

# Lighten Up, Tighten Up Facial Success Kit®



Based on Control Corrective Skincare Systems®
Signs of Aging Collection
Level 2: Spa Therapy

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## LIGHTEN UP, TIGHTEN UP FACIAL SUCCESS KIT

**Recommended For:** Mature, non-sensitive skin types showing signs of aging, sun damage, and loss of elasticity.

Gly Peel 33% is a versatile peel which benefits many skin conditions. This light gel peel can be easily used not only on face, but on the body, whether it be raised stretch marks, dark spots, bumps, acne scars or the signs of aging on the arms, hands and décolleté'.

## **Menu Treatment Description:**

This rejuvenating facial is really into power lifting. Penetrating alpha hydroxy acids get to the bottom of lines, wrinkles, roughness, age spots, and other irregularities to uncover fresh, smooth, new skin underneath. A remarkable hydrating gel mask, topped off with a skin-plumping serum delivers immediate firmness, renewed tone, and textural consistency. Best done in a series of 3 or 4 or as a monthly anti-aging maintenance program

**Professional Treatment Description:** This is the ultimate results-oriented treatment for clients that want to smooth out skin imperfections while tightening and toning tired or sagging skin. The skin will be left feeling hydrated, firm, and smooth. The proven effectiveness of our Glycolic Peel coupled with our gel based mask and firming serum makes this a must for tired, aging skin.

#### **Treatment Time**

- □ 60 Minute Spa Advanced Therapy
- □ 30 minute Express Therapy (Omit steps 7 & 9)

Suggested Price: \$95-\$110

#### **Products**

- □ 18 oz. Sensitive Skin Cleansing Milk (CON403)
- □ 18 oz. Sensitive Skin Tonic w/ Aloe (CON121)
- □ 8 oz. Gly Peel 33% (CON239)
- □ 1 oz. Firming Tri-Peptide Serum (CON122)
- □ 4 oz. Hydra Calm Massage Oil (CON328)
- □ 6 oz. Balancing Thermogel Mask (CON241)
- □ 2.5 oz. Collagen Eye Defense (CON711)
- □ 6 oz. Anti-Wrinkle Face and Neck Cream (CON726)
- □ 6 oz. Oil-Free Sunscreen SPF30 (CON260)

## **Additional Recommended Supplies**

- Cotton rounds
- □ 3 Warm Towels
- Essential Oils
- □ 4 x 4 Gauze or Cotton Squares
- □ 4 Fan Brushes
- Plastic Wrap Strips
- □ Tissues
- □ Steamer
- High Frequency

Replacement products and supplies are available through Universal Companies.

Always check your state regulations to ensure that you are practicing within the scope of your license.

#### **Procedure**

## **Cleansing Phase – Time: 5-7 minutes**

Step 1 First Cleanse: Begin facial cleanse while steaming and warming up the skin. Apply **Sensitive Skin Cleansing Milk** to the skin and cleanse the face, neck, and décolleté.

Optional: Soak cotton rounds in warm water and spray a small amount of **Soothing Chamomile Eye Makeup Remover** (CON728) (not included in the Success Kit) on the cotton rounds.

Apply moistened cotton rounds to the eyes and wrap your client's face in a warm, moist towel infused with an aromatic calming essential oil blend (esthetician's choice). Compress the towel and let your client breathe in the essential oil for approximately 30 seconds. Unwrap the towel and remove the eye pads and excess make-up. Remove the cleanser with the towel.

- Step 2 Second Cleanse: Perform a second cleanse with the **Sensitive Skin Cleansing Milk.** Wrap your client's face in warm, moist towel infused with an aromatic calming blend of essential oils. Remove remaining cleanser, and additionally remove steam from face.
- Step 3 Saturate two cotton pads with **Sensitive Skin Tonic** and apply to the entire face, neck, and décolleté

## Skin Analysis and Exfoliation Phase – Time 10 – 15 minutes

Step 4 Perform Skin Analysis

- Step 5 Provide your client with a hand held fan for comfort. Measure approximately 1 teaspoon of **Gly Peel 33%** and apply thinly with a semi-stiff fan brush in upward direction. Avoid the eye area and do not apply to eyelids. Make sure the client keeps his or her eyes closed the entire time. Leave on 2-4 minutes then remove/neutralize with cotton squares or gauze soaked in a water/baking soda mixture. Client may feel a mild tingling initially. Always keep an eye on the skin whenever performing peels to clients.
- Step 6 Saturate two cotton pads with **Sensitive Skin Tonic with Aloe** and apply to entire face, neck, and décolleté to hydrate, soothe, and restore the pH balance of the skin.
- Step 7 Perform gentle extractions and High Frequency if needed. LED light therapy may also be used at this time if desired.

## **Massage Phase - Time 10 minutes**

- Step 8 Apply a few drops of **Firming Tri Peptide Serum** around the eye area and other areas that need tone and firming. Massage in. You can apply with fingers or with thin "paint brush" to any lines and wrinkles.
- Step 9 Perform a facial massage with **Hydra Calm Massage Oil**. Apply a very small amount to hands and begin massage. There is no need to remove all the oil completely as **Hydra Calm Massage Oil** is a "breathable" non occlusive massage medium. Tissue off excess if desired.

