

# Hand Held High Frequency



I N S T R U C T I O N   M A N U A L  
C 9 2 2 0 T

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## Hand-Held High Frequency

The high-frequency unit is used as one of the final steps of a facial after extractions. Depending on how it is used, it can be warming and soothing, or stimulating. It can also deliver a mild antiseptic effect. A high-frequency current is a current that alternates very rapidly – in the range of **100,000 or greater** hertz. A high frequency current passes through the body very easily, exciting the water molecules in the body. They begin to vibrate very rapidly, warming the body tissues.

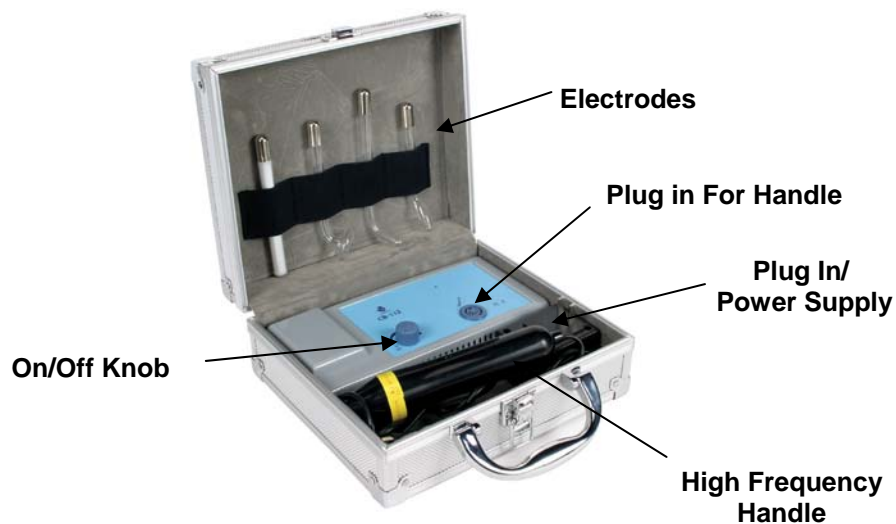
The instrument transmits high frequency current that can benefit the skin in many ways:

- ❑ Increases metabolism
- ❑ Produces heat inside the body tissues
- ❑ Stimulates glandular activity
- ❑ Increases the circulation of blood
- ❑ Aids in elimination and absorption
- ❑ Penetrates products more deeply into the skin
- ❑ Creates germicidal action – During the direct method, the electrical current generates ozone, which has germicidal properties, helping kill bacteria on the skin.

Current can be applied to the client's face in one of two ways:

- ❑ Direct – The esthetician places the electrode directly on the client's skin and moves it gently over the skin. High-frequency energy is discharged into the skin at the point of contact. The direct method both warms and stimulates the skin.
- ❑ Fulgeration/acne sparking - The esthetician holds the electrode a short distance away from the skin, producing a spark that can help promote healing.

## Parts/Accessories



## Operations/Precautions

### FOR PROFESSIONAL USE ONLY

#### To reduce the risk of electric shock:

- ❑ Always unplug the Hand-Held High Frequency unit when not in use.
- ❑ Do not use the Hand-Held High Frequency while bathing.
- ❑ Do not place (or drop) the Hand-Held High Frequency into water or any other liquid.
- ❑ Do not reach for a Hand-Held High Frequency unit that has fallen into water. Unplug immediately.

#### To reduce the risk of burns, electric shock, fire, or injury:

- ❑ Do not leave the Hand-Held High Frequency unit unattended when in use.
- ❑ Do not allow children to operate the Hand-Held High Frequency unit.
- ❑ Extreme caution should be used when the Hand-Held High Frequency unit is used on or near invalids.
- ❑ The Hand-Held High Frequency unit should be used only for its intended purpose as described in this manual.
- ❑ Do not use attachments that are not recommended by the Hand-Held High Frequency unit manufacturer.
- ❑ Do not operate the Hand-Held High Frequency unit if:
  - It has a damaged cord or plug.
  - If it is not working properly.
  - If it has been dropped or damaged.
  - If it has been dropped into water.
- ❑ If damaged, return the Hand-Held High Frequency unit to an authorized service center for examination and repair.
- ❑ Keep the cord of the Hand-Held High Frequency unit away from heated surfaces.
- ❑ Do not use the Hand-Held High Frequency unit outdoors.
- ❑ Connect the Hand-Held High Frequency unit to a properly grounded outlet (preferably a GFCI outlet).

