

# Yoga Balm

## Safety Data Sheet

according to Federal Register / Vol. 77, No. 58 / Monday, March 26, 2012 / Rules and Regulations  
Revision Date: 03/12/2014 Date of issue: 03/12/2014

Version: 1.0

### SECTION 1: IDENTIFICATION

#### 1.1. Product Identifier

**Product Form:** Mixture

**Product Name:** Yoga Balm

**Synonyms:** YB, YB liquid

#### 1.2. Intended Use of the Product

**Use of the substance/mixture:** On body as massage spot treatment.

#### 1.3. Name, Address, and Telephone of the Responsible Party

**Company:**

Yoga Balm, LLC

2809 Grand Bay Court

Navarre, FL 32566

[www.yogabalm.org](http://www.yogabalm.org)

[yogabalm@earthlink.net](mailto:yogabalm@earthlink.net)

#### 1.4. Emergency Telephone Number

**Emergency Number** : (850) 281-1212

### SECTION 2: HAZARDS IDENTIFICATION

#### 2.1. Classification of the Substance or Mixture

**Classification (GHS-US)**

Skin Irrit. 2 H315

Skin Sens. 1 H317

Asp. Tox. 1 H304

Aquatic Chronic 2 H411

#### 2.2. Label Elements

**GHS-US Labeling**

**Hazard Pictograms (GHS-US)**



**Signal Word (GHS-US)**

: Danger

**Hazard Statements (GHS-US)**

: H304 - May be fatal if swallowed and enters airways  
H315 - Causes skin irritation  
H317 - May cause an allergic skin reaction  
H411 - Toxic to aquatic life with long lasting effects

**Precautionary Statements (GHS-US)**

: P261 - Avoid breathing fume, vapors  
P264 - Wash hands, forearms, and exposed areas thoroughly after handling  
P272 - Contaminated work clothing should not be allowed out of the workplace  
P273 - Avoid release to the environment  
P280 - Wear protective clothing, eye protection, protective gloves  
P301+P310 - IF SWALLOWED: Immediately call a POISON CENTER or doctor/physician  
P302+P352 - IF ON SKIN: Wash with plenty of soap and water  
P321 - Specific treatment (see Section 4)  
P331 - If swallowed, do NOT induce vomiting  
P332+P313 - If skin irritation occurs: Get medical advice/attention  
P333+P313 - If skin irritation or rash occurs: Get medical advice/attention  
P362 - Take off contaminated clothing and wash before reuse  
P362+P364 - Take off contaminated clothing and wash it before reuse  
P391 - Collect spillage  
P405 - Store locked up  
P501 - Dispose of contents/container to local, regional, national, and international regulations

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### 2.3. Other Hazards

**Other Hazards Not Contributing to the Classification:** Exposure may aggravate those with pre-existing eye, skin, or respiratory conditions.

### 2.4. Unknown Acute Toxicity (GHS-US)

No data available

## SECTION 3: COMPOSITION/INFORMATION ON INGREDIENTS

### 3.1. Substance

Not applicable

Full text of H-phrases: see section 16

### 3.2. Mixture

Name	Product identifier	%	Classification (GHS-US)
Organic Olive Oil	(CAS No) 8001-25-0	10-50	Not classified
Ethical Beeswax	(CAS No) 8006-40-4	10-50	Not classified
Yakima Peppermint	(CAS No) 8006-90-4	10-50	Skin Irrit. 2, H315 Skin Sens. 1A, H317 Aquatic Chronic 2, H411
Organic Hempseed	(CAS No) 8016-24-8	10-50	Not classified
Wild Frankincense	(CAS No) 8016-36-2	1-40	Flam. Liq. 3, H226 Skin Irrit. 2, H315 Skin Sens. 1, H317 Asp. Tox. 1, H304 Aquatic Chronic 2, H411
Organic Plantain	(CAS No) 84929-43-1	1-40	Not classified
Organic St.-John's-Wort	(CAS No) 84082-80-4	1-40	Not classified

Full text of H-phrases: see section 16

## SECTION 4: FIRST AID MEASURES

### 4.1. Description of First Aid Measures

**First-aid Measures General:** Never give anything by mouth to an unconscious person. If you feel unwell, seek medical advice (show the label if possible).

**First-aid Measures After Inhalation:** Remove to fresh air and keep at rest in a position comfortable for breathing. Obtain medical attention if breathing difficulty persists.

**First-aid Measures After Skin Contact:** Rinse immediately with plenty of water. Obtain medical attention if irritation develops or persists.

**First-aid Measures After Eye Contact:** Rinse cautiously with water for at least 15 minutes. Remove contact lenses, if present and easy to do. Continue rinsing. Obtain medical attention.

**First-aid Measures After Ingestion:** Do NOT induce vomiting. Rinse mouth. Immediately call a POISON CENTER or doctor/physician.

