

SAMPLE MENU DESCRIPTION

Renew your eyes and brows with a combination of cupping and hands-on massage using a synergy of active ingredients to address eye and brow sagging by stimulating collagen regeneration revealing glowing and smooth skin. The facial massage aims to relax facial muscles, improve circulation, promote lymphatic drainage, and enhance overall skin tone and appearance.

PROFESSIONAL PRODUCTS NEEDED

Bellabaci Face, Bambino, and Bacetti cups are made from silicone and will increase blood and lymph circulation, allowing fresh oxygenated blood to nourish the tissues while loosening and assisting in removing toxins and offering numerous benefits such as stimulating collagen and elastin production, improving the appearance of fine line and wrinkles, and promotes firmer and lifted skin.

- Bellabaci Cups
 - 1 soft Face cup
 - 1 soft Bambino cup
 - 1 Bacetti cup
- Bellabaci Deep Cleanse-Pro Mitt
- Bellabaci Squeaky Clean Cleanser
- Bellabaci Super Smooth Face Exfoliant
- Bellabaci Eye'M Too Sexy Serum
- Bellabaci Sunkissed Spf20
- Bellabaci Creme of choice

THIS TREATMENT OFFERS

- Cost-effective treatment with low per-service expense
- No need for expensive machines
- Our technique gives the therapist's a non-invasive and result driven treatment

TREATMENT PROTOCOL

STEP 1 - MAKE UP REMOVAL

Remove makeup with the Deep-Cleanse Pro Makeup remover Mitt. Dampen the mitt with water and gently wipe off all traces of makeup, including mascara.

STEP 2 - OPTIONAL CLEANSE

Perform a facial cleanse using the Squeaky Clean Cleanser.

STEP 3 - OPTIONAL EXFOLIATION

Exfoliate the skin with Super Smooth Face Powder Exfoliator. Add half a teaspoon of the powder to your hand and add water to create a fizzy paste. The more sensitive the skin, the more water is added to reduce the exfoliation action that may not be tolerated by sensitive skin. Rough textured skins may prefer less water added for deeper exfoliation. Do not use on open lesions, pustules or inflamed skin. Steam may be incorporated during exfoliation.

STEP 4

Apply Professional Eye'm Too Sexy Serum on the forehead, brow, and under the eyes using hands only.

STEP 5- ROLLING HAND PATS

Perform rolling hand pats on the forehead. Begin at the midline of the forehead and move towards the right side of the face. Repeat this motion from the right to the left side of the face, and then return to the midline.

STEP 6 - HAND DRAINING MOVEMENTS

Use alternating thumbs on the glabella/third eye area and drain towards the hairline. Repeat x3.

Using your fingertips, perform draining movements starting at the third eye (center of the forehead) and moving outward over the brow towards the temples. Repeat x3.

Repeat the draining movement starting at the third eye and moving outward above the brow towards the temples. Repeat x3.

Repeat the draining movement from the corner of the eye, under the eyes towards the temples. Repeat x3.

STEP 7 - FINGER PINCHES ON BROW BONE

Pinch the brow bone between your thumb and forefinger, vibrating slightly, and then release. Continue this technique across the entire brow area. Repeat x3.

STEP 8 - ZIG-ZAGS

With your fingertips, perform zig-zag movements over the crow's feet and temple area on the right side of the face. Repeat on the left side.

Perform zig-zags across the forehead.

STEP 9 - FOREFINGER BROW LIFT

Use your forefinger just below the brow line, apply slight pressure, and gently pull upwards simultaneously.

STEP 10 - FIGURE OF 8

Use your fingers to perform a figure of 8 on the brows and under the eyes starting on the glabella/third eye. Repeat x3.

CUPPING MASSAGE - BACETTI CUP

STEP 11 - DRAINING TECHNIQUES BROW

Divide the eyebrow into three sections: outer, middle, and inner parts.

Outer Brow: Perform draining movements from the outermost part of the brow towards the side of the face. Repeat x3.

Middle Brow: Perform draining movements from the middle brow towards the outer brow and then towards the side of the face. Repeat x3.

Inner Brow: Perform draining movements from the inner brow towards the middle and outer brows, continuing towards the side of the face. Repeat x3.

STEP 12 - FULL BROW DRAIN

Start in the midline of the brow and perform a draining movement towards the side of the face. Repeat x3.

STEP 13 - GLABELLA DRAIN

Start as close to the nose as possible between the eyes and drain upwards to the hairline, focusing on the frown. Repeat x3.

STEP 14 - FISH BITE TECHNIQUE

Perform the Fish Bite technique by squeezing and releasing the cup as you move along the brow. Follow the above sections.

STEP 15 - C-SHAPE

Start in the corner of the eye and move in a c-shape over the temples just above the brows to the glabella and back to the corner of the eye in the same pathway. Repeat x3.

STEP 16 - DRAINING

Perform draining as indicated in STEP 11 and STEP 12.

STEP 17 - DRAINING TECHNIQUE UNDER EYE

Perform full drain from the corner of the eye moving towards the temple. Repeat x3.

STEP 18 - FISH BITE TECHNIQUE

Perform Fish Bite movement from the corner of the eye to the temple. Repeat x3.

STEP 19 - SMALL CIRCLES

Perform small circles from the corner of the eye to the temple. Repeat x3.

STEP 20 - TRIANGLE

Perform triangle movements using the bambino or facial cup starting from the corner of the eye, moving to the temples, down to the cheekbone/zygomaticus, and ending at the corner of the eye. Repeat x3.

STEP 21 - RIGHT SIDE

Repeat on the right side of the face.

STEP 22 - DRAINING

Use the facial or bambino cup and train from the temples down next to the ear, down the neck towards the subclavicular lymph node.

STEP 23 - ROLLING HAND PATS

Perform rolling hand pats on the forehead. Begin at the midline of the forehead and move towards the right side of the face. Repeat this motion from the right to the left side of the face, and then return to the midline.

STEP 24

Apply Sunkissed sunscreen.

