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## Herbal Wrap Therapy - Detoxifying Herbal Blend



### Description

This Detoxifying Herbal Blend is a combination of specifically chosen organic herbs that naturally possess the ability to pull toxins from the skin.



**Skin Type:** All skin types

### Benefits:

- Helps to eliminate toxins.

### Ingredients

Ginger Root, Rosemary Leaf, Allspice Berry, Eucalyptus Leaf, Clove.

Allspice Berry	Rich in vitamins A, C, niacin, riboflavin, and thiamine. It also contains the minerals potassium, manganese, iron, selenium and magnesium Has carminative, digestive stimulant, and aromatic qualities.
Clove	Clove has antiseptic, carminative, stimulant, antispasmodic, and analgesic properties.
Eucalyptus Leaf	Eucalyptus has antiseptic and expectorant properties. As a detoxifying herb, its most important characteristic is that it stimulates local blood flow.
Ginger Root	Has antiemetic, carminative, anti-inflammatory, and antiseptic properties. In addition, it is a circulatory stimulant.
Rosemary Leaf	Has tonic, stimulant, astringent, nervine, anti-inflammatory, and antioxidant properties.

### Usage Instructions

1. Fill muslin bag about three-fourths full with the Detoxifying Herbal Blend.
2. Drop bag in hydrocollator or moist heat unit to brew the tea for 20 minutes.
3. Remove bag and place in a cool environment. This amount will make about 3 to 5 treatment wraps or baths.
4. Soak your herbal wrap sheets or towels in the herbal tea.
5. Remove the herbal wrap sheet/towels from the water and squeeze/wring out excess water.
6. Checking with your client to make sure the wrap sheet isn't too hot, wrap the client in the warm moist sheet/towels.
7. Cocoon the client in plastic sheets/blankets/space blanket for 20-30 minutes.
8. Monitor your client throughout the treatment to make sure they don't become claustrophobic or suffer from excessive heat.

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*Note: When doing hydrotherapy, follow the same instructions as with body wraps and remove bag prior to client entering tub.*

**SKU #**  
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