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## Basalt Stones



### Description

Selectively picked by hand and volcanic in nature, these basalt stones make high quality hot stones because they retain heat very well. This is due to their mineral composition, which is mainly of silica and traces of iron.

### Hot Stone Set/66 Piece (CST34)

This certified basalt stone set is truly complete, and it has every stone a beginner or advanced massage therapist would need to treat the entire body. This set has 12 different size and shapes. This includes the large, heavy belly/sacral stones as well as those specialty tools needed for the hands, feet, neck, and hard to reach contours.



The set includes:

- ❑ 1 Sacral/Belly Stone
- ❑ 2 Palm/Gluteal Stone
- ❑ 8 Spinal Layout Stones
- ❑ 8 Large Back/Thigh Stones
- ❑ 8 Medium Body Working Stones
- ❑ 8 Small Body Working Stones
- ❑ 8 Facial Stones
- ❑ 8 Toe Stones
- ❑ 6 Finger Stones
- ❑ 2 Foot Stones
- ❑ 2 Contour Stones
- ❑ 4 Acupressure/Trigger Point Stones
- ❑ 1 Pillow/Neck Stone

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### Basic Stone Set/50 Piece (CST58)

This certified basalt stone set has 10 different shapes and sizes. It has a variety of effleurage and specialty stones, allowing you to access hard to reach contours and perform a full body massage. This set includes:

- ❑ 8 Spinal Layout Stones
- ❑ 8 Large Back/Thigh Stones
- ❑ 8 Medium Body Working Stones
- ❑ 8 Small Body Working Stones
- ❑ 4 Facial Stones
- ❑ 8 Toe Stones



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- ❑ 1 Pillow/Neck Stone
  - ❑ 1 Contour Stone
  - ❑ 2 Trigger Point Stones
  - ❑ 2 Palm/Gluteal Stones

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**Starter Spa Set/38 Piece (CST35)**

This certified set is perfect for the therapist who provides mobile treatments and needs portability, as well as customers who want to keep size, weight, and shipping expense down. It has 9 different sizes and shapes of effleurage and specialty working stones. It is great for people who need a smaller set yet don't want to sacrifice quality or function. 38 Stones. Weight of set: approximately 11 lbs.



This set includes:

- ❑ 8 Spinal Layout Stones
- ❑ 2 Large Back/Thigh Stones
- ❑ 4 Medium Body Working Stones
- ❑ 8 Small Body Working Stones
- ❑ 4 Facial Stones
- ❑ 8 Toe Stones
- ❑ 1 Pillow/Neck Stone (rounded)
- ❑ 1 Contour Stone (flat)
- ❑ 2 Acupressure/Trigger Point Stones

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**Facial Stone Set/35 Piece (CST36)**

Configured to give you all the stones needed for a stone facial treatment. It provides stones that allow you to work on the muscles of the neck and shoulders, hands and feet, allowing you to expand your services by massaging these other areas of the body.



This set includes:

- ❑ 8 Small Body Working Stones
- ❑ 8 Facial Stones
- ❑ 8 Toe Stones
- ❑ 6 Finger Stones
- ❑ 1 Neck Stone
- ❑ 2 Palm/Gluteal Stones
- ❑ 2 Foot Stones

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**Reflexology Stone Set/34 Piece (CST38)**

This certified set allows therapists to incorporate the power of hot stones into their hand and foot reflexology treatments, along with the stones needed to treat the musculature of the arms and legs providing a complete set for reflexology



This set includes:

- ❑ 8 Small Body Working Stones
- ❑ 4 Medium Body Working Stones
- ❑ 2 Foot Stones
- ❑ 8 Toe Stones
- ❑ 6 Finger Stones
- ❑ 2 Palm/ Gluteal Stones
- ❑ 4 Trigger point/Deep Tissue Stones

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**Manicure Pedicure Stone Set/30 Piece (CST37)**

The certified mani/pedi set allows estheticians, nail techs, and massage therapists to incorporate the soothing qualities of hot stones into their manicures and pedicures or fully relax the musculature of the hands and feet while performing other treatments.



- ❑ 8 Small Body Working Stones
- ❑ 4 Medium Body Working Stones
- ❑ 8 Toe Stones
- ❑ 6 Finger Stones
- ❑ 2 Palm/Gluteal Stones
- ❑ 2 Foot Stones

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**Spinal Layout Set/8 Piece (CST49)**

These stones are flat and intended to be placed along the sides of the spine to help relieve one of the most overworked muscle groups in the body (the paraspinals). This can be done while the client is laying on his/her back or front, but there should be a barrier between the stones and the skin. 2” to 2.5” stones.



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**Toe Stone Set/8 Piece (CST42)**

When placed between the toes or the fingers, hot stones help relax the muscles that take the most abuse when walking, wearing tight shoes, holding a pen, or typing on the computer. Use this set alone, or while performing other salon, spa, and massage treatments. Use this set alone or while performing other salon, spa, and massage treatments. 8 stones. 1-1.5"



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**Large Stone Set/4 Piece (CST45)**

Large Stones are for direct use on the client in areas where there is a lot of dense muscle, such as the pectorals or the thighs. They can also be used as a second set of gluteal or palm stones when needed. 3.0"-3.5" stones.



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**Medium Stone Set/8 Piece (CST44)**

These stones are best used on the medium sized muscles of the body, such as the calf and upper arm/body muscles. They provide a little more mass than the small working stones but are still easy to manipulate and use. 2.5"-3.0" stones.



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**Small Stone Set/8 Piece (CST43)**

These small stones fit perfectly into a therapist's hands to be used when performing any number of massage strokes, including effleurage and petrissage. They can also be used to treat the smaller, tighter areas of the body such as the neck. 2.0"-2.5" stones.



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**Trigger Point Stones (CST48)**

These thin stones have a rounded end and are used to do deep tissue work on muscles that are in spasm or to release trigger points. The heat that is emanating from the stones will help make the therapist's job easier, as it relaxes the problematic muscles. This is a good substitute for using the thumbs. This will help save therapists from wear and tear on their hands. 3" to 4" stones.



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**Sacral Stone (CST46)**

This large heavy stone helps relieve cramping and adds a sense of being grounded when used in the lower belly area. It also delivers deep, penetrating warmth to the musculature of the lower back and upper sacral region. 4.5” to 5”.



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**Contour Stone (CST47)**

This oblong stone is designed to assist the therapist in accessing some of the contours of the body such as the subscapular region. 4” to 5”.



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- CST34 Hot Stone Set - 66 piece
- CST35 Starter Spa Set - 38 piece
- CST36 Facial Stone Set - 35 piece
- CST37 Manicure Pedicure Stone Set - 30 piece
- CST38 Reflexology Stone Set - 34 piece
- CST40 Activating Chakra Set
- CST41 Balancing Chakra Set
- CST42 Toe Stone 8-piece
- CST43 Small 8-Piece Set
- CST44 Medium 8-Piece Set
- CST45 Large Stone Set - 4 piece
- CST46 Sacral Stone
- CST47 Contour Stone
- CST48 Trigger Point Stones
- CST49 Spinal Layout (8 stones)
- CST58 Basic Stone Set - 50 piece