### 4.2. Most important symptoms and effects, both acute and delayed

**Symptoms/Injuries:** Causes skin irritation. May cause an allergic skin reaction. May be fatal if swallowed and enters airways.

**Symptoms/Injuries After Skin Contact:** Causes skin irritation. May cause an allergic skin reaction.

**Symptoms/Injuries After Eye Contact:** May cause eye irritation.

**Symptoms/Injuries After Ingestion:** May be fatal if swallowed and enters airways.

**Chronic Symptoms:** None expected under normal conditions of use.

### 4.3. Indication of Any Immediate Medical Attention and Special Treatment Needed

If you feel unwell, seek medical advice (show the label where possible).

## SECTION 5: FIRE-FIGHTING MEASURES

### 5.1. Extinguishing Media

**Suitable Extinguishing Media:** Use extinguishing media appropriate for surrounding fire.

**Unsuitable Extinguishing Media:** Do not use a heavy water stream. Use of heavy stream of water may spread fire.

### 5.2. Special Hazards Arising From the Substance or Mixture

**Fire Hazard:** Not considered flammable but may burn at high temperatures.

**Explosion Hazard:** Product is not explosive.

**Reactivity:** Hazardous reactions will not occur under normal conditions.

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### 5.3. Advice for Firefighters

**Precautionary Measures Fire:** Exercise caution when fighting any chemical fire.

**Firefighting Instructions:** Use water spray or fog for cooling exposed containers.

**Protection During Firefighting:** Do not enter fire area without proper protective equipment, including respiratory protection.

**Other information:** Refer to Section 9 for flammability properties.

## SECTION 6: ACCIDENTAL RELEASE MEASURES

### 6.1. Personal Precautions, Protective Equipment and Emergency Procedures

**General Measures:** Avoid all contact with skin, eyes, or clothing. Avoid breathing (dust, fume).

#### 6.1.1. For Non-emergency Personnel

**Protective Equipment:** Use appropriate personal protection equipment (PPE).

**Emergency Procedures:** Evacuate unnecessary personnel.

#### 6.1.2. For Emergency Responders

**Protective Equipment:** Equip cleanup crew with proper protection.

**Emergency Procedures:** Stop leak if safe to do so. Eliminate ignition sources. Ventilate area.

### 6.2. Environmental Precautions

Prevent entry to sewers and public waters. Notify authorities if liquid enters sewers or public waters. Dangerous due to potential toxicity for the environment.

### 6.3. Methods and Material for Containment and Cleaning Up

**For Containment:** Contain any spills with dikes or absorbents to prevent migration and entry into sewers or streams.

**Methods for Cleaning Up:** Clear up spills immediately and dispose of waste safely. Spills should be contained with mechanical barriers. Transfer spilled material to a suitable container for disposal. Contact competent authorities after a spill.

### 6.4. Reference to Other Sections

See Heading 8. Exposure controls and personal protection.

## SECTION 7: HANDLING AND STORAGE

### 7.1. Precautions for Safe Handling

**Hygiene Measures:** Handle in accordance with good industrial hygiene and safety procedures. Wash hands and other exposed areas with mild soap and water before eating, drinking or smoking and when leaving work.

### 7.2. Conditions for Safe Storage, Including Any Incompatibilities

**Technical Measures:** Comply with applicable regulations.

**Storage Conditions:** Store in a dry, cool and well-ventilated place. Keep container closed when not in use. Keep/Store away from direct sunlight, extremely high or low temperatures and incompatible materials.

**Incompatible Products:** Strong acids. Strong bases. Strong oxidizers.

### 7.3. Specific End Use(s)

On body as massage spot treatment.

## SECTION 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

### 8.1. Control Parameters

No Occupational Exposure Limits (OELs) have been established for this product or its chemical components.

### 8.2. Exposure Controls

**Appropriate Engineering Controls** : Ensure adequate ventilation, especially in confined areas. Ensure all national/local regulations are observed.

**Personal Protective Equipment** : Protective goggles. Gloves. Protective clothing.



**Materials for Protective Clothing** : Chemically resistant materials and fabrics.

**Hand Protection** : Wear chemically resistant protective gloves.

**Eye Protection** : Chemical goggles or safety glasses.

**Skin and Body Protection** : Use chemically protective clothing.

**Respiratory Protection** : Use a NIOSH-approved respirator or self-contained breathing apparatus whenever exposure may exceed established Occupational Exposure Limits.

