

Designed to naturally uplift the emotions and improve depressive states. Stimulate your senses and feel better by introducing the treatment qualities of St John's Wort, Ylang Ylang, Geranium, Lime, Patchouli, and Jasmin essential oil.



BENEFITS

- Calming
- Mood balancing especially during PMS and Menopause
- Relieves insomnia and Adrenal Fatigue
- Combats stress and the effects of stress on the skin, cardiovascular, nervous, and digestive systems
- Aphrodisiac
- Muscle relaxant
- Uplifting and energizing
- Antidepressant

MAIN INGREDIENTS

ROSEHIP

Relieves skin reactions and sensitivity caused by stress such as eczema/psoriasis/rosacea/rashes/hives/itching/dryness/acne/fever blisters, is high in antioxidants, is a natural derivative of retinol, and uplifts emotions

ST JOHN'S WORT

Relieves depression, stress, and pain, muscle relaxant and healing of the mind and body

GERANIUM

Calming, uplifting, and balancing. Eases insomnia, anxiety, tension, and negative feelings experienced during emotional changes such as PMS and Menopause, as well as balancing the endocrine system

JASMIN

It is a mood enhancer, is calming and relaxing, has a positive effect on the nervous system, promotes rest, revitalizes the body and mind, and relieves pain, especially emotional type pain

LIME

Improves mood, assists the nervous system, assists the adrenal gland in cases of chronic exhaustion and feelings of being "burnt out," and uplifting in areas of worry, stress, fear, and anxiety

PATCHOULI

Benefits nervous tension experienced in the nervous and digestive system, such as queasiness, offers anti-depressive properties, eases insomnia and tension, has a sedative effect, and relaxes emotional upsets

YLANG YLANG

Positive effect on Tachycardia (rapid heartbeat), calms the "busy-mind" feeling, reduces stress, and helps the mind to experience feelings of joy and positivity

WINDFLOWER

Addresses anxiety-related stress, moodiness, nervous headaches, and restless sleep

CHAMOMILE

Acts primarily on the nervous system, indicated for irritability, impatience, restlessness, insomnia, oversensitivity, and stress

OAT KERNEL

Addresses stress, nervousness, excessive worrying, fatigue, insomnia, and depression

NAT MUR

Assist with feelings of melancholy, depression, sadness, grief, and emotional stress. Helps to still a busy mind, sleep imbalances, irritability, heart flutters, and headaches

CONTRAINDICATIONS

Do not use it during pregnancy or lactation or if there are any allergies to the specific ingredients.

DIRECTIONS

The Bellabaci Pure Essential Complex's are versatile and can be used as indicated below:

- Add 2 drops to supercharge your Genie or moisturizer
- Add 2-5 drops to your bath
- Use as a pulse point treatment by applying 1 drop to your wrists
- Use as a natural perfume (preferably where it won't be exposed to the sun)
- Add 2-5 drops to your humidifier or diffuser
- Add a drop to a tissue and inhale