#### **Mask Phase - Time 10 Minutes**

- Step 10 Apply a teaspoon of the **Balancing Thermogel Mask** liberally with a fan brush to the face, neck, and décolleté. Leave on for 7-10 minutes. It is also recommended that pre-moistened cooling eye compresses be applied at this time and be allowed to sit on the eyes to further calm the eye area.
- Optional For a more intense firm and lift, mix approximately 1 teaspoon of the Firm and Lift Mask Powder (CON326 not included in this Success Kit) with enough Firm and Lift Mask Activator (CON327 not included in this Success Kit) to create a thin (almost "runny") fluffy mixture. It is important for this mask to be thin for easier removal and best results. Apply mixture with a fan brush, in an upward motion. Leave on approximately 7-10 minutes. You can assist drying of the mask with fan if desired.

Note: The client will feel a lifting and tightening, as well as a vascular pulsating which is normal. If the client feels the product is "too tight" simply wet your fingers and apply to face until relieved.

After the mask has been on the face approximately 7 minutes, steam the face for several minutes and remove mask as follows:

Mix a small amount of **Sensitive Skin Cleansing Milk** with water and massage onto the skin to "loosen" the mask. Then with warm towels continue to remove the mask.

Step 11 While the mask is on the face, perform an additional shoulder, neck and/or scalp massage for approximately 5 minutes while the mask is on the face. Use the **Hydra Calm Massage Oil** to perform a massage to the area, then use a warm aromatic towel to remove mask.

## **Hydrate and Moisturize Phase - Time 3 - 5 Minutes**

- Step 12 Apply a small amount (2-3 cc) of **Firming Tri Peptide Serum** to your hands and then massage into face, neck, and décolleté.
- Step 13 Finish the facial with a light application of Collagen Eye Defense, Anti-Wrinkle Face & Neck Cream, and/or Oil Free Sunscreen (SPF 30).

## **Spa Prescription**

Increase revenue after this wonderful treatment by prescribing complementing home-care products and in-spa treatments. The handy *SpaScriptive*® pad in your kit is easy to fill out, easy for clients to follow, and allows you to keep a copy for your records.

#### Recommended Follow-Up Spa Treatment

□ A series of 8 to 10 treatments, performed weekly, will progressively improve skin texture, pigment, brightness and tone, and often control many types of acne. For clients looking for an intensified boost, most complexions can tolerate an 8-week series twice a year. Also excellent as part of monthly maintenance facial.

#### **Recommended Home Care Products**

- □ Reverse and Energize Skincare Kit (CONTK5)
- □ 6.7 oz. Sensitive Skin Cleansing Milk (CON402)
- □ 6.7oz. Sensitive Skin Tonic w/ Aloe (CON120)
- □ 1 oz. Firming Tri-Peptide Serum (CON122)
- □ 2.5 oz. Balancing Thermogel Mask (CON240)
- □ 0.5 oz. Collagen Eye Defense (CON710)
- □ 2 oz. Anti-Wrinkle Face and Neck Cream (CON725)
- □ 2.5 oz. Oil-Free Sunscreen SPF30 (CON259)

## **Retail Opening Order**

Item#	Description and Size	Wholesale Qu	antity	Amount	
CON107	Anti-Aging Lotion w/Peptides 1 oz.	\$33,00	3	\$99,00	
CON725	Anti-Wrinkle Face & Neck Cream 2 oz.	\$48.00	3	\$144.00	((( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( (
CON213	Balancing Tonic 6.7 oz. (e)	\$12.00	6	\$72.00	
CON332	Cellular Repair Serum 1 oz.	\$26.00	3	\$78.00	
CON710	Collagen Eye Defense 0.5 oz. 📵	\$16.00	6	\$96.00	
CON122	Firming Tri-Peptide Serum 1 oz.	\$32.00	3	\$96.00	Ciana of Agina
OON207	Gentle Facial Wash 6.7 oz. 💮	\$12.00	6	\$72.00	Signs of Aging
CON415	Lactic C Firming Cream 2.5 oz.	\$33.00	3	\$99,00	Callantina
CON288	Retinol C Serum 1 oz.	\$28.00	3	\$84.00	Collection
CON273	Smoothing Repair Gel 1.7 oz.	\$18.25	3	\$54.75	Retail
	COMPLIMENTARY with OPENING O	RDER PACKA	GE		rtotan
	Samples	\$0.65	160	\$104.00	Opening Order
CON415	Tester - Lactic C Firming Cream 2.5 oz.	\$33.00	1	\$33.00	oponing order
CON710	Tester - Collagen Eye Defense .5 oz.	\$16.00	1	\$16.00	CON821
CON122	Tester - Firming Tri-Peptide Serum 1 oz.	\$32.00	1	\$32.00	and the second s
CON725	Tester - Anti-Wirinkle Face & Neck Cream 2 oz	\$48.00	1	\$48.00	- 0
CONCBAG	Aging Consumer Brochure (25)	\$7.00	1	\$7.00	
CONBBH	Branded Brochure Holder	\$15.00	1	\$15.00	
CONLPE	Counter Card	\$5.00	1	\$5.00	
CONBWD	Branded CC Window Decal	\$5.00	1	\$5.00	British British British
			Total	\$1159.75	Marie I Service Land
Opening Order Complimentary Materials			\$265.00		
		You	ur Cost	\$894.75	

