE TO SAY!

"My skin was tired, but the idea of a face-lift turned me off. Then I heard about microdermabrasion and now I'm hooked! I can do it for myself before a big night out, or just do it every so often to keep my husband guessing."

— Hazmin, Glendale, CA

"Before I got divorced, I had those worry-lines on my fore-head. Then one day, my girlfriend dared me. I dyed my hair blonde and gave myself a makeover with this microdermabrasion kit! Now I've also got Armando. He says I have gorgeous young skin." Dasha, Bronx, NY

—Dasha, Bronx, NY

"I've been a California Girl all my life, with the surfing, the hiking, the skiing, and I've never used sunblock. The combination of weather and time has left my face feeling like a catcher's mitt. But little by little, the dermabrasion is bringing it back around, making it softer."

— Alexia, Santa Monica, CA

"As a new mom, I have no time for those spa-treatments I used to get back in the day. Now I can keep my skin looking fresh, when my schedule permits. Convenience is really important, and I love the results."

— Susanne, Davenport, Iowa

"I don't like to admit it, but I'm getting a little older. I do keep in shape by working out at the gym a couple of times a week, but I could see the fine lines coming in around my eyes and mouth. It seemed like my moisturizer wasn't working the way it used to — and I realized it was because my skin had changed. Now I can keep the surface of my skin softer, so products work better, and I feel younger."

— Polly Jane, Orlando, CA

"Like many of us, our family took some major financial hits in the last few years. After being a stay-at-home mom for more than a decade, I am going back out into the workforce to find a job. I need to look younger, because no one wants to hire a woman who is old enough to be a grandmother! I don't like about my age, but I am interested in keeping my skin as youthful as possible. This device really seemed like it took 10 years off my appearance. Good for my soul, not just my resume! "

— Jen, Nashua, New Hampshire

"I have a naturally oily skin, and so I tend to get blackheads in my T-zone. The suction cup attachments are really great for working in tiny spaces and getting my skin super clean."

— Kim ,Seattle, Washington

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