



This treatment is designed to enhance hydration and exfoliation, promoting healthier skin while improving circulation. Infused with nourishing essential oils such as Neroli, Geranium, and Patchouli, it helps nourish and hydrate the body and smooth the skin's texture and homeopathic remedies of Daisy and Mustard Seed that offer parallel support. This gentle approach not only addresses the appearance of lustre-lacking skin, it hydrate the skin, providing an effective, low-cost alternative to mechanical treatments without the noise.

PROFESSIONAL PRODUCTS NEEDED

- Bellabaci Super Smooth Polish (BELL61)

SAMPLE MENU DESCRIPTION:

Enjoy the benefits of a skin polish to eliminate dead skin cells and reveal smoother, refreshed skin whilst targeting aging skin.

THIS TREATMENT OFFERS

- Cost-effective treatment with low per-service expense
- No need for expensive machines
- Easy to use

HEMOCARE PRODUCT RECOMMENDATIONS

- Bellabaci Cups for home use
 - Body Cups (1 soft & 1 hard Body Cup)
 - Super Cups (2 medium or soft Super Cups)
 - Facial Cups (1 soft & 1 hard Face Cup)
 - Bambino Cups (1 soft & 1 hard Bambino Cup)
- Bellabaci Skin Get A Life Wellness Genie
- Bellabaci Skin Get A Life Wellness Crème
- Bellabaci Renew Pure Essential Complex
- Bellabaci Body Box Kit Ritual including:
 - Skin Get A Life Wellness Genie
 - 1x Soft Body Cup
 - 1x Hard Body Cup
 - 1x Copper Mitt
- Bellabaci Copper Exfoliation Mitt
- Bellabaci Super Smooth Polish

PRECAUTIONS AND CARE

- Use caution when providing service to older clients with thin, fragile skin and low blood pressure.
- During the consultation, receive permission from the client to do abdominal work if needed.
- Ensure proper, professional draping at all times.

CONTRAINDICATIONS

- Do not use on open lesions, pustules, or inflamed skin
- Open cuts and abrasions
- Skin fragility, sensitivity, or skin disorders

PROTOCOL

TREATMENT ROOM PREPARATION

Set the ambiance of treatment by utilizing lighting, diffusers, and music. Ensure that your treatment room is warm and comfortable. The treatment room should be set up prior to the guest's arrival. Ensure all supplies are available like your Bellabaci Super Smooth Polish, linens, and towels for warmth. Prepare the treatment table for polish, by utilizing plastic sheet linens and towels for warmth and properly draping your table. Assist your guest to the treatment room and onto the table, lying face up (supine).

POLISH APPLICATION

- Exfoliate the skin with Super Smooth Powder Exfoliator. Add the powder to your hand and add water to create a fizzy paste. The more sensitive the skin, the more water is added to reduce the exfoliation action that may not be tolerated by sensitive skin. Male or rough textured skins may prefer less water added for deeper exfoliation. Steam may be incorporated during exfoliation.
- Back - Assist the client to sit up and exfoliate the back with 15g of exfoliator using brisk friction movements. Assist the client to lie down. Stand to the side of the bed.
- Legs - Use 20g of the polish. Scrub the back of the legs and buttocks with friction by bending the client's knee. Lower the client's knee and scrub the front of the legs using friction. Cover the client. Stand to the side of the bed.
- Arms - Use 10g of the polish. Scrub the client's arms by using friction movements. Ensure to include the hand and cover the client once completed. Stand to the side of the bed.
- Assist the client in showering or manually remove the any polish left on the body with a warm compress.

Once the skin is clean and dry, apply a generous amount of body creme or perform a massage using the chosen Bellabaci Professional Wellness Balms. Massage into the skin using long, smooth strokes to enhance absorption and relaxation. For ultimate results you may incorporate the Bellabaci Cups following the professional cupping protocol.

Note: While exfoliation is typically performed initially, you have the flexibility to interchange the wrapping and massage steps if chosen based on your specific treatment preferences.

This body polish treatment can be seamlessly added to other services, providing clients with an elevated experience and encouraging ongoing skin health.

COMPLETING THE TREATMENT

Complete the treatment by closing the area that you worked on with your sheet. Place the robe and slippers by the side of the table so the client can slip into them before they exit. Thank your client and ask how they feel after their treatment. Offer the chosen Genie Kit for your client as a retail option and provide homecare advice.