## **Complementary Treatments**

CORR COLLECTION PRODUCTS

- □ Lash Extensions (Available as a Success Kit from Universal Companies (C1271T)).
- □ Lash Perm (Available as a Success Kit from Universal Companies (C1125T)).
- □ Natural Stone Massage (Available as a Success Kit from Universal Companies (KMU241).
- □ Smoothing AHA Body Peel (Available as a Success Kit from Universal Companies (CON14))

## Tips for Making the Lighten Up, Tighten Up Facial a Truly Special Treatment

- □ Add an essential oil to the Body and Linen Spray (ESR7573 or ESR7574). Spray it on your linens or use it as an exotic body spray.
- □ For a special aromatherapy experience, add one of the Water Soluble Essential Oils to the water you use to moisten your facial towels. When the towels are warmed in your hot towel cabi, they will smell fabulous.
- □ Warm your products prior to applying them to your client's face/body.
- □ Perform a hand and/or foot massage while the mask is working.
- □ Perform a scalp massage while the mask is working.
- □ While your client is relaxing during the mask portion of the treatment, place cool eye stones, eye pads, or herbal eye pads on their eyes.
- As a complimentary service, offer to clean your client's jewelry during the treatment. An Hourglass Jewelry Cleaning Kit is available from Universal Companies.

## Tips for Enhancing the Effectiveness of the Treatment

- Communication is the key to enhancing the effectiveness of your skin care treatments. As you build a relationship with the client, you are also educating him or her about their skin problem and how the *Control Corrective Skincare* system and treatments can achieve their desired results. It cannot be emphasized enough that the client must feel understood. *Moreover, the client needs to feel that you have a sincere approach that can help them.* By spending the time needed to educate the client and providing solutions-oriented professional products, you build your own credibility as well as allow them time to process all the information you have shared.
- □ For very dehydrated skin, use the Cryogenic Mask (HM200) as an alternative to the Balancing Thermogel Mask.
- □ When removing product from clients who have sensitive skin, use a Smooth Chamois, which is gentler (especially for sensitive skin) than towels or sponges. The Smooth Chamois is available from Universal Companies.
- Performing extractions is much easier when you have good, quality equipment.
   Universal Companies has a several comedone extractors that can facilitate the process.
- □ Using sterile needles is a must when extracting comedones and using a needle holder will make your job easier. Both are available from Universal Companies.
- □ Product will be much easier to remove using warm moist towels. In order to always have a ready supply of towels, you may want to invest in a Hot Towel Cabi. Universal Companies has several models available.
- □ Analyzing the skin and performing extractions will be easier if you have a good magnifying lamp with a built in light source. Universal Companies has several models available including a Headband Magnifier.
- □ The Wood's Lamp is a vital tool to help estheticians diagnose underlying skin conditions. Universal Companies has several models available a Handheld Wood's Lamp, a Wood's Lamp With Stand, a Skin Inspection Unit, and a UV Skin Analyzer with Camera.
- □ Perform a high frequency treatment to spot treat acneic regions.
- Digital Timers are much more accurate than more traditional bell timers and should be used to time all peels.

## **Creating Interest in the Treatment**

- □ Display the **Lighten Up, Tighten Up Facial** counter card in relaxation, retail, and/or changing areas to create interest in the treatment.
- ☐ If available, include Before and After pictures in your display.
- □ Include a couple of testers of the Control Corrective Skincare products used in the treatment in the display.

## **Creating Spa Ambiance**

- □ Tuck towels and other supplies out of sight so that your guest is not distracted by utilitarian objects.
- □ Place your trash can out of sight and prop the lid open slightly so that the lid won't clang every time you throw something away. The lids of Universal Companies' trash cans have this feature (propping).
- □ Functional ambiance Use bowls, baskets, and utensils from Universal's new collections for your products and to organize your supplies. They are much more visually appealing than rubber bowls and traditional spa caddies.
- ☐ Have a tabletop fountains operating in the treatment room.
- □ During the treatment, play music from Universal Companies *Spa Moments*® Collection to enhance this getaway for the mind and body.
- □ Light an aromatherapy candle to set the desired mood.
- □ As an alternative aromatherapy experience, use one of Universal Companies Soapstone diffusers. A battery-operated unit with a plug-in option is also available.
- □ Have a salt lamp from Universal Companies operating in the room to cleanse the air.

## **Creating Retail Opportunities**

- □ Place *Control Corrective Skincare* cleansers and lotions in the restrooms for clients to try.
- □ Create a display using retail sizes of each of the recommended home-care products on hand. (At the very least, have them available in the treatment room.)
- □ After the treatment, utilize the *SpaScriptive*® Pad for prescriptive selling, describing the benefits and usage of each of the Home Care Products.
- □ If the client expresses interest in purchasing one or more of the products, take the product from the display and walk with the guest to check out. If they are going to have another treatment, take the product(s) directly to checkout so that they will be there for the guest when they are ready to leave.
- □ Prepackage your recommended home care products into kits to make prescriptive selling and retail sales easy!