#### General Precautions

- ❑ Use only products that are water-soluble during this treatment. **Do not** use alcohol or other flammable liquid.
- ❑ If the client's hair has been saturated with an alcohol-based product during a previous treatment, do not use the high-frequency treatment on them.
- ❑ Both the client and the esthetician should remove all jewelry before beginning the treatment.
- ❑ The client should remove his/her contacts before beginning treatment.

## Known Contraindications

- ❑ Do not use high frequency on a client who is pregnant, has a pacemaker, or has a history of heart disease or epilepsy.

There may be other, unknown contraindications for this Product. For this reason, you should always recommend that your Client discuss the use of this Product as part of their spa treatment program with their health care professional before commencing treatment. Universal Companies, Inc., its officers, directors, employees and vendors cannot be responsible for any claims, damages, injuries or expenses arising from your Client's use of this Product prior to discussing it with their health care professional or from disregarding the Product's instructions, and you and your Client agree to hold Universal harmless from any such claims. We and our suppliers care about the health and beauty of your Clients. While we make every reasonable effort to maintain strict quality control and training standards, every client is unique and spa treatments do affect people differently. Unless you advise us otherwise, we have to assume that your Client has discussed your spa treatment plan with their health care professional and secured their approval. Doing this will make your Client's spa experience safe and will be supportive of their overall emotional and physical well being. After all, that is the goal of us all.

## Instructions for Use

### How the Electrodes Function

High frequency energy causes some of the atoms inside the glass tube to become charged. Electrons are forced off the atoms, creating charged particles called ions. Electricity flows through the charged particles. Ultraviolet rays are created within the tubes causing the electrodes to glow.

#### Attachments:

- *Mushroom Electrode* - treats larger areas of the face and body – often used in circular motions on the client's face and neck.
- Acne Sparking Electrode - treats acne and inflammation.
- Spoon Electrode - for around the nose, mouth and other curved areas
- Indirect Electrode – held in the client's hand during indirect treatment.



Acne Sparking Electrode



Spoon Electrode



Mushroom Electrode



Indirect Electrode

### Prior to Beginning Treatment

1. Both the client and the esthetician should remove all jewelry.
2. Make sure the client cannot touch any metal objects – be particularly careful that they are not touching the metal frame of the treatment chair or table.
3. The client should remove his/her contact lenses before beginning this procedure.
4. Explain to the client what they will feel during the high frequency treatment, describing the sparking sensation in detail.
5. Use of electrodes.
  - Before inserting an electrode in the high-frequency handle, inspect the slot where the electrode will be inserted to make sure it is free of dust and/or debris. If there is any dust or debris, remove it.
  - Check the electrodes to ensure that they are firmly seated in the handle (to prevent possible damage to the electrodes).
  - Do not touch the metal end of the electrode.
  - Clean the end with alcohol pad and allow drying before placing electrode in handle.
  - Do not use excessive force when pushing the electrodes into the high-frequency handle. This could break the electrodes.
  - Always insert and pull the electrode straight in or out of the handle. Never twist.
  - Turn the high-frequency unit “Off” when changing electrodes.

### Direct Technique (soothing)

1. If you have not already done so (as part of another treatment), apply a non-flammable product (cream or mask) to the skin to provide slip for the glass probe as it moves over the client’s skin.

