

ANESI

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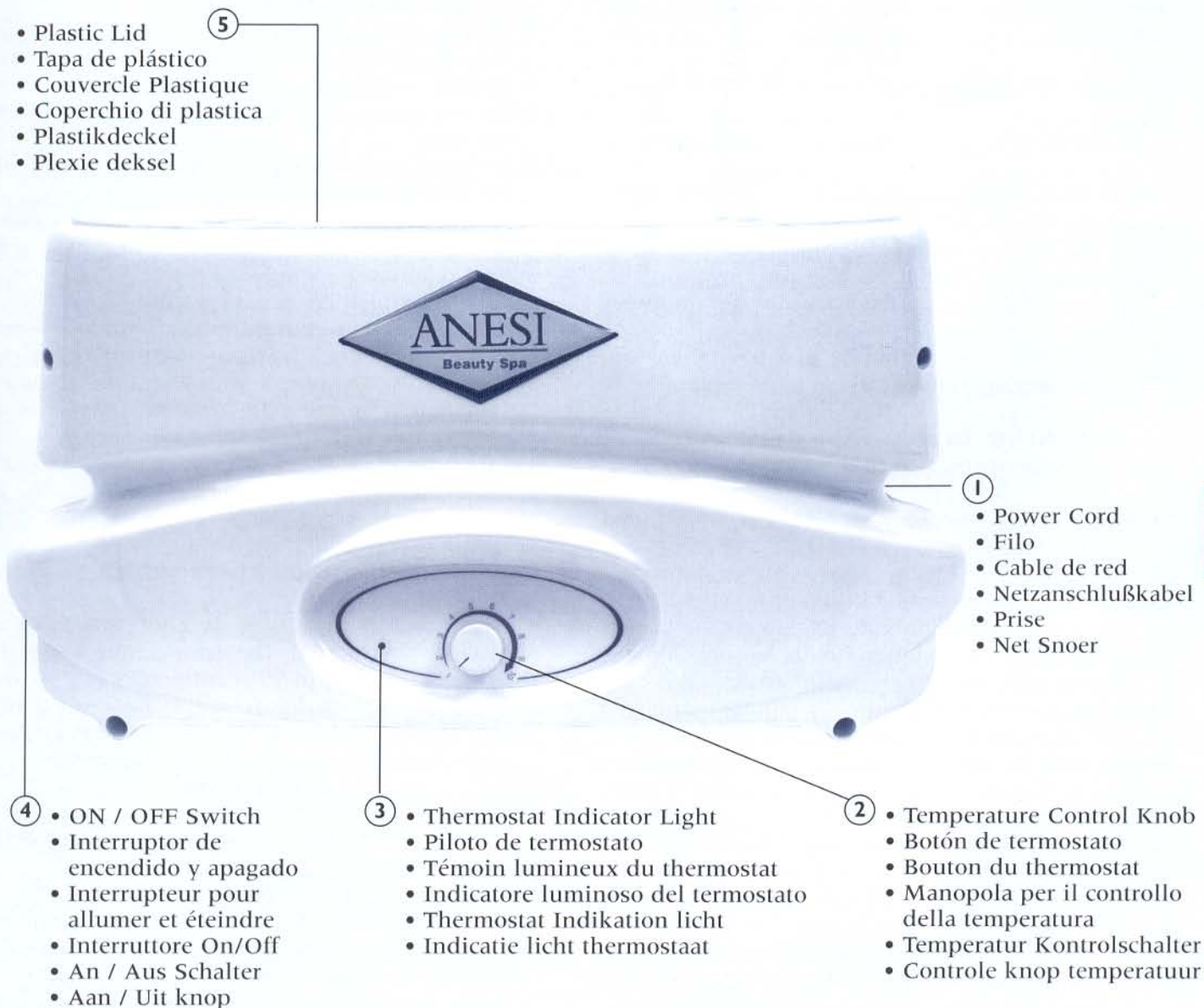
PARAFANGO