## **Additional Information to Help Sell Recommended Retail Products**

Product	Benefit	Usage
Reverse and Energize	Fight the visible signs of aging with	Contains Gentle Facial Wash,
Skincare Kit	this kit to rewind years of sun	Smoothing Repair Gel, Anti-
	damage and aging in as little as four	Wrinkle Face & Neck Cream
	weeks. Power packed with	<ul> <li>Follow directions on</li> </ul>
	technology to reduce the appearance	individual packages.
	of fine lines and wrinkles, this	
	regimen gives skin clarity, tone, and suppleness.	
Sensitive Skin	Gentle, soothing cleansing milk for	Apply a small amount to pre-
Cleansing Milk	sensitive or dry skin. Cleanse the	moistened skin. Gentle
	skin without over stripping.	massage in and rinse well with water.
Sensitive Skin Tonic w/	A calming and hydrating toner for	Using a cotton pad, apply to
Aloe	sensitive skin types.	entire face. Repeat if desired.
		May be used by all skin types
Firming Tri-Peptide	A skin nourishing peptide serum with	After cleansing, apply a small
Serum	concentrated active ingredients.	amount to entire face and neck
	Helps reduce transepidermal water	areas. Allow serum to dry
	loss and fight the signs of aging.	before moisturizer and/or
		sunscreen is applied. Ideally
Balancing Thermogel	Helps to restore and balance dry,	use twice daily.  Apply liberally with fingers or
Mask	dehydrated or flaky skin	fan brush. Leave on 7-10
Widsk	denytrated of flaky skin	minutes, and then rinse with
		water. For very dehydrated
		skin, apply a second coat
Collagen Eye Defense	A lightweight, moisturizing eye	After cleansing, apply to the
	cream with botanicals, antioxidants,	delicate tissue around the eye
	and lipids. Superior hydration that	area. Use twice daily before
	lasts for hours.	applying moisturizer.
Anti-Wrinkle Face and	An advanced peptide-based face and	Apply generously to the face
Neck Cream	neck treatment cream that helps	and neck area twice daily.
	reduce the appearance of fine lines	Follow with sun protection if
	and pigmentation. Loaded with	needed.
	highly active cosmeceuticals	
	including peptides, antioxidants, and	
	skin brighteners leaving your skin	
O'I Face Co	hydrated and smoother.	A null name name 1
Oil-Free Sunscreen	A multi-purpose sunscreen and facial	Apply generously and evenly
SPF30	moisturizer. Offers broad spectrum	to all areas 15 minutes prior to
	UVA & UVB protection without	sun exposure. Ideal for all skin
	_	icaves skin nyaratea.
	leaving a greasy film. Contains aloe vera and antioxidants to help soothe and balance the skin.	types. Penetrates quickly and leaves skin hydrated.

## **Sensitive Skin Cleansing Milk**

This sedating cleanser contains moisturizing lipids and other proven soothers. Also ideal after a sunburn or post-laser, post-chemical peel and post-microdermabrasion.

**Skin Types/Conditions:** For sensitive, dehydrated, over-stimulated or rosacea-prone skin

#### **Benefits:**

- □ Leaves the skin feeling clean, balanced, and soothed.
- □ Provides moisture retention.
- □ Help soften and smooth as well as slough off dry surface cells.
- □ Calms down over-stimulated skin.

#### **Usage**:

Apply a small amount to pre-moistened skin. Gently massage in and rinse well with water.

Sizes Available: 6.7 oz., 18 oz.

#### **FEATURED ACTIVES:**

**Aloe Barbadensis Leaf Juice -** Improves the circulation and regenerates the cells. Its effects are soothing, astringent, and protecting. Aloe has been recognized for many years to also be anti-inflammatory and antibiotic. Aloe is also excellent for sensitive skins, rosacea conditions, and dry skin.

**Lactic Acid** - Used for a thousand years to treat dry and sensitive skin as it smoothes and promotes healing. The multi-purpose benefit of moisturizing and exfoliating make it ideal for clients suffering with acne, surface dehydration, fine lines, and mild hyperpigmentation. Derived from sour milk, lactic acid has a better water intake capacity than glycerin and is agreeable to even the most sensitive skin types.

**Allantoin** - An excellent ingredient for sensitive and irritated skin conditions. It is a botanical extract derived from the comfrey root and is known to be healing. Furthermore, studies show that this extract aids in the healing of scarred skin by stimulating new tissue growth.

**Chamomile -** A plant extract, which has many beneficial properties including anti-inflammatory, soothing, decongesting, antiseptic, and toning. It is also considered anti-itching and bactericidal with an ability to neutralize skin irritations. Chamomile is excellent when used in the treatment of inflamed, itchy, or irritated acneic conditions.

**Ginseng Extract -** Credited for centuries as having therapeutic benefits for sores, bruises, swelling, and boils. Due to its hormone and vitamin content, it is believed to offer healing properties.



