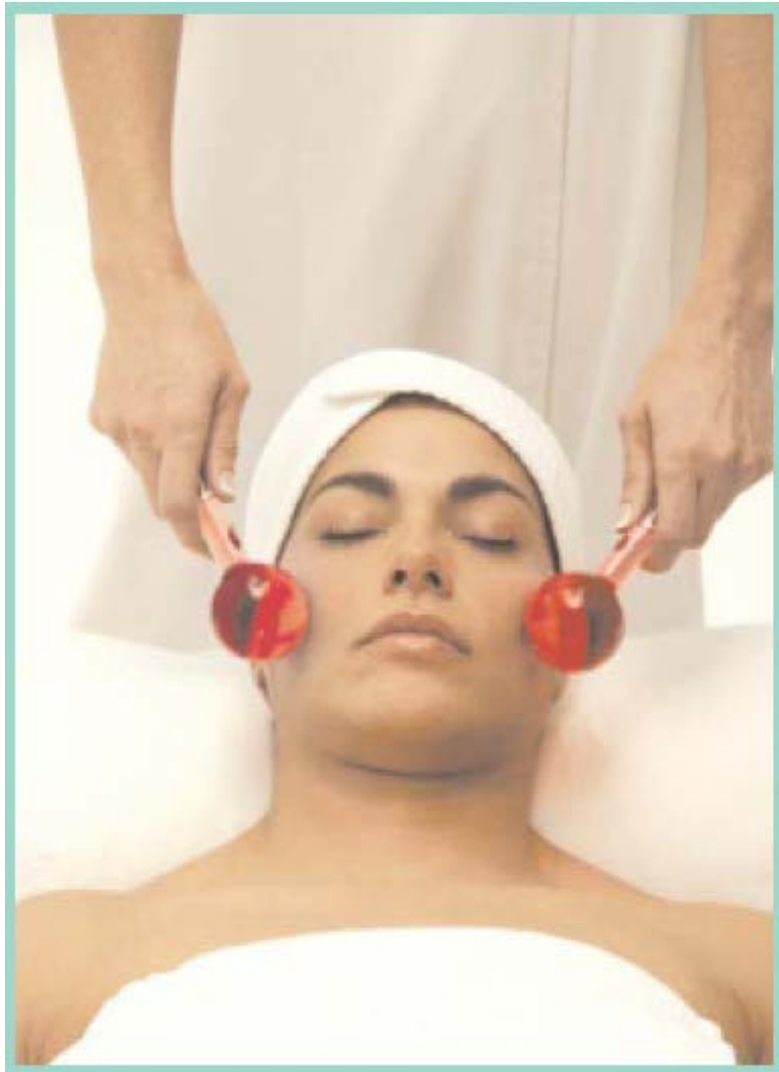


Derm-A-Globe Color Therapy User Guide



Derm-A-Globe®

The Derm-A-Globe incorporates the therapeutic properties of color, touch, temperature, and movement. In order to achieve maximum benefits, it is very important to use the right color and temperature.

Available in two colors:

- Blue – Very Cold
- Red – Hot

Benefits of Derm-A-Globes for treatments:

- ❑ One continuous unit that is handmade in the United States.
- ❑ Smooth, tempered glass (Pyrex) allows the use of a range of temperatures and pressure.
- ❑ Perfectly shaped and sized for both facial and body treatments. Can be used on larger parts of the body such as legs, back, neck, and arms.
- ❑ Unique design allows you to perform treatments using the rounded bulb, the handle, or the end of the handle. The globe contains a nontoxic liquid that won't freeze or boil.
- ❑ Easy to clean and sterilize.
- ❑ Incorporates 4 treatment concepts—touch, temperature, color, and movement.
- ❑ Can be used in conjunction with essential oils and soft music as part of the treatment to enhance sensual relaxation experience.

When used warm, Derm-A-Globes will help:

- ❑ Energize and stimulate tired skin.
- ❑ Relieve sinus pressure and headaches.
- ❑ Enhance penetration of creams and nutrients.
- ❑ Relax tense muscles.
- ❑ Soothe tender joints.

When used cold, Derm-A-Globes will help:

- ❑ Reduce puffiness under the eyes.
- ❑ Reduce redness and inflammation of the skin.
- ❑ Soothe skin irritations.
- ❑ Tone and tighten aging skin.
- ❑ Minimize facial pores.



Color Therapy and Derm-A-Globe Overview:

What Do the Individual Colors Represent?

Color plays a major role in life. It can help stimulate, energize, relax, or lift the spirit. The closer to red a color is, the more energizing it will be. As the color hues move toward blue, they become more calming.

Color	Represents
Red	Energy, warmth, passion, love, family, youth, courage, and awareness.
Blue	Cold, pure, calmness, serenity, ocean, expression, royalty, opposite of red. Ease of pain.

