

SAMPLE MENU DESCRIPTION

Plump up your lips and reduce fine lines and wrinkles with a combination of cupping massage and our Lip Plumping serum. Formulated with powerful active ingredients to stimulate collagen and elastin production and add volume to the lip area. This treatment will hydrate your lips and provide a fuller appearance.

PROFESSIONAL PRODUCTS NEEDED

Bellabaci Facial, Bambino, and Bacetti cups are made from silicone and will increase blood and lymph circulation allowing fresh oxygenated blood to nourish the tissues while loosening and assisting in removing toxins. The negative pressure created by the cups stimulates collagen and elastin production, minimising the appearance of fine lines and wrinkles.

- Bellabaci Cups
 - 1 soft Facial cup
 - 1 soft Bambino cup
 - 1 Bacetti Cup
- Bellabaci Deep Cleanse-Pro Mitt
- Bellabaci Squeaky Clean Cleanser
- Bellabaci Super Smooth Face Exfoliant
- Bellabaci Plump Up The Volume Serum
- Bellabaci Sunkissed Spf20
- Bellabaci Creme of choice

THIS TREATMENT OFFERS

- Cost-effective treatment with low cost per-service expense
- No need for expensive machines, vacuum suction pumps or timeous preparation/set up
- Our technique gives the therapist's a non-invasive and result driven treatment

TREATMENT PROTOCOL**STEP 1 - MAKEUP REMOVER**

Remove makeup with the Deep Cleanse-Pro Makeup remover Mitt. Dampen the mitt with water and gently wipe off all traces of makeup.

STEP 2 - OPTIONAL CLEANSE

Perform a facial cleanse using the Squeaky Clean Cleanser.

STEP 3 - OPTIONAL EXFOLIATION

Exfoliate the skin with Super Smooth Face Powder Exfoliator. Add half a teaspoon of the powder to your hand and add water to create a fizzy paste. The more sensitive the skin, the more water is added to reduce the exfoliation action that may not be tolerated by sensitive skin. Rough textured skins may prefer less water added for deeper exfoliation. Do not use on open lesions, pustules or inflamed skin. Steam may be incorporated during exfoliation.

STEP 4 - SERUM APPLICATION

Apply Plump up the Volume to the lips, around the mouth, and lymph nodes under the jawline.

STEP 5 - DRAIN

Drain using the index and middle finger from the corner of the mouth towards the lower ears, both sides simultaneously. Repeat x3.

STEP 6 - DRAIN

Drain both sides simultaneously using the index and middle finger from the midline towards the lower ears. Part your index and middle fingers so that the lips are between them and drain. Repeat x3.

STEP 7 - FINGER PINCH

Pinch both lips between your fingers. Start at the corner and work to the midline. Focus on the skin around the lips, not the lips themselves. Repeat x6.

STEP 8 - SWEEPING

Support with the right hand and perform a sweeping movement on the upper left lip using the index and/or middle finger from the midline/philtrum towards the corner of the mouth. Repeat x3.

STEP 9 - SWEEPING

Support with the right hand and perform a sweeping movement on the lower left lip using the index and/or middle finger from the midline/philtrum towards the corner of the mouth. Repeat x3.

STEP 10 - VIBRATION

Support with the right hand and apply soft pressure and jizzle/vibrate on the upper left lip using the index and/or middle finger from the midline towards the corner of the mouth. Repeat x3.

STEP 11 - DRAIN

Drain both sides simultaneously using the index and middle finger from the midline towards the lower ears. Part your index and middle fingers so that the lips are between them and drain. Repeat x3.

STEP 12

Repeat STEPS 7-10 on the right side.

CUPPING**STEP 13 - CUP DRAIN**

Perform drain movement from the corner of the lip towards the ear with the Soft Bambino or Facial cup. Repeat x6.

STEP 14 - CUP DRAIN

Perform drain movement from the midline/philtrum toward the corner of the lip. Support the lip on the opposite side and use Bacetti cup to move in 3 pathways.

Perform drain on upper lip in 3 pathways: Directly over the lips, on the lip line, and above the lip, and then lower lip in 3 pathways: Directly over the lips, on the lip line, and below the lip. Repeat x6.

STEP 15 - HALF SMILE

Perform up and down strokes (half-smile) with the Bacetti or Soft Bambino cup on the nasolabial fold. Repeat x6.

STEP 16 - FISH BITE

Perform Fish Bite movement over the lips. Support the lip on the opposite side and use Bacetti cup to move directly over the lips. Perform Fish Bite on upper and then lower lip. Repeat x6.

STEP 17 - SWEEPING

Perform a sweeping movement from the midline toward the corner of the lip. Support the lip on the opposite side and use Bacetti cup to move directly over the lips. Perform sweeping movement on upper and then lower lip. Repeat x6.

STEP 18

Repeat STEPS 12-16 on the right side

STEP 19 - DRAIN

Drain both sides simultaneously using the index and middle finger from the midline towards the lower ears. Part your index and middle fingers so that the lips are between them and drain. Repeat x3.

STEP 20

Remove massage oil if needed with a warm compress. Apply Sunkissed sunscreen.

