



USAGE INSTRUCTIONS

**ESS**  
aromatherapy

## Steam Room Oil Concentrate Usage

**ESP337 ESS Eucalyptus Steam Room Oil, 34 fl. oz. (1 Liter)**

**ESP341 ESS Lavender Steam Room Oil, 34 fl. oz. (1 Liter)**

ESS Aromatherapy Steam Room Oils are concentrated and must be diluted with water before use. Formulated for use in steam room fragrance delivery systems and steam room misting applications.

### Suggested Dilution Rates

- **2 oz. per gallon of water** – Light aroma
- **4 oz. per gallon of water** – Moderate aroma
- **6 oz. per gallon of water** – Strong aroma

Adjust dilution based on room size, ventilation, and desired fragrance intensity.

### Directions

1. Dilute the steam room oil with water to the desired concentration.
2. Add the diluted solution to the fragrance dispenser or reservoir according to the steam generator manufacturer's instructions.
3. For spray applications, place the diluted solution into a spray bottle and lightly mist the steam room as needed.
4. Refresh diluted solutions regularly to maintain fragrance quality.

### Caution

- For external aromatic use only.
- Always dilute before use.
- Avoid direct contact with eyes and skin.
- Do not ingest.

- Use only as directed and in accordance with steam equipment manufacturer recommendations.
- Excessive fragrance concentrations may cause irritation or discomfort in sensitive individuals.
- Guests with fragrance sensitivities, asthma, respiratory conditions, or known allergies to essential oils should exercise caution when using fragranced steam environments.
- Keep out of reach of children.

## Spa Pro Tip

A moderate fragrance level typically provides the most comfortable guest experience. Start with a lower concentration and adjust as needed based on room size, ventilation, and guest preference. A subtle aroma is often perceived as more luxurious and comfortable than an overly strong fragrance.