

# The Bellabaci Chroma & Aroma Opening Ritual



The Chroma & Aroma Opening Ritual is completed as the start of a Bellabaci treatment is performed, either during a consultation or guest check-in at reception, should a concierge be able to guide the client through the process.

During this process, the client will view all 6 of the Bellabaci Genies or Bellabaci Ritual Cards and choose which appears most vibrant to them. When two colors capture the client's attention, they can now select the Genie whose fragrance resonates the most with their aroma senses.

In true Aromatherapy, your olfactory memory will guide you to which blend your body and mind needs. If the Genie smells wonderful, it is the correct formula. If the Genie does not smell as great, it is not what you need today and these needs can change easily. Example: Today you have fluid retention from long flights and Circuflow smells the best out of the 6 formulas and Hello Body Mechanic smells unattractive. Next week, you are experiencing muscle spasms and now the Hello Body Mechanic formula smells great and Circuflow is not the favorite anymore.



Humans are intelligent beings, and we have the ability to know what we need, we just need to learn how to revive this ability. For a practical parable, when you are sick with a virus, you may crave orange juice (immune-boosting) or chocolate for its calcium and uplifting element value during times of pain.



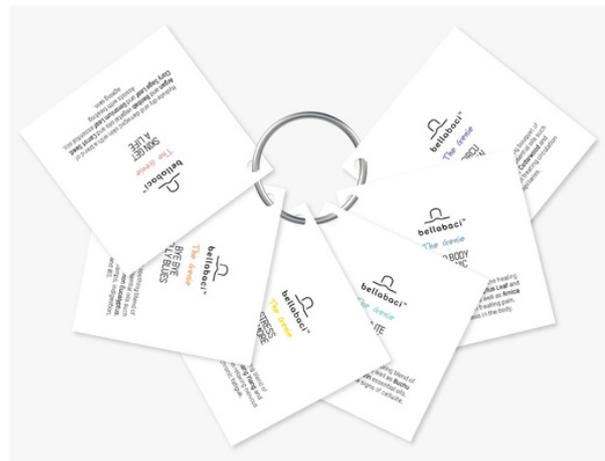
# What you'll need:

The Chroma and Aroma Selection Therapy allows your client the full Bellabaci Experience and assists in choosing the correct Bellabaci professional wellness oil or balm for the treatment or retail Wellness Genie as homecare for your client.

The selection should be completed prior to a Bellabaci Cupping Massage or if the client will be experiencing the Bellabaci Wellness Oil on its own with a standard massage such as Swedish or Lymphatic drainage.

Products needed to perform the selection:

- Bellabaci Color Cards
- Bellabaci Retail Genie Variants or Display unit
  - Bellabaci Hello Body Mechanic Genie, 4 fl. oz. (N3631)
  - Bellabaci Cellulite Be Gone Genie, 4 fl. oz. (N3632)
  - Bellabaci Skin Get a Life Genie, 4 fl. oz. (N3633)
  - Bellabaci Circuflow Genie, 4 fl. oz. (N3634)
  - Bellabaci Stress No More Genie, 4 fl. oz. (N3636)
  - Bellabaci Bye Bye Belly Blues Genie, 4 fl. oz. (N3635)



# Bellabaci Chroma Therapy



## Skin Get a Life Genie

Pink is the color of self-love. People who are struggling with dealing with the effects of aging will be attracted to this color. Aging can be a very difficult transition for many, from seeing more wrinkles in the mirror to feeling more fragile. The aromatherapy blend in this Genie also helps with positive emotions as well as treating the visible signs of aging. This Genie can be used on the face and body to assist with wrinkles, stretch marks, dry skin, and scars.



## Hello Body Mechanic Genie

Blue is the color of trust. People who are in pain will be attracted to this color as they need to trust us to help them feel better. If you look at the clothes, logos, etc that people in the medical field use (doctors, nurses, dentists) it will always be blue. Blue also has a calming effect on emotions as well as a cooling effect which is necessary for inflammation. This Genie is a great choice as a scalp massage for those suffering from headaches and migraines.



## CircuFlow Genie

Purple is the color for energizing the mind and body. Those who are experiencing problems with varicose and spider veins, hormonal imbalances, poor lymphatic drainage and circulation, tiredness, and mental fatigue will be attracted to this Genie. The ingredients used to formulate this Genie were chosen for their exceptional "life-giving" and balancing properties and can also be used in areas of hair loss due to thyroid and poor circulation issues. This Genie can be used on the body and face for radiance, oxygen replenishment, eye bags, and puffy skin.



## Cellulite Be Gone Genie

Green is the color of health and wellness. People who are interested in becoming healthy as well as slimming will be attracted to this color. Green is also the color of healthy plants and trees and instills a feeling of wellness in us when we are surrounded by lush forestation, which gives us fresh oxygen and life. This Genie is also a great choice for those who suffer from acidic-driven issues such as arthritis, poor immune function, gout, and rheumatism.



## Bye Bye Belly Blues Genie

Orange is the color of abdominal wellness. People who are experiencing issues such as IBS, bloating, spastic colon, menstrual pain, dietary intolerances such as gluten and lactic acid, and digestion will be attracted to this Genie. The ingredients in this Genie are also formulated for the skin on the abdomen where we experience "wear and tear" from growth spurts, weight gain, and pregnancy to assist with skin resilience and tonicity. This Genie offers exceptional fast-acting pain relief and can also be used on the lower back for menstrual-related pain.



## Stress No More Genie

Yellow is the color of positivity and upliftment. Clients who are concerned with stress, insomnia, nervous tension, chronic fatigue, and depression will be attracted to this Genie. It is best applied to the solar plexus (there where you feel the butterflies in the stomach sensation) to balance the adrenal glands, as well as to the back of the neck, and as a scalp-massage treatment to assist with serotonin production. This oil is also a great choice to use during reflexology to relieve nerve tension, helping to locate crystals in the feet. This Genie can also be used for the face and body for fragile and dehydrated skin, as stress is one of the leading causes of dehydration.



# Treatment Protocol



1

## CLIENT CHECK IN

The client will check in at reception as normal. The Chroma and Aroma selection can be done during the consultation with the therapist or if available the spa concierge or receptionist can guide the client through the selection therapy.



2

## CHROMA SELECTION THERAPY

The client will need to have a clear view of all 6 of the Genie variants/colors in front of them, whether it be the color cards or the 6 Genies on display. Using periphery vision, the client should choose the color that appears most vibrant. The color that stands out to them the most.



3

## AROMA SELECTION THERAPY

Should the client choose 2 colors, then the chosen Genie is detected via smell.

Use 1 small pump and allow the client to smell each Wellness Genie individually and choose the one that smells the best to them.

Should the client only select 1 color she may also smell it.



4

## INHALATION & PRESSURE POINT

Once Chroma and Aroma Selection Therapy has been completed the treatment may follow starting with inhalation and pressure point therapy.

Apply 2 drops of the chosen Bellabaci Professional Pure Essential Complex on the hands. Place hands under/over the client's face in the face cradle. Encourage the client to take in slow deep breaths. Then apply on the treatment area using intentional hand placements/pressures on the exhale of the client.



5

## PERFORM TREATMENT

Perform Bellabaci treatment by following the treatment protocol for the specific treatment the client has chosen.