*Note: Only use products that are water-soluble when using high frequency. **DO NOT** use any products that contain alcohol or any other flammable liquid. Instead of product, you may use a thin piece of gauze on the face to provide slip.*

2. Insert selected electrode into the handle.
3. When performing this technique:
  - Hold the high-frequency handle below the taper while performing the technique. Touching the handle above the taper will draw current from the electrode.
  - Place your finger on the electrode.
  - Turn the high frequency unit “On”.
  - Position electrode on client’s skin.
  - Remove finger from the electrode.
  - Set the intensity level after you have positioned the electrode on the client’s skin.

*Note: Set the final intensity according to client’s comfort level, and skin condition and sensitivity level. Monitor the client’s comfort level closely.*

*Note: If you break contact with the client’s skin, repeat Step 2.*

4. Proceed with the treatment. Using one of the facial electrodes, start at the neck and using small circular movements, work upward to the jaw, chin, cheeks, nose and forehead.
5. End the procedure by turning the intensity control knob off.

### Sparking/Fulguration Technique (stimulating)

The client will feel a slight sensation during this technique, due to the exchange of the current between the electrode and the client's skin. Keep the intensity well within his/her comfort level. This technique requires the acne-sparking electrode.

1. Insert the Acne Sparking Electrode into the handle.
2. Turn the high-frequency knob to the "On" position.
3. Hold the electrode a fraction of an inch away from a pustule until you see a slight spark "arc" between the electrode and the skin.
4. Slowly increase the intensity of the current by turning the intensity control knob until the client's comfort level is achieved.
5. Treat each pustule or comedone for approximately 15-20 seconds each until all have been treated.
6. End the procedure by turning the intensity control knob off.

### Cleaning

1. Use a hospital-grade surface disinfectant to clean the electrodes. Wipe the electrodes with a damp cloth.
2. Do not immerse the electrode in any liquid. The tips will come off.
3. Do not put electrodes in an UV sterilizer.

*Tip: Clean the electrode with alcohol. Make sure there is no oil residue or fingerprints on the electrode.*

### Trouble Shooting

#### If the Hand Held High Frequency unit is not working:

1. Make sure the knob is set in the "On" position.
2. Check the main power plug to ensure that it is plugged in to a working electrical outlet.
3. If the Hand Held High Frequency unit is still not working, contact our authorized service center.

### Parts List with SKU's

|                      |        |
|----------------------|--------|
| Handle               | CP1028 |
| Spoon Electrode      | CP1031 |
| Mushroom Electrode   | CP1029 |
| Indirect Electrode   | CP1030 |
| Acne Spark Electrode | CP1032 |

## Specifications

### Dimensions - Outside Case

- ❑ 9" L x 7.5" W x 3.5" D

### Dimensions of Handle

- ❑ 1.5" in diameter, 6.25" long

### Electrical

- ❑ 110/120 V
- ❑ 60 Hz
- ❑ .5 amps

## Warranty Statement

The manufacturer (the “warrantor”) warrants to the original purchaser that this equipment will be free from defects under normal and proper operation for a period of one (1) year from the date of purchase. This warranty covers all parts and labor for that one (1) year period. This warranty shall not apply to any equipment that has been subjected to abuse, misuse, and alteration of any type or to any defect or damage caused by repair, replacement, substitution or use with parts other than parts approved by the manufacturer.

The manufacturer shall not be liable for the loss of use of this equipment, loss of time or business, inconvenience or any other indirect, consequential, special or incidental damages due to defects covered by this warranty or any implied warranty.

To implement this warranty, contact the dealer from whom you purchased the equipment. If necessary, you will be asked to return all, or the appropriate part, of the equipment. If warranted, the repairs will be performed at no charge and the equipment returned to you. Unit owner must prepay all shipping costs when returning items for warranty service.

This limited warranty is the only written or express warranty given by the manufacturer. This warranty gives you specific legal rights but you may also have other rights, which may vary from state to state or province to province.

## Authorized Technical Service Center:

Universal Companies, Inc.  
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Abingdon, VA 24210  
Phone: 1-800-558-5571  
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