Choosing the Right Color Globe:

Color Temperature Correlation

It is important to correlate color with temperature. The blue globes should be cold when used while the red globes should be warm. All colors can be used at room temperature, but this will reduce the intensity of the treatment.

Emotion and Color Correlation

For calming effects use the cold, blue colored globes. To energize, use warm, red colored globes. Use warmer colors on more mature clients.

Skin Condition/Treatment and Color Correlation

At room temperature, your Derm-A-Globe will feel cool to the skin. Use a cold Derm-A-Globe on skin that is red, irritated, or inflamed due to acne, extractions, microdermabrasion, chemical peels, waxing, laser treatments, or puffiness under the eyes. The redder and more irritated the skin is, the cooler the color and temperature of the globe. When a Derm-A-Globe is placed in the freezer, it may develop a frost layer. You do not need to wipe the frost off prior to use.

The warm, red globes should be used to stimulate mature, sagging skin and enhance nutrient absorption.

To treat cellulite, use the globes with extreme temperatures for a hot/cold cellulite massage (blue from the freezer and red in boiling water).

Weather and Color Correlation

Weather affects the skin. For example, during extremely dry weather, skin frequently becomes dry and dehydrated. Use energizing warm globes (red and yellow) to help expand the pores for extra hydration. Use yellow in the summer and red in the winter.

During cold weather, use warmer colored Derma-A-Globes (yellow and red) to warm the skin. In hot weather, use cooler colors (blue and purple) to cool the skin.

Preparation of Globes:

Cold Globes- Place a blue globe in the refrigerator or freezer overnight. After they have been removed from the refrigerator, place them in ice water to keep them cold until ready for use.

Note: *Globes should be at room temperature when placed in the refrigerator.*

Warm Globes- Place the red globes in a glass of hot or boiling water, or in a hot towel cabi for 3 to 5 minutes.

Note: *Never place a Derm-A-Globe in a microwave oven. To prevent burns, always test the temperature of the globes before placing them on a client's skin.*

Instruction for Use:

- ❑ To relieve tension and tightness in muscles, place desired globes on an area of the face or body and apply light to moderate pressure.
- ❑ For a relaxing, stimulating sensation, move the selected globes back and forth vertically or horizontally along the skin's surface.
- ❑ To increase blood supply to the skin, move the chosen globes back and forth vertically or horizontally along the skin's surface.
- ❑ The handle tip may be used to apply pressure to small trigger points.



Treatment Options:

Massage

Derm-A-Globes are an excellent tool for massage. They can be used hot or cold. The bulb can be grasped in the massage therapist's hand and used in the same manner as you would use massage stones. It is particularly good for back massage. The tip of the handle can be used to massage pressure points or knotted muscles. In addition, the handle can be rolled across the skin. For better slip, use massage oil or lotion.

Cellulite Treatments

To treat areas of cellulite, grasp the bulb of a warm/hot *Derm-A-Globe* in one hand and the bulb of the cool/cold *Derm-A-Globe* in the other hand. Massage the cellulitic area using alternate hands and moderate to firm pressure. Be sure to check with your client to ensure the pressure and/or temperature are not too extreme.

Home Use

Derm-A-Globes can be used at home by clients to help soothe under-eye puffiness, sinus problems, sore muscles, tension headaches, Rosacea, bruises, and burns. During spa treatments, explain the benefits of the *Derm-A-Globes* and how to use them. Make them available in your retail area.

Cleaning and Sanitation

1. Hand wash *Derm-A-Globes* with any mild soap or detergent.
2. Towel dry.
3. Use 70% alcohol or any sanitizing liquid you normally use in your salon/spa.

Warranty Statement

The manufacturer (the “warrantor”) warrants to the original purchaser that this equipment will be free from defects under normal and proper operation for a period of one (1) year from the date of purchase. This warranty covers all parts and labor for that one (1) year period. This warranty shall not apply to any equipment that has been subjected to abuse, misuse, and alteration of any type or to any defect or damage caused by repair, replacement, substitution or use with parts other than parts approved by the manufacturer.

The manufacturer shall not be liable for the loss of use of this equipment, loss of time or business, inconvenience or any other indirect, consequential, special or incidental damages due to defects covered by this warranty or any implied warranty.

To implement this warranty, contact the dealer from whom you purchased the equipment. If necessary, you will be asked to return all, or the appropriate part, of the equipment. If warranted, the repairs will be performed at no charge and the equipment returned to you. Unit owner must prepay all shipping costs when returning items for warranty service.

This limited warranty is the only written or express warranty given by the manufacturer. This warranty gives you specific legal rights but you may also have other rights, which may vary from state to state or province to province.

Authorized Technical Service Center:

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Abingdon, VA 24210
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