## **Sensitive Skin Tonic with Aloe**

This calming, cleansing tonic helps balance pH levels in sensitive or irritated skin. Also ideal after a sunburn or post-laser, post-chemical peel and post-microdermabrasion.

**Skin Types/Conditions:** For all skin types but particularly beneficial for dry or sensitive skin

#### **Benefits:**

- □ The skin is rehydrated.
- □ Removes any additional impurities.
- □ Balances pH levels.
- □ Healing for sensitive or irritated skin.
- □ Helps bring vitality back to skin.

## Usage:

Using a cotton pad, apply to entire face. Repeat if desired. May be used by all skin types.

Sizes Available: 6.7 oz., 18 oz.

#### **FEATURED ACTIVES:**

**Aloe Barbadensis Leaf Juice -** Improves the circulation and regenerates the cells. Its effects are soothing, astringent, and protecting. Aloe has been recognized for many years to also be anti-inflammatory and antibiotic. Aloe is also excellent for sensitive skins, rosacea conditions, and dry skin.

**Glycerin** - Helps the skin retain moisture.

**Allantoin -** An excellent ingredient for sensitive, acneic, and irritated skin conditions. It is a botanical extract derived from the comfrey root and is known to be healing. Furthermore, studies show that this extract aids in the healing of scarred skin by stimulating new tissue growth.

**Chamomile** - Chamomile extract has many beneficial properties including antiinflammatory, soothing, decongesting, antiseptic, and toning. It is also considered antiitching and bactericidal, with the ability to neutralize skin irritations. Excellent for the treatment of inflamed, itchy, or irritated acneic conditions.

**Ginseng -** Helps diminish wrinkles and helps reduce the symptoms of dry skin conditions.



## Gly Peel 33%

Here is an excellent recommendation for clients new to peels because of its visible dramatic results even from the first treatment. By rapidly exfoliating epidermal cells, it instantly unclogs pores, smoothes texture and clarifies the complexion.

**Skin Types & Conditions:** All non-sensitive skin types. Targeted for sluggish, unevenly textured or acne prone skin.



Important Note: This treatment should not be performed on any client who suffers from any skin condition or disease such as lupus, cancer, eczema, psoriasis, or herpes. Do not use on persons who are currently on Accutane medication or who have taken this medication in the past 6 months.

#### **Benefits:**

- □ Dissolves pore-clogging debris
- □ Smoothes fine lines and wrinkles
- □ Reduces superficial scars
- □ Refines texture

#### **Usage:**

After cleansing, apply a thin coat with a fan brush to face and neck. Avoid eye, nose, and mouth openings. Client may experience a mild tingle. Leave on 2-3 minutes (depending on skin type). Remove completely with a wet towel or sponge. Patch test is recommended 24 to 48 hours prior to this peel procedure. Refer to *Control Corrective's* technical manual to complete instructions. Neutralize with baking soda/water mixture if necessary.

A series of 8 to 10 treatments, performed weekly, will progressively improve skin texture, pigment, brightness and tone, and often control many types of acne. For clients looking for an intensified boost, most complexions can tolerate an 8-week series twice a year. Also excellent as part of monthly maintenance facial.

Sizes Available: 8 oz.

#### **FEATURED ACTIVES:**

**Glycolic Acid 33% (3 pH)** -Dissolves the intercellular cement responsible for abnormal keratinization. For the treatment of hyperpigmentation, it aids the other active ingredients in penetrating the skin and reaching the target melanocyte cells, as well as exfoliating the surface pigmentation that becomes darker due to sun exposure.

**Citric Acid** -This antioxidant ingredient plays an important role in lightening discoloration and has an astringent quality, beneficial to all skin types. Also known as Vitamin C, it is considered the most important water-soluble antioxidant as it acts as a collagen biosynthesis regulator.

**Urea -**Known for its antiseptic, anti-inflammatory properties as well as its ability to regulate the hydrolipid mantle. It helps increase the absorption of other active ingredients and relieves itching as well as dissolves follicular debris in the corneum layer.

## Firming Tri-Peptide Serum

Peptides are highly absorbable proteins that help stimulate the skin to produce collagen. This powerhouse serum features three peptides that combine to minimize the look of fine lines and wrinkles while maximizing youthful skin smoothness and elasticity.

**Skin Types/Conditions:** For all skin types needing surface plumping and visible wrinkle relief.

#### **Benefits:**

- □ Firms, tones, smoothes gently.
- □ Strengthens the skin.
- □ Super hydrating, wrinkles less apparent.

## **Usage:**

After cleansing, apply a small amount to entire face and neck areas. Allow serum to dry before moisturizer and/or sunscreen is applied. Ideally used twice daily.

**Sizes Available:** 1 oz.

#### **FEATURED ACTIVES:**

**Palmitoyl Tripeptide-3** - Improves micro circulation, increasing the oxygen supply to tissues, strengthens and protects the integrity of elastin and collagen in the skin by inhibiting elastase and collagenase activity. Its benefits include reduction of puffiness and dark circles around the eyes and a softening of fine lines and wrinkles.

