



THIS TREATMENT OFFERS

- Low product usage means excellent profit margins per treatment:
 - Face Treatment 2.5g = 200 treatments from 500g Jar
 - Decollete Treatment 1g = 500 treatments from 500g Jar
- No costly equipment, maintenance, or consumables required
- Can be offered as a stand-alone facial or treatment upgrade
- Creates opportunities for home care retail sales
- Encourages repeat bookings through cumulative results
- Suitable for all skin types, increasing treatment suitability
- Minimal setup time and training required
- Excellent treatment-to-profit ratio

CLIENT BENEFITS

Clients love this treatment because it:

- Delivers visible post-treatment glow
- Helps reduce facial puffiness
- Encourages relaxation and stress relief
- Supports healthy-looking skin
- Provides a natural alternative to more invasive treatments
- Leaves the skin feeling refreshed and rejuvenated
- May soften the appearance of fine lines with regular use
- Can help contour and sculpt the appearance of the face
- Helps promote lymphatic drainage and reduce puffiness
- Supports circulation for a healthy, radiant glow
- Assists in relieving facial tension and jaw tightness
- Encourages relaxation and stress relief
- Helps improve the appearance of skin tone and texture

IDEAL FOR CLIENTS WITH:

Facial puffiness

Stress and jaw tension

Dull or tired-looking skin

Mature skin concerns

Wellness-focused lifestyles

Clients seeking natural anti-ageing support

Clients wanting non-invasive facial rejuvenation

PROFESSIONAL PRODUCTS NEEDED

- Bellabaci Genie Professional Wellness Balm of choice
- Bellabaci Rose Quartz Face Gua Sha
- Optional:
 - Bellabaci Squeaky Clean Cleanser
 - Bellabaci Super Smooth Polish
 - Bellabaci Genie Crème of choice

RETAIL OPPORTUNITIES

To enhance and maintain results between treatments, recommend:

- Bellabaci Facial Gua Sha
- Recommended Bellabaci Genie
- Bellabaci Facial 3-Step Ritual
- Recommended Bellabaci Genie Crème
- Bellabaci Squeaky Clean Cleanser
- Bellabaci Super Smooth Polish
- Bellabaci Sunkissed SPF

Encourage clients to continue daily lymphatic drainage and skin wellness rituals at home for longer-lasting results.

CONTRAINDICATED FOR INDIVIDUALS WITH:

- Severe diseases
- Blood disorders or those taking blood thinners
- Serious communicable diseases
- Frail elderly persons
- Chronic cortisone users
- Broken bones (avoid the area)
- Dislocations (avoid the area)
- Recent surgical incisions (avoid the area)
- Open wounds or scratches (avoid the area)

AVOID SCRAPING OVER:

- Moles
- Pimples
- Skin irregularities
- Avoid performing Gua Sha on affected areas during:
 - Acute stages of Psoriasis, Eczema, or Rosacea
 - Outbreaks of Urticaria (Hives), Herpes, or Shingles

SAMPLE MENU DESCRIPTION:

A luxurious sculpting and lymphatic drainage facial that instantly leaves skin looking fresher, brighter and more defined. Using specialised Gua Sha techniques, this treatment helps reduce puffiness, release facial tension, improve circulation and promote a naturally radiant glow while providing a deeply relaxing wellness experience.

SUGGESTED SERVICE MENU

Treatment	Suggested Time
Express Gua Sha Facial Add-On	10 min
Signature Bellabaci Gua Sha Facial	60 min
Facial Cupping & Gua Sha Combination	75 min

TREATMENT ADD-ON IDEAS

- Luxury Gua Sha Facial Upgrade - Add Pure Essential Complex for enhanced relaxation and aromatherapy benefits.
- Sculpt & Glow Facial - Combine facial cupping and Gua Sha in one treatment.
- Lymphatic Drainage Facial - Focus on de-puffing and fluid movement using both facial cups and Gua Sha.
- Ultimate Facial Rejuvenation Ritual - Combine all aspects below for the ultimate facial rejuvenation

EXPECTED RESULTS

Immediately:

- Skin appears more radiant
- Reduced puffiness
- Improved relaxation

With regular treatments:

- Improved skin vitality
- Enhanced facial contours
- Softer appearance of fine lines
- Ongoing lymphatic support

ENHANCE RESULTS WITH FACIAL CUPS

Before the Gua Sha sequence:

- Use Bellabaci Facial Cups to stimulate circulation
- Encourage lymphatic drainage
- Prepare tissue for Gua Sha sculpting

Follow with Gua Sha to:

- Further contour the face
- Release muscle tension
- Enhance relaxation

GUA SHA APPLICATION**Step 1**

Perform a consultation to determine the client's concerns and ensure they are not contraindicated for the service.

