

## Neroli – *Citrus aurantium var amara*

**Code:** T134                      **Vol:** 2ml

**Country of Origin:** Tunisia

### About the oil

**Distilled From:** Water distilled from the orange blossom

**Aroma & appearance:** Subtle, sweet-floral aroma. Clear to pale yellow in color.

#### Some beneficial ways of enjoying the oil:

- For a wonderfully fragrant bath when you feel that the stresses and strains of life are too much, blend 2 drops of Neroli, 1 drop of Jasmine and 1 drop of Clary Sage in a teaspoonful of Peach Kernel oil and add to a very warm bath.
- Blend 1 drop each of Neroli, Geranium and Bergamot in 10ml of Sweet Almond oil and apply to the back and shoulders as a pre-interview massage oil.
- When feeling delicate and vulnerable, especially after giving birth, try 2 drops of Neroli, 1 drop of rose, and 2 of petitgrain to a teaspoon of jojoba, swirl the mixture into a warm bath, lie back and let the subtle aroma bathe and soothe the emotions.

Also known as Orange Blossom or Neroli Bigarade, this essential oil is water distilled from the flowers of the cultivated Bitter Orange tree. The Orange flowers must be distilled immediately after picking, as they decay very quickly. Tunisia is the most highly regarded producer of this exotic floral oil. Skilled and experienced distillers have carefully distilled this delightful oil in Tunisia with brand new, top quality equipment. The difference is apparent in the quality.

#### Did you know?

To represent innocence and love, orange flower petals are often seen in wedding bouquets.

**Key Search words:** Soothing, relaxing, skincare, balancing

#### Safety Data

To be avoided in the first three months of pregnancy.

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