**Hexapeptide-11** - It is well documented that extracts from yeast fermentation have demonstrated wound healing properties, increased cellular oxygen consumption, improve collagen synthesis, and increase blood vessel development. Considered the "firming" peptide, Hexapeptide-11: has been shown to "upregulate" the genes responsible for collagen and elastin production. This peptide is thought to play a role in improving skin elasticity, skin lipid integrity and development.

**Palmitoyl Pentapeptide-4** - Also known as Matrixyl, it has been proven to stimulate the development of new collagen, fibernectin, elastin and GAGs in the dermal layer of the skin. It creates a healing response in the skin. It is a combination of five amino acid peptides in one chain.

**Hydrolyzed Collagen -** Beneficial for its ability to water- bind and retain moisture in the corneum layer. It creates a film that keeps the water "locked in" and reduces dehydration. A humectant and an anti-irritant, this very stable protein is known to be non-allergic to all skin types.



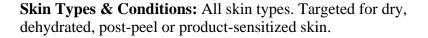
**Hydrolyzed Elastin** - A hydrolysate of natural elastin, it works synergistically with hydrolyzed collagen and has been documented to prevent and counteract premature loss of elasticity to restore a young and smooth appearance to the skin.

**Lentinula Edodes** (Shitake Mushroom Extract) - A skin strengthener obtained from plants, this ingredient is beneficial for firming the skin, increasing the elasticity and tone of mature skin. Rich in oligosaccharides and uronic acids from Shitake, this active ingredient enables the skin to combat the degradation of collagen and elastin fibers.

**Panax Ginseng Root Extract** – This herbal root has many therapeutic benefits. It has been used for centuries to treat boils, sores, swelling and bruising. It is helpful in diminishing wrinkles and reduces the symptoms of dry skin conditions. Medicinal properties are suggested to help improve skin rejuvenation, oxygenation and stimulation. The roots' active component called "ginsenosides" is said to be responsible for revitalizing the epidermal cells.

## Hydra Calm Massage Oil

Product Description: The ideal medium for facial massage because of its lasting slip, here is a pleasure for both you and the client. The unique wheat germ based, water-dispersable formula restores hydration and essential lipids to skin as it heals irritation. Even clients who are mildly oily but dehydrated can benefit from the highly penetrable, yet non-occlusive formula.





#### **Benefits:**

- □ Relaxes tension.
- □ Reduces appearance fine lines and wrinkles.
- □ Calms irritation.
- □ Softens and conditions.

#### Usage:

Apply to the face with wet fingertips or to pre-moistened skin and massage

Sizes Available: 4 oz.

## **FEATURED ACTIVES:**

**Soy Oil** - Has a high content of phosphatides (e.g. lecithin), and vitamins (A, E, and K). It stimulates the synthesis of collagen, elastin, and glycoproteins.

**Vitamin E (Tocopherol) -**Vitamin E is an antioxidant found in essential oils and vegetable oils. Also known as tocopherol, this wonderful vitamin, when applied topically, is well absorbed through the skin. It is attributed to reducing skin pigmentation, decreasing functioning of the sebaceous glands, increasing water retention in the skin, and serving as a super antioxidant and free radical scavenger. It is also helpful as an UV protectant. There is also evidence that Vitamin E is effective in preventing irritation due to sun exposure, and is protective against epidermal cell damage caused by inflammation. Vitamin E counteracts decreased function of the sebaceous glands.

Wheat Germ Oil - Known to be antioxidant and serves as a free radical scavenger.

## **Balancing Thermogel Mask**

Balancing Thermogel Mask – complete with anti-inflammatory properties - is excellent for soothing skin after exfoliation or extraction. Ideal for rehydrating skin back to normal after sun exposure, a ski trip, a long flight or in punishing weather.

**Skin Types & Conditions:** For dry to normal skin.

#### **Benefits:**

- □ Calming and soothing
- □ Super hydrating for dry, dehydrated skin
- □ Reduces redness after peels, extractions and sunburns

## **Usage:**

Apply liberally with fingers or fan brush. Leave on 7-10 minutes, and then rinse with water. For very dehydrated skin, apply a second coat.

Sizes Available: 2.5 oz., 6 oz.

#### **FEATURED ACTIVES:**

**Aloe Vera -** Known for its anti-inflammatory and antibiotic properties. Aloe Vera is made up of the most precious substances of our skin – enzymes, vitamins, proteins, and minerals that support all skin functions and activate the skin's self-healing power. Aloe Vera helps maintain the skin's moisture balance and stimulates blood circulation. It has been used to calm and soothe burns and irritations. It also moisturizes.

**Panthenol -** This highly moisturizing ingredient aids in tissue repair and stimulates cellular proliferation. Panthenol also helps the skin promote wound healing and is anti-inflammatory. Its ability to attract water from the environment makes it provide added hydration and suppleness to the skin.

**Allantoin -** An excellent ingredient for sensitive, acneic, and irritated skin conditions. It is a botanical extract derived from comfrey root and is known to be healing. Furthermore, studies show that this extract aids in the healing of scarred skin by stimulating new tissue growth.

**Chamomile -** Chamomile Extract has many beneficial properties including being antiinflammatory, soothing, decongesting, antiseptic, and toning. It is anti-itching and bactericidal with an ability to neutralize skin irritations. Excellent in the treatment of inflamed, itchy, or irritated acneic conditions.