**Environmental Exposure Controls** : Do not allow the product to be released into the environment.

**Consumer Exposure Controls** : Do not eat, drink or smoke during use.

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### SECTION 9: PHYSICAL AND CHEMICAL PROPERTIES

#### 9.1. Information on Basic Physical and Chemical Properties

Physical State	: Solid
Appearance	: Green
Odor	: No data available
Odor Threshold	: No data available
pH	: No data available
Relative Evaporation Rate (butylacetate=1)	: No data available
Melting Point	: No data available
Freezing Point	: No data available
Boiling Point	: No data available
Flash Point	: No data available
Auto-ignition Temperature	: No data available
Decomposition Temperature	: No data available
Flammability (solid, gas)	: No data available
Vapor Pressure	: No data available
Relative Vapor Density at 20 °C	: No data available
Relative Density	: No data available
Specific Gravity	: No data available
Solubility	: No data available
Partition coefficient: n-octanol/water	: No data available
Viscosity	: No data available

#### 9.2. Other Information No additional information available

### SECTION 10: STABILITY AND REACTIVITY

- 10.1 Reactivity:** Hazardous reactions will not occur under normal conditions.
- 10.2 Chemical Stability:** Stable under recommended handling and storage conditions (see section 7).
- 10.3 Possibility of Hazardous Reactions:** Hazardous polymerization will not occur.
- 10.4 Conditions to Avoid:** Direct sunlight. Extremely high or low temperatures. Ignition sources. Incompatible materials.
- 10.5 Incompatible Materials:** Strong acids. Strong bases. Strong oxidizers.
- 10.6 Hazardous Decomposition Products:** Carbon oxides (CO, CO<sub>2</sub>).

### SECTION 11: TOXICOLOGICAL INFORMATION

#### 11.1. Information On Toxicological Effects

**Acute Toxicity:** Not classified

<b>Yakima Peppermint (8006-90-4)</b>	
<b>LD50 Oral Rat</b>	2426 mg/kg

**Skin Corrosion/Irritation:** Causes skin irritation.

**Serious Eye Damage/Irritation:** Not classified

**Respiratory or Skin Sensitization:** May cause an allergic skin reaction.

**Germ Cell Mutagenicity:** Not classified

**Carcinogenicity:** Not classified

**Reproductive Toxicity:** Not classified

**Specific Target Organ Toxicity (Single Exposure):** Not classified

**Specific Target Organ Toxicity (Repeated Exposure):** Not classified

**Aspiration Hazard:** May be fatal if swallowed and enters airways.

**Symptoms/Injuries After Skin Contact:** Causes skin irritation. May cause an allergic skin reaction.

**Symptoms/Injuries After Eye Contact:** May cause eye irritation.

**Symptoms/Injuries After Ingestion:** May be fatal if swallowed and enters airways.

**Chronic Symptoms:** None expected under normal conditions of use.

### SECTION 12: ECOLOGICAL INFORMATION

#### 12.1. Toxicity

**Ecology - General** : Toxic to aquatic life with long lasting effects.

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**12.2. Persistence and Degradability** No additional information available

**12.3. Bioaccumulative Potential** No additional information available

**12.4. Mobility in Soil** No additional information available

**12.5. Other Adverse Effects**

**Other Information** : Avoid release to the environment.

### SECTION 13: DISPOSAL CONSIDERATIONS

**13.1. Waste treatment methods**

**Waste Disposal Recommendations:** Dispose of waste material in accordance with all local, regional, national, and international regulations.

**Ecology – Waste Materials:** Avoid release to the environment.

### SECTION 14: TRANSPORT INFORMATION

**14.1 In Accordance with DOT** Not regulated for transport

**14.2 In Accordance with IMDG** Not regulated for transport

**14.3 In Accordance with IATA** Not regulated for transport

### SECTION 15: REGULATORY INFORMATION

**15.1 US Federal Regulations**

**Organic Olive Oil (8001-25-0)**

Listed on the United States TSCA (Toxic Substances Control Act) inventory

**Wild Frankincense (8016-36-2)**

Listed on the United States TSCA (Toxic Substances Control Act) inventory

**Yakima Peppermint (8006-90-4)**

Listed on the United States TSCA (Toxic Substances Control Act) inventory

**15.2 US State Regulations** Neither this product nor its chemical components appear on any US state lists.

### SECTION 16: OTHER INFORMATION, INCLUDING DATE OF PREPARATION OR LAST REVISION

**Revision date** : 03/12/2014

**Other Information** : This document has been prepared in accordance with the SDS requirements of the OSHA Hazard Communication Standard 29 CFR 1910.1200.

**GHS Full Text Phrases:**

Aquatic Chronic 2	Hazardous to the aquatic environment - Chronic Hazard Category 2
Asp. Tox. 1	Aspiration hazard Category 1
Flam. Liq. 3	Flammable liquids Category 3
Skin Irrit. 2	Skin corrosion/irritation Category 2
Skin Sens. 1	Skin sensitization Category 1
Skin Sens. 1A	Skin sensitization Category 1A
H226	Flammable liquid and vapor
H304	May be fatal if swallowed and enters airways
H315	Causes skin irritation
H317	May cause an allergic skin reaction
H411	Toxic to aquatic life with long lasting effects

*This information is based on our current knowledge and is intended to describe the product for the purposes of health, safety and environmental requirements only. It should not therefore be construed as guaranteeing any specific property of the product.*

SDS US (GHS HazCom)