SOIN DU
CORPS

Know your Parafango Warmer
Conozca su calentador de Parafango
Apprenez à connaître votre Chauffe Parafango
Conosci il tuo fornello per Parafango
Hinweise zu Ihrem Parafango-Heizgerät
Ken uw Parafango Verwarmer

- Plastic Lid
- Tapa de plástico
- Couvercle Plastique
- Coperchio di plastica
- Plastikdeckel
- Plexie deksel



- ① • Power Cord
- Filo
- Cable de red
- Netzanschlußkabel
- Prise
- Net Snoer

- ④ • ON / OFF Switch
- Interruptor de encendido y apagado
- Interrupteur pour allumer et éteindre
- Interruttore On/Off
- An / Aus Schalter
- Aan / Uit knop

- ③ • Thermostat Indicator Light
- Piloto de termostato
- Témoin lumineux du thermostat
- Indicatore luminoso del termostato
- Thermostat Indikation licht
- Indicatie licht thermostaat

- ② • Temperature Control Knob
- Botón de termostato
- Bouton du thermostat
- Manopola per il controllo della temperatura
- Temperatur Kontrolschalter
- Controle knop temperatuur

FEATURES

CARACTERÍSTICAS TÉCNICAS

CARACTERISTIQUES TECHNIQUES

CARATTERISTICHE TECNICHE

CHARAKTERISTIK

TECHNISCHE GEGEVENS

SIZE / CAPACIDAD / CAPACITE / CAPACITA / INHALT / INHOUD	3 Kgs. / 6.6 Lbs.
POWER / POTENCIA / PUISSANCE / POTENZA / STÄRKE / VERMOGEN	160 W (220V - 240V) 170 W (100V - 110V)

WEIGHT / PESO / POIDS / GEWICHT	2 Kgs. / 4.4 Lbs.
MEASUREMENTS / MEDIDAS / DIMENSIONS / DIMENSIONI / GROÙE / MATEN	40 x 20 x 25 cm. 18 x 9 x 11.2 inches



Know your Parafango Warmer

Important Safeguards

When using electrical products, especially when children are present, basic safety precautions should always be followed, including the following:

READ ALL INSTRUCTIONS BEFORE USING

DANGER: To reduce the risk of electrocution.

1. Always unplug this unit immediately after using.
2. Do not use while bathing.
3. Do not place or store product where it can fall or be pulled into a tub or sink.
4. Do not place in or drop into water or other liquid.
5. Do not reach for a product that has fallen into water. Unplug immediately.

WARNING: To reduce the risk of burns, electrocution, fire or injury to people.

1. The product should never be left unattended when plugged in.
2. Close supervision is necessary when this product is used by, on or near children or invalids.
3. Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
4. Never operate this product if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the product to a service centre for examination and repair.
5. Keep the cord away from heated surfaces.
6. Never use while sleeping or feeling drowsy.
7. Never drop or insert any object into any opening.
8. Do not use outdoors or operate where aerosol (spray) products are being used or where oxygen is being administered.
9. Unplug this product before filling. Fill (reservoir) with parafango only. Do not overfill. See filling procedure in the Operating Instructions portion of this Manual.

SAVE THESE INSTRUCTIONS

Important Safety Instructions

1. Before using, always test the parafango

temperature on the inside of your wrist to make sure it is comfortable.

2. Do not overfill the unit and always keep the parafango level between the "Min." and "Max." marks found inside the reservoir.
3. Do not heat parafango in its plastic packaging bags nor heat on a range, stove or in a microwave.
4. Do not use the unit without parafango.
5. Do not pour the melted parafango from the reservoir.
6. Do not pour water into the reservoir, or immerse the unit in water.
7. Do not use the unit if the power cord is damaged in any way or allow it to come into contact with heated surfaces.
8. Use this appliance on a level surface.
9. Do not add or mix any additives, lotions or waxes to the parafango. Use it only in its original form.
10. Do not use the unit if your client has impaired circulation or any skin irritations, rashes, cuts, burns or warts.
11. This product has no user serviceable parts. Any service should be performed by an authorised service representative.