**Vitamin E (Tocopherol) -** An antioxidant found in essential oils and vegetable oils. Also known as tocopherol, this wonderful vitamin, when applied topically, is well absorbed through the skin. It is attributed with reducing skin pigmentation, decreasing functioning of the sebaceous glands, increasing water retention in the skin, and serves as a super antioxidant and free radical scavenger. It is also helpful as an UV protectant

**Sodium Hyaluronate** – Credited with incredible water binding capabilities, which in turn helps improve the skin's elasticity and increasing moisture content. Considered a natural moisturizer for the skin this is a must-have ingredient for dry, dehydrated skin types.

## **Collagen Eye Defense**

Featuring a superior blend of penetrable lipids, Collagen Eye Defense gently plumps surface dehydration (without causing undereye bags) and fine lines while enhancing skin flexibility and improving texture.

**Skin Types & Conditions:** For All Skin Types.

#### **Benefits:**

- □ Helps lighten pigmentation
- □ Gently tones & soothes the eyes
- Hydrates and moisturizes

#### **Usage:**

After cleansing, apply to the delicate tissue around the eye area. Use twice daily before applying moisturizer.

Sizes Available: 0.5 oz., 2.5 oz.

#### **FEATURED ACTIVES:**

**Hydrolyzed Collagen** - Beneficial for its ability to water- bind and retain moisture in the corneum layer, it creates a film that keeps the water 'locked in' reducing dehydration. A humectant and an anti-irritant, this stable protein is known to be non-allergic to all skin types.

**Hydrolyzed Elastin -** This refined ingredient is very effective in helping eliminate dryness, enhance flexibility and improve texture of the skin. It influences the formation of tropocollagen fibers when used with soluble collagen. It helps improve the overall appearance, softness, and suppleness of the skin.

Wheat Germ Oil - Known to be antioxidant and serves as a free radical scavenger.

**Retinyl Palmitate (Vitamin A) -** This essential vitamin for the skin favors tissue growth, helping improve the skin smoothness, firmness and texture. Applied topically, Vitamin A helps prevent scaling and dryness. Once Retinyl Palmitate enters the skin, it converts to retinoic acid and provides rejuvenation benefits as well as helping the skin fight off infection. An excellent aid in healing damaged skin tissue.

**Vitamin E (Tocopherol)** – An antioxidant found in essential oils and vegetable oils. Also known as tocopherol, this wonderful vitamin, when applied topically, is well absorbed through the skin. It is attributed with reducing skin pigmentation, decreasing functioning of the sebaceous glands, increasing water retention in the skin, and serving as a super antioxidant and free radical scavenger. It is also helpful as an UV protectant.



**Licorice Root Extract** - This botanical extract has been used for hundreds of years for skin care. It is a native from Europe and China. Its benefits include suppressing melanin formation in the skin and it is considered an antioxidant. It is non-allergic, non-irritating, soothing, anti-inflammatory, and has an effect similar to hydrocortisone.

**Sodium Hyaluronate** (**Hyaluronic Acid**) - Occurring naturally in the dermis layer, its water absorbing abilities help the epidermis achieve much needed suppleness and moisture. Known for its wonderful water binding ability, this acid holds water tightly and, when applied, forms a film similar to the way it holds water in the intercellular matrix of the dermal connective tissue. It is also useful as a carrier for other active ingredients and extracts.

**Bilberry Extract** - This botanical extract has antiseptic, astringent, and antiinflammatory qualities.

**Cucumber Extract -** This plant extract is credited with moisture-binding, moisture-regulating, soothing, tightening, anti-itching, refreshing, softening, healing, and anti-inflammatory properties.

**Jojoba Oil -** This botanical derived oil is used as a moisturizer and emollient. It has healing properties and reduces trans-epidermal water loss without blocking other essential ingredients from penetrating. It creates a supple and soft skin tone.

## Anti-Wrinkle Face & Neck Cream

## **Product Description:**

This advanced cocktail of high performance ingredients helps stimulate collagen synthesis – thereby easing the look of fine lines, deeper wrinkles and textural irregularity – while promoting smooth, even pigment and tone.



**Skin Types & Conditions:** For all skin types showing general advanced signs of aging.

#### **Benefits**:

- □ Helps lighten dark spots gradually
- □ Helps reduce dryness and wrinkles
- □ Super light weight yet deeply moisturizing
- Reduces puffiness and dark circles
- Delivers oxygen to the cells

#### **Usage:**

Apply generously to face and neck area twice daily. Follow with sun protection if needed.

Sizes Available: 2 oz., 6oz.

#### **FEATURED ACTIVES:**

**Palmitoyl Oligopeptide**- Stimulates the synthesis of collagen and hyaluronic acid in the deep layers of the skin. It also provides mild UV protection that helps protect the skin from sun damage.

**Palmitoyl Tripeptide-3** - Improves micro circulation, increasing the oxygen supply to tissues, strengthens and protects the integrity of elastin and collagen in the skin by inhibiting elastase and collagenase activity. Its benefits include reduction of puffiness and dark circles around the eyes and a softening of fine lines and wrinkles.

