

Block/Strip

Paraffin soothes the pain of arthritis, joint stiffness, inflammation, sports injuries, muscle spasms, and dry, cracked skin. Scented paraffin may be selected according to preference and client's skin condition.

Usage:

- ❑ Prepare paraffin and heater according to manufacturers guidelines.
- ❑ Dip hands, elbows, or feet in and out of the bath of warm, soothing paraffin.
- ❑ Wrap treated area in a liner, and follow with a heat source.
- ❑ After 10 to 15 minutes, remove paraffin and liner using a gentle massage technique.
- ❑ Refill paraffin heater as needed.