Operation Instructions

This parafango warmer is equipped with an adjustable thermostat. The temperature range for the dial is from 35° to 75° Centigrades (95° to 167° Fahrenheit). The melting time is between 2 to 3 hours. The unit holds 3 kilos or 6.6 lbs of parafango.

Instructions

1. Plug the unit into an electrical outlet of the correct voltage.
2. Remove the lid from the unit.
3. Turn unit "ON" for a few minutes until the edges of the parafango are melted and loose around the sides of the unit.
4. Push down on one end of the parafango cake and it will tip up. Lift the parafango out of the unit and remove the plastic. Place the parafango cake back into the reservoir. Do not use sharp objects to remove solid parafango cake since the reservoir will be scratched or damaged.
5. Place the lid on the warmer to retain the heat. Turn the dial to 10 for 1 1/2 hours and then reduce between "6" and "7". Never introduce any body part into the parafango.
6. Always keep the parafango level between

Know your Parafango Warmer

the "Min." and "Max." in the reservoir. Use the convenient bags to fill to the proper level.

7. If the parafango is too warm, lower the temperature setting to cool the parafango faster.

WARNING: NEVER TURN THE UNIT ON WITHOUT PARAFANGO.

The ANESI parafango has a special low melting-point formula containing oils and conditioners for easy "peel-off" removal. The unit is designed to be used at a room temperature of 18° to 27°C or 64° to 81°F.

DO NOT PLACE THE UNIT ON A SUNNY WINDOW, NEXT TO A RADIATOR OR NEXT TO AN AIR CONDITIONER SINCE THE BATH MAY BECOME WARMER OR COOLER THAN NORMAL.

The thermostat controls the parafango temperature. The indicator light will go on and off intermittently during normal operation. This means that the thermostat is working PROPERLY.

If the indicator light does not turn off or is on continuously for a prolonged period of time, then the safety thermostat will activate and shut off the unit. If this occurs, the unit must be returned for repair.

Important Hygiene Instructions

To ensure the sanitary use of the parafango treatment, we recommend the following procedures:

1. Thoroughly sanitise the skin and dry completely.
2. Apply the parafango according to the treatment required.
3. Discard all the parafango that has been removed from the skin.
4. Place the cover on the unit when not in use.
5. Clean the warmer after 40 treatments or if sediment accumulates on the bottom of the unit.

Cleaning the Parafango Warmer

After 40 treatments the unit should be cleaned and the old parafango replaced. This is an easy process and insures continued high hygienic standards.

1. Turn the unit "OFF". Allow the parafango to solidify overnight.

2. When the parafango is solid, turn the unit "ON" for a few minutes until the edges of the parafango are melted and loose, around the sides of the unit.
3. Push down on one end of the parafango cake and it will tip up. Lift the parafango out of the unit and dispose of it.

DO NOT USE SHARP OBJECTS TO REMOVE SOLIDIFIED PARAFANGO SINCE THE RESERVOIR WILL BE SCRATCHED OR DAMAGED.

4. Turn the unit OFF and wipe the unit inside with a disposable towel to remove residual sediments and parafango.
5. With a damp, soapy cloth wipe dry.

DO NOT POUR WATER INTO UNIT OR IMMERSE IN WATER.

6. Refill unit with parafango to appropriate level.

Contraindications

1. Individuals sensitive to temperature should test the parafango on the inside of the wrist before applying.
2. Do not apply parafango on warts, open cuts or wounds, inflammatory skin conditions, peripheral vascular disease where circulation is impaired, acute inflammation, or when sensation of the extremity is reduced or absent. If there is any question about peripheral vascular disease or decreased sensation of the extremities, individual should consult a doctor before using.
3. Treatment should be discontinued if dermatitis due to parafango sensitivity occurs. Discontinue use if the parafango feels too cool or too hot, indicating possible physical problems.