**Lactic Acid** - An alpha hydroxy acid occurring in sour milk. This ingredient is used to increase the humectant capability of the corneum layer and reduces fine lines as it gently exfoliates.

**Vitamin E (Tocopherol) -** Vitamin E is an antioxidant found in essential oils and vegetable oils. Also known as tocopherol, this wonderful vitamin, when applied topically, is well absorbed through the skin. It is attributed to reducing skin pigmentation, decreasing functioning of the sebaceous glands, increasing water retention in the skin, and serving as a super antioxidant and free radical scavenger. It is also helpful as an UV protectant. There is also evidence that Vitamin E is effective in preventing irritation due to sun exposure, and is protective against epidermal cell damage caused by inflammation. Vitamin E counteracts decreased function of the sebaceous glands.

**Licorice Root Extract -** This botanical extract has been used for hundreds of years for skin care. It is a native from Europe and China. Its benefits include suppressing melanin formation in the skin and it is considered an antioxidant. It is non-allergic, non-irritating, soothing, anti-inflammatory, and has an effect similar to hydrocortisone.

**Hydrolyzed Collagen -** Beneficial for its ability to water- bind and retain moisture in the corneum layer. It creates a film that keeps the water "locked in" and reduces dehydration. A humectant and an anti-irritant, this very stable protein is known to be non-allergic to all skin types.

**Hydrolyzed Elastin-** A hydrolysate of natural elastin, it works synergistically with hydrolyzed collagen and has been documented to prevent and counteract premature loss of elasticity to restore a young and smooth appearance to the skin.

**Vitamin A (Retinyl Palmitate) -** This essential vitamin for the skin favors tissue growth, helping improve the skin smoothness, firmness and texture. Applied topically, Vitamin A helps prevent scaling and dryness. Once Vitamin A esters enter the skin, they convert to retinoic acid and provide rejuvenating benefits as well as help the skin fight off infection. An excellent aid to the healing of damaged skin tissue.

## Oil-Free Sunscreen SPF30

Microfine zinc and other skin defenders offer broad spectrum physical sunscreen protection from both UVA (the aging rays) and UVB (the burning rays) radiation. Fragrance-free, safe for sensitive skin or those with hyperpigmentation.

**Skin Types & Conditions:** For all skin types.

#### **Benefits:**

- □ Helps fight free radicals as it protects
- □ Calms and heals sun exposed skin
- Hydrates and moisturizes

#### Usage:

Apply generously and evenly to skin 15 minutes prior to sun exposure. Ideal for all skin types. Penetrates quickly and leaves skin hydrated. Safe for sensitive skin.

Sizes Available: 2.5 oz., 6 oz.

#### **FEATURED ACTIVES:**

**Zinc Oxide 2% -** This technologically advanced patented formula of zinc oxide blocks both UVA and UVB rays. It provides the broadest spectrum protection of any single sunscreen ingredient. Microfine zinc oxide is an inorganic sunblock, also known as a "non-chemical" sunblock ingredient. It is not absorbed into the skin and is recognized as a treatment for calming irritated skin.

Octinoxate 5% - This ingredient is an excellent UV absorbing sunscreen. It is non-allergenic, non-comedogenic, and is derived from cinnamon leaves.

Octisalate 3% - An excellent UV sunscreen ingredient which is non-comedogenic and is derived from salicylic acid, which comes from the leaves of wintergreen.

**Oxybenzone 3%** is a derivative of **Benzophenone-3** - A safe and effective sunscreen ingredient that is one of the most effective and highest rated substances to absorb UVA and UVB rays.

**Aloe Vera** - This plant extract improves the circulation and regenerates the cells. Its effects are soothing, astringent, and protecting. Aloe has been recognized for many years as also being anti-inflammatory and antibiotic. Aloe is also excellent for sensitive and dry skin conditions.



**Vitamin E (Tocopherol) -** An antioxidant found in essential oils and vegetable oils. Also known as Tocopherol, this wonderful vitamin, when applied topically, is absorbed through the skin. It is attributed with reducing skin pigmentation, decreasing functioning of the sebaceous glands, increasing water retention in the skin, and serving as a super antioxidant and free radical scavenger. It is also helpful as a UV protectant.

**Comfrey Extract** - This herbal extract relieves and soothes tender and inflamed skin. It contains a natural form of allantoin and is credited with healing, astringent, and emollient properties. It has been known to be helpful with sunburn and itching skin conditions.

**Panthenol -** This highly moisturizing ingredient aids in tissue repair and stimulates cellular proliferation. Panthenol also helps the skin promote wound healing and is anti-inflammatory. Its ability to attract water from the environment allows for added hydration and suppleness to the skin.

**Vitamin A (Retinyl Palmitate) -** This essential vitamin for the skin favors tissue growth, helping improve the skin smoothness, firmness and texture. Applied topically, Vitamin A helps prevent scaling and dryness. Once Vitamin A esters enter the skin, they convert to retinoic acid and provide rejuvenation benefits as well as help the skin fight off infection. An excellent aid to healing damaged skin tissue.

# **Additional Notes**

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