Which Genie do you need today?

For the full Bellabaci experience, have the client view all 6 of the Genies. Using periphery vision, the client should choose the colour which appears most vibrant. Should there be 2, then the chosen Genie is detected via smell. In true Aromatherapy, your olfactory memory will guide you to which blend your body and mind needs. If the Genie smells wonderful, it is he correct formula. If the Genie does not smell as great, it is not what your body is in need of. Humans are intelligent beings, and we have the ability to know what we need, we just need to learn how to revive this ability. For a practical parable, when you are sick with a virus, you may crave orange juice (immune-boosting) or chocolate for its calcium and uplifting element value during times of pain.

Skin Get a Life - Pink Symbol

Pink is the colour of self-love. People who are struggling with dealing with the effects of ageing will be attracted to this colour. Ageing can be a very difficult transition for many, from seeing more wrinkles in the mirror to feeling more fragile. The aromatherapy blend is this Genie also helps with positive emotions as well as treating the visible signs of ageing. This Genie can be used on the face and body to assist with wrinkles, stretch marks, dry skin and scars

Hello Body Mechanic - Blue Symbol

Blue is the colour of trust. People who are in pain will be attracted to this colour as they need to trust us to help them feel better. If you look at the clothes, logos etc that people in the medical field use (doctors, nurses, dentists) it will always be blue. Blue also has a calming effect on the emotions as well as a cooling effect which is necessary for inflammation. This Genie is a great choice as a scalp massage for those suffering with headaches and migraines,

Cellulite Be Gone - Green Symbol

Green is the colour of health and wellness. People who are interested in becoming healthy as well as slimming, will be attracted to this colour. Green is also the colour of healthy plants and trees and instils a feeling of wellness in us when we are surrounded by lush forestation, which gives us fresh oxygen and life. This Genie is also a great choice for those who suffer with acidic-driven issues such as arthritis, poor immune function, gout and rheumatism.

Stress No More - Yellow Symbol

Yellow is the colour of positivity and upliftment. Clients who are concerned with stress, insomnia, nervous tension, chronic fatigue and depression will be attracted to this Genie. It is best applied to the solar plexus (there where you feel the butterflies in the stomach sensation) to balance the adrenal glands, as well as to the back of the neck and as a scalp-massage treatment to assist with serotonin production. This oil is also a great choice to use during reflexology to relieve nerve tension, helping to locate crystals in the feet. This Genie can also be used for the face and body for fragile and dehydrated skins, as stress is one of the leading causes of dehydration.

Bye Bye Belly Blues - Orange Symbol

Orange is the colour of abdominal wellness. People who are experiencing issues such as IBS, bloating, spastic colon, menstrual pain, dietary intolerances such as gluten and lactic acid and digestion will be attracted to this Genie. The ingredients in this Genie is also formulated for the skin on the abdomen where we experience “wear and tear” from growth spurts, weight gain and pregnancy to assist with skin resilience and tonicity. This Genie offers exceptional fast-acting pain relief and can also be used on the lower back for menstrual-related pain.

Circuflow - Purple Symbol

Purple is the colour for energising of the mind and body. Those who are experiencing problems with varicose and spider veins, hormonal imbalances, poor lymphatic drainage and circulation, tiredness and mental fatigue will be attracted to this Genie. The ingredients used to formulate this Genie was chosen for their exceptional “life giving" and balancing properties and can also be used in areas of hair-loss due to thyroid and poor circulation issues. This Genie can be used on the body and face for radiance, oxygen replenishment, eye bags and puffy skins.

Interesting to note:
These colours also resonate with the chakras in Ayurvedic Medicine.