Anesi Parafango Treatment

◆ INTRODUCTION

Anesi has combined the most effective active ingredients, which together with the thermal effects of parafango, create an effective and simple treatment for centimetre / inch-loss and cellulite.

The treatment is designed to act on the main causes of liquid retention and cellulite, its immediate effects being:

1. Lipolytic
2. Antiedema
3. Circulatory Activator
4. Capillary Permeability Regulator

Anesi Parafango treatment is one of the most profitable treatments you can offer in your salon. First, there is no need for a large investment, neither on the treatment or in physical space (showers, baths, etc.). Second, the introduction of the treatment is easily achieved due to its great versatility: you are not only investing on an anti-cellulite treatment, but on a whole series of applications, which virtually suit any client visiting your salon.

Also, to maximize the returns on the Parafango, associate it with other treatments currently offered in your salon, or complement it with a thorough massage, or a pressotherapy session.

Contraindications

There are no major contraindications for this treatment. We recommend special care in using this treatment on pregnant women, or on diabetic individuals. Do not apply the treatment products on open wounds or cuts.

◆ AIMS

Inch-Loss / Centimetre Loss

Increased body size, especially in the thighs, is mainly due to an abnormal retention of liquids in the affected area. This condition is mainly caused by a poor circulation and a dysfunction in the lymphatic system, which under normal functioning ensure the proper liquid flow between cells, both inflowing (nutrients) and outflowing (wastes).

The main dysfunctions in the circulatory system are:

1. Capillary High Pressure: excess pressure causes

liquid accumulation in the interstitial spaces (between cells), which remains stagnant in the area.

2. Low Protein Level: a reduced level causes a cellular pressure change, the result once again being the release of liquid into the interstitial spaces.
3. Lymphatic Obstruction: the improper evacuation of cellular waste material causes an accumulation of substances in the interstitial spaces.
4. Increased Capillary Porosity: a greater porosity encourages liquid flow into the interstitial spaces.

These factors have a direct effect on the liquid retention in the affected area, which causes both cell size to increase, as well as the volume of the tissues between cells. The immediate visible effect is an increase in the body size of the affected area.

The proper application of the parafango wrap, together with the active ingredients contained in the ampoule Aminodren and the *Objetif Fermeté "Crème Aminofirm"*, ensure an effective drainage of the treated area, and a simultaneous corrective effect by restructuring the damaged tissues.

Your client will lose inches / centimetres right from the first session, with long-lasting and visible effects, provided the treatment is applied correctly.

Cellulite

The accumulation of liquids in the interstitial spaces, and of lipids in the adipocytes create a cycle which is quite difficult to break up. This process increases the circulatory and lymphatic pressure, stimulating the adipocytes to produce more prostaglandin, increasing the capillary permeability, and thus accentuating the problem.

The adipocytes, now enlarged with a high content of lipids, are compressed in the mesh. The result is cell hypertrophy (abnormal growth of cellular size). This increased size impedes the cell to carry its normal functioning and its metabolism (transformation of lipids and nutrients) is greatly reduced.

The result is the formation of nodules in the tissues, which further difficult the elimination of wastes, and block the circulatory system. This cycle is very hard to break, and the situation is aggravated as time elapses.

Anesi Parafango Treatment

The secondary effects are:

1. Lowering of the local temperature.
2. Reduction of the metabolic rhythm.

The symptoms in the affected area are:

1. Oedema
2. Pain
3. Skin undulations commonly referred to as "orange skin".

It's at this stage where cellulite is clearly visible, and Anesi's Aminocel A.H.A. ampoule, and Objetif Minceur "Crème Lipoaminocel", specifically formulated to effectively combat this situation, are indicated. The ingredients contained actively degrade the nodules and fat, while draining the area, thus eliminating the wastes and excess liquid from the system.

Other Applications

The Anesi Parafango treatment is an extremely versatile treatment which can be recommended to a wide range of clients. Some common applications are:

1. Pre and Post Liposuction Interventions

The properties of the treatment have been found to be extremely useful both before and after liposuction operations. Dissolving the nodules before the intervention makes the operation much more comfortable and less aggressive on the tissues. After the intervention, the draining properties of the parafango treatment ensure that all the dissolved fat is eliminated from the system.