Step 2

Remove makeup with the Deep Cleanse-Pro Facial Mitt. Dampen the mitt with lukewarm water and gently wipe off traces of makeup, including mascara. Rinse the mitt with water.

Step 3 - OPTIONAL

Cleanse the skin with the Squeaky Clean Facial Cleanser. Wet fingertips and use circular movements. Add water as needed. Remove using a lukewarm Deep Cleanse-Pro Facial Mitt. Rinse the mitt with water.

Step 4 - Optional

Exfoliate the skin with the Super Smooth Face Powder Exfoliator. Add half a teaspoon of the powder to your hand and mix with water to create a fizzy paste. The more sensitive the skin, the more water should be added to reduce the exfoliation intensity. Male or rough-textured skin may prefer less water for deeper exfoliation. Do not use on open lesions, pustules, or inflamed skin.

DECOLLETE GUA SHA APPLICATION**Step 5 - Optional - Pure Essential Complex Application**

Apply 2 drops of the chosen Bellabaci Professional Pure Essential Complex to your hands. Apply the blend onto the decollete and face using intentional hand placements.

Step 6 - Balm Application and Hand Effleurage

Apply Oleo-balm with a Hand effleurage. Perform full facial effleurage using hands only, including the decollete, repeat x3.

Step 7 - Circle

Perform circular movements using soft pressure with fingertips to open lymph on the decollette next to the arm area, moving slightly inwards and upwards to the collarbone, ending below the ears.

Step 8 - Arm Knuckling

Knuckle on the arms and slide into the neck with your hands, ending by turning the client's neck to one side.

Step 9 - Neck Knuckling

Perform knuckling on the neck and shoulder area.

Step 10 - Shoulder Strokes

Ensure you hold your Gua Sha at a slant to the side or an approximately 45-degree angle and with a light to medium pressure. Perform shoulder strokes with the rounded side of the Gua Sha, sliding from the shoulder towards the occipital hollow. Apply slight pressure and wiggle once here.

Step 11 - Repeat steps 9 and 10 on the opposite side**Step 12 - Hand Effleurage**

Perform full facial effleurage using hands only, repeat x3.

FACIAL GUA SHA APPLICATION

Step 13 - Third Eye Drain

Drain the third eye, starting between the brows and moving towards the hairline. Repeat x 3.

Step 14 - Forehead Drain

Drain the forehead from the brows moving toward the hairline. Repeat x 3.

Step 15 - Forehead Midline Drain

Drain the left brow, starting at the midline outwards, following the lymphatic pathways. Repeat x 3.

Step 16 - Under Eye Drain

Drain under the left eye, starting at the midline outwards, following the lymphatic pathways. Repeat x 3.

Step 17 - Nose Drain

Drain the nose by gliding the Gua Sha stone from the nose down and outwards to the nostrils. Repeat x 3.

Step 18 - Cheek Drain

Drain the left cheek, starting at the midline outwards, following the lymphatic pathways. Repeat x 3.

Step 19 - Lip Drain

Drain above and below the lips from the midline towards the lower ear using the heart shape. Repeat x 3.

Step 20 - Jaw Drain

Slide from the midline from the chin on the jawline towards the TMJ and wiggle slightly using the heart-shaped side. Repeat x 3.

Step 21 - Neck Drain

Drain the left neck, starting at the midline outwards, following the lymphatic pathways. Repeat x 3.

Step 22 - Lymph Clearing

Slide from the ear down into the neck and decollete towards larger lymph nodes. Repeat x 3.

Step 23 - Repeat steps 3- 11 on the opposite side of the face.

Step 24 - Hand Effleurage

Perform full facial effleurage using hands only, repeat x3.

Step 25 - Side Strokes

Stroke the side of the face with your hands, gliding towards the temples on each side of the face, alternating.

Step 26 - Thumb Pressure

Use alternating thumbs to drain from the brows to the hairline, followed by thumb pressure points starting between the brows and moving to the hairline.

Step 27 - Remove massage Balm if needed with a warm compress. Apply Sunkissed sunscreen.

COMPLETING THE TREATMENT

Place the robe and slippers by the side of the table so the client can slip into them before they exit. Thank your client and ask how they feel after their treatment. Offer the chosen home care for your client as a retail option and provide home care advice.