2. During and After Pregnancy

One of the problems encountered by many pregnant women is the excessive retention of liquids on the legs.

The parafango treatment can help solve that problem, as it relaxes the area, overworked by the additional weight.

Do not apply any product over the stomach when pregnant.

Once after childbirth, the treatment is specially indicated to lose the extra volume acquired during pregnancy both in the legs and the stomach.

3. Relaxation / Skin Toning

The extraordinary moisturizing and remineralizing properties of the parafango make

this treatment specially recommended to clients who wish to detoxify the area, and give a fresh and healthy looking appearance to the skin.

Especially recommended to clients who have extremely dry skin.

4. Muscle Strains

The heat provoked by the Parafango produces a soothing pain relief for strained muscles.

◆ PRODUCT DESCRIPTION

CREMFOLIANT: Exfoliating cream-gel with minute apricot seeds. Apply and wait for a 1 minute before rubbing the skin. Gently exfoliate for an effective body peel. No water is needed to remove the cream.

ANESI
HIGH PROFESSIONNEL

Cremlfoliant



AMINOCEL - A.H.A.:

Serum with a 3% concentration of Alpha Hydroxy Acids for treating cellulite. This serum removes dead keratinized cells, reducing the compression of the skin surface while increasing its elasticity.



AMINODREN:

Intensive serum concentrate with a complex composed of marine seaweeds which stimulates liquid drainage, ideal for inch/centimetre loss treatments.



PARAFANGO:

Paraffin mixed with natural sea mud rich in mineral for a simple application and easy removal. A 20 minute application relaxes the body



Anesi Parafango Treatment

and optimizes the penetration of the active ingredients in the ampoules. No water is needed to remove the Parafango.

The penetrating heat caused by the Parafango offers great advantages resulting from the combination of the paraffin and the sea mud, which are also excellent heat conductors. The sea mud is composed of peloides, formed by the mix of mineral-medicinal water with solid marine mud, a result of geologic processes. The sea mud produces an expansion of the pores resulting in transpiration, while having a calming effect. This helps eliminate toxins with a deep purifying effect. Its great caloric power stimulates blood circulation and revitalises the skin.

The paraffin, as a petrol residue, has excellent conductivity and heat retention properties. The application of paraffin on the body creates a mini-sauna effect as it captures the heat and increases local blood circulation. This results in the elimination of toxins while producing a deep moisturization, optimizing the penetration of the active ingredients inside the ampoules, producing a long lasting effect.

OBJETIF MINCEUR. *Crème Lipoaminocel.*

Achieve your slenderness objective with this cream. New formula that fights cellulite and fatty deposits thanks to its thermoactive effects and its unique ingredients: guarana, caffeine liposomes and L-carnitine, which guarantee volume loss. The ivy extract decongest the tissues and the retinol chronospheres intensifies the action of this cream all day along.



OBJETIF FERMETÉ. *Crème Aminofirm.*

Firm and tones skin is everybody's dream. With its new formula, aminofirm achieve this aim. This highly efficient cream is enriched with organic silicon, centella asiatica, milk extract and elastine. Essential in volumen loss treatments, it sculpts, tones and provides elasticity while fighting stretch marks formation.



GOMMAGE INTEGRAL:

Exfoliating Body and Face Shower Gel. Its objective is to discover a new skin. Its enveloping foaming texture soften the skin of face and body and its tiny jojoba pearls eliminate dead cells. Apply in the shower or bath with soft circular massages.



OBJETIF DOUCEUR:

Moisturising Body Milk. A flawless skin is the result of its optimum hydration level. Softens and soothes the skin thanks to its formula rich in calendula, oats, vitamins and minerals that prevents the skin's vitality and elasticity. A pleasurable feeling for long lasting wellness. Apply on the whole body soft massage.



CRYOSLIM: Ultra-effective cold solution produces a refreshing sensation. Lightly scented lotion.



Anesi Parafango Treatment

◆ YOUR BEAUTICIAN'S ADVICE

No single treatment can guarantee definite results if it is not associated to specific recommendations and guidelines regarding diet, lifestyle, and individual specific cosmetic indications.

Even the fat eliminated after a liposuction will return unless a change in the person's habits is made. Always recommend the retail products to maximize the benefits achieved from the Anesi Parafango treatment. Use the convenient record card to keep track of your client's evolution.

Watch your diet!

There are several foods that promote liquid retention or the accumulation of fat. Substances like coffee, excess salt, dairy products with high fat content, alcohol, and tobacco should especially be avoided since their negative effects on the organism are well-known.

It is important to drink 1 to 1.5 litres of water a day, especially between meals.

The intake of natural vitamins can be extremely helpful in relieving the situation. Complexes of silicium, marine extracts, and vegetable extracts can have effective drainage effects, activate the circulation, and help the break-down of fat.

The importance of your clients' Life-Style

The daily habits and the everyday routine are often overlooked by people with cellulite problems, and their negative effects are usually underestimated. It is extremely important to exercise regularly. Any type of exercise which promotes the activation of the circulation and the lymphatic systems is particularly useful.

Temperature shocks while taking a shower are particularly harmful due to the sudden vasodilation in the affected area. These abrupt changes can promote further damage to the tissue structure, worsening the cellulite problem.



Anesi Parafango Treatment Cryomodelage Body Wrap

◆ STEP BY STEP



1
✓ Weigh the client.
Measure the client above the knee, mid-thigh and upper thigh as shown.



2
✓ Spray Cryoslim Lotion along the client's backbone. This will create a temperature contrast sensation between the cold refreshing effect of Cryoslim and the warm parafango.



3
✓ Apply Cremfoliant on the area to be treated. Wait for one minute before gently rubbing with circular motions. Once dry, remove any excess product with a paper tissue.



4
✓ Spray Cryoslim on the inside of the thighs. The contrast between the warm parafango and the cooling lotion creates a temperature shock by which perspiration is increased and more liquids are eliminated.



5
✓ Apply an Aminodren ampoule directly on the area to treat centimetre loss.



6
✓ The parafango application improves the absorption of the active ingredients in the ampoule and increases the body temperature to facilitate liquid elimination.



7
✓ Wrap the legs with osmotic film starting from the feet upwards.



8
✓ Cover the client with a bed sheet and an electric blanket for 15 minutes to increase fluid circulation and maximise the beneficial effects of the parafango wrap. Your client will have shivering sensations due to the hot and cold effects.



9
✓ Cut the wrap down the centre starting from the feet upwards. Peel the parafango off to the sides.



10
✓ Complete the treatment by using Objetif Fermeté "Crème Aminofirm". This cream firms the skin and increases its elasticity. Remeasure the client standing up at the same points and record the new loss measurements in the record card.

Anesi Parafango Treatment Stretchmarks Treatment

◆ STEP BY STEP



1 ✓ Apply Cremfoliant directly on the stretchmarks for a local skin exfoliation. Tighten the skin between your fingers and with your free hand perform circular motions on the abdomen, thighs and any other problem area.



2 ✓ Perform a "Jacquet Leroy" massage or pinching movements to plump up the tissues. This technique reduces tissue adherence and therefore smoothens the stretchmarks.



3 ✓ Apply an Aminodren ampoule and massage over the entire area.



4 ✓ Ask your client to stand up to facilitate the parafango application around the waist. Wrap the area in osmotic film for a perfect occlusion. The increased heat and blood circulation levels promotes the elimination of body toxins.



5 ✓ Have your client lay down in order to apply the parafango wrap on the thighs down to the knees.



6 ✓ Cover the client with a cover sheet and blanket to maximise the geothermal effects of parafango.



7 ✓ After 20 to 25 minutes remove the parafango wrap.



8 ✓ Apply Objetif Fermeté "Crème Aminofirm" for skin toning and firming. This cream enriched with Centella Asiatica, Collagen and Elastin helps to reduce the appearance of stretchmarks.

Anesi Parafango Treatment Body Tune Up

◆ STEP BY STEP



1 ✓ Exfoliate the entire body with Cremfoliant. Gently rub for an effective body peel. Remove any excess product with a paper tissue.



2 ✓ Brush the parafango on the entire body. Because of its geothermal action, the parafango wrap produces a sedative, relaxing effect on strained muscles and body tissues.



3 ✓ Cover the client with a plastic sheet. For improved heat retention use an electrical blanket to further stimulate blood circulation for a faster relaxation.



4 ✓ For best results, leave the parafango wrap on the body for 15 minutes, then peel the parafango off to the sides.



5 ✓ Finish the treatment with a relaxation massage with Crème Modelage to rehydrate and nourish the skin. The whole body will have a new glow and your client will be very relaxed.

Anesi Parafango Treatment Treatment for tired, swollen legs

◆ STEP BY STEP



1 ✓ Spray the legs with Cryoslim. This refreshing lotion stimulates the micro-circulatory blood vessel system and brings relief to sore, swollen legs.



2 ✓ Apply parafango on feet and legs to create a "mini-sauna" effect. The increased heat stimulates local fluid circulation in the problem areas.



3 ✓ Wrap feet and legs in osmotic film for a perfect occlusion and cover the body with a plastic sheet. After 15 minutes remove the parafango.



4 ✓ Massage Belfeet's Belcream on the legs until well absorbed into the skin. This cream is enriched with Gingko Biloba and Cypress producing a decongestant, relaxing effect that alleviates general fatigue and results in lightened, relieved legs and feet.

Anesi Parafango Treatment Anti-cellulite Body Wrap

◆ STEP BY STEP



✓ Apply Cremfoliant on the front area affected by cellulite and perform an exfoliating massage. Turn the client around and do the back areas.



✓ With the client facing down apply an Aminocel ampoule. After turn her around to apply on the front thighs up to the knees.



✓ Perform a drainage massage with the Crème Modelage to stimulate fluid circulation to break down water retention on the affected areas.



✓ Ask your client to stand up to facilitate the parafango application around the waist.



✓ Wrap the area in osmotic film for a perfect occlusion. The increased heat and blood circulation levels promotes the elimination of body toxins.



✓ Have your client lay down on the bed facing down, to apply the parafango wrap on the back thighs down to the knees.



✓ Wrap with osmotic film starting from the knees upwards. Wrap the client with the disposable bed sheet and cover with the electric blanket.



✓ After 20 to 25 minutes remove the parafango by cutting the wrap with the film cutter starting from the knee upwards.



✓ To finish apply Objetif Minceur "Crème Lipoaminocel" cream on the cellulite areas to continue the thermal effect on the skin. This cream produces a "tingling" sensation and stimulates fluid circulation to unblock local water retention.

Anesi Parafango Treatment Cryoslim Treatment

◆ STEP BY STEP



✓ This treatments is ideal for the summer and warm climates. Prepare the skin by applying Cremfoliant.



✓ Apply an Aminodrean or Aminocel A.H.A. ampoule with a light massage or using the warm side of Thermostick.



✓ Prepare the liquid solution: 1 cap of Cryoslim with 3 caps of water. Soak the bandages in the solution until completely moist. Ask your client to stand up to put the bandages on easier.



✓ You can also use a muslin bandage instead of the bandge. Make sure to wrap the bandage tight.



✓ Have your client lay on back and let her relax for 20 minutes. If the cold sensation is too much have her turn around every 5-10 minutes.



✓ Finish by massaging Objetif Fermeté "Crème Aminofirm" cream into the skin. This cream has vegetable collagen, elastin and centella, three ingredients special for firming the skin and moisturising the skin. To maximise salon results recommend the daily application of the cream to your customer.