

# Pure-ssage Essential Massage Lotion

## 1 PRODUCT & COMPANY IDENTIFICATION

<b>Product Name:</b>	Puressage Essential Massage Lotion	<b>Distributor:</b>	A Wholesome Glow
<b>Product Use:</b>	Cosmetic use	<b>Address:</b>	1020 County Route 28 Lisbon, NY. 13658
<b>INCL Name:</b>	Purified Water, Expeller Pressed Canola Oil (non-GMO), Caprylic/Capric Triglyceride, Stearic Acid, Glycerin, EComulse, Neodefend, Expeller Pressed Sesame Seed Oil, Grape Seed Oil, Cold Pressed Organic Flaxseed Oil, Organic Soy Lecithin, Cold Pressed Organic Jojoba Oil, Sodium Citrate, Evening Primrose Oil, Arnica Extract, Cat's Claw Extract, Tocopherol (Vitamin E), Retinyl Palmitate (Vitamin A), Cholecalciferol (Vitamin D3)	<b>Phone:</b>	315-854-0072
		<b>Fax:</b>	N/A
		<b>Web:</b>	<a href="http://www.awholesomeglow.com">www.awholesomeglow.com</a>

## 2 HAZARDS IDENTIFICATION

<b>GHS Classification:</b>	Not a hazardous substance or mixture.
<b>GHS Labeling:</b>	Precautionary Statements: <b>Response:</b> Get medical advice/attention if you feel unwell. <b>Storage:</b> Store in accordance with local regulations.
<b>GHS Hazard Pictograms:</b>	None
<b>GHS Hazard Statements:</b>	None
<b>GHS Precautionary Statements:</b>	None
<b>Potential Health Hazards:</b>	<u>Eyes:</u> Not expected to be irritant. <u>Inhalation:</u> Not expected to be irritant. <u>Skin:</u> Not irritant. <u>Ingestion:</u> No data available.

**NFPA Ratings (704):**

HEALTH	0	Minimal
FLAMABILITY	0	Minimal
PHYSICAL HAZARD	0	Minimal

**Specific Hazard** N/A

- 0 = not significant
- 1 = Slight
- 2 = Moderate
- 3 = High
- 4 = Extreme

**Other hazards:** None known.

### 3 COMPOSITION/INFORMATION ON INGREDIENTS

<b>Purified Water</b>	30-70%
<b>Expeller Pressed Canola Oil (non-GMO)</b>	1-10%
<b>Caprylic/Capric Triglyceride</b>	1-10%
<b>Glycerin</b>	1-10%
<b>Stearic Acid</b>	1-10%
<b>EcoMulse</b>	1-10%
<b>Neodefend</b>	1-10%
<b>Expeller Pressed Sesame Seed Oil</b>	0.5-5%
<b>Grape Seed Oil</b>	0.5-5%
<b>Cold Pressed Organic Flaxseed Oil,</b>	0.5-5%
<b>Organic Soy Lecithin</b>	0.5-5%
<b>Cold Pressed Organic Jojoba Oil</b>	0.5-5%
<b>Sodium Citrate</b>	0.5-5%
<b>Evening Primrose Oil</b>	0.5-5%
<b>Arnica Extract</b>	0.5-5%
<b>Cat's Claw Extract</b>	0.5-5%
<b>Tocopherol (Vitamin E)</b>	0.5-5%
<b>Retinyl Palmitate (Vitamin A)</b>	0.5-5%
<b>Cholecalciferol (Vitamin D3)</b>	0.5-5%

### 4 FIRST AID MEASURES

- Eyes:** Irrigate eyes with a heavy stream of water for at least 15 to 20 minutes. Seek medical attention if symptoms occur.
- Inhalation:** Remove to fresh air. Seek medical attention if symptoms occur.
- Skin:** Wash skin with soap and water. Seek medical attention if symptoms occur.
- Ingestion:** Wash out mouth with water and seek medical attention if symptoms occur.

### 5 FIRE-FIGHTING MEASURES

- Suitable (and unsuitable) extinguishing media:** Use extinguishing measures that are appropriate to local circumstances and the surrounding environment.
- Specific hazards during fire fighting:** Not flammable or combustible.
- Hazardous combustion products:** Carbon oxides
- Specific protective equipment for fire-fighters:** Use personal protective equipment.
- Specific extinguishing methods:** Fire residues and contaminated fire extinguishing water must be disposed of in accordance with local regulations.

## 6 ACCIDENTAL RELEASE MEASURES

<b>Personal precautions, protective equipment:</b>	See section 8 for recommendations on the use of personal protective equipment.
<b>Environmental precautions:</b>	Dispose of waste according to local regulations. Do not discharge into drains, surface waters or groundwater.
<b>Methods and material for containment and cleaning up:</b>	Clean up spill/leak with absorbent inert material (sand, sawdust, etc) then place in container for disposal. Wash spill site after material pickup is complete. Flush away traces with water.

## 7 HANDLING & STORAGE

<b>Precautions for safe handling:</b>	Handle in accordance with good industrial hygiene and safety practices.
<b>Conditions for safe storage, incl. any incompatibilities:</b>	Store in accordance with federal state and local regulations. Store in a cool dry well ventilated area. Do not store together with oxidizing agents.

## 8 EXPOSURE CONTROLS / PERSONAL PROTECTION

<b>Exposure Controls:</b>	No data available.
<b>Personal Protections:</b>	
<b>Eyes:</b>	No specific protection needed.
<b>Inhalation:</b>	No specific protection needed.
<b>Body:</b>	No specific protection needed.
<b>Other:</b>	Handle in accordance with good industrial hygiene and safety practice. Wash hands before breaks and immediately after handling the product.

## 9 PHYSICAL AND CHEMICAL PROPERTIES

<b>Appearance, Physical State:</b>	Cream	<b>Vapor Pressure:</b>	Not available
<b>Odor:</b>	Characteristic low odor	<b>Vapor Density:</b>	Not available
<b>Taste:</b>	Not available	<b>Evaporation Rate:</b>	Not available
<b>Color:</b>	White to Light Yellow	<b>Flammability:</b>	Not available
<b>Molecular Weight:</b>	Not available	<b>Upper/lower Explosive Limit:</b>	Not available
<b>pH</b>	5.0 - 5.5	<b>Solubility:</b>	Insoluble in Water
<b>Boiling Point:</b>	Not available.	<b>Flash Point:</b>	Not applicable. Does not sustain combustion.
<b>Melting Point:</b>	Not available.	<b>Specific Gravity:</b>	Not available

## 10 STABILITY AND REACTIVITY

<b>Reactivity:</b>	Stable under normal conditions.
<b>Chemical Stability:</b>	Stable under normal conditions.
<b>Hazardous Decomposition Products:</b>	No dangerous reaction known under conditions of normal use.
<b>Conditions to Avoid:</b>	Data not available.
<b>Incompatible Materials:</b>	Oxidizing agents, reducing agents, strong acids, bases.

## 11 TOXICOLOGICAL INFORMATION

<b>Acute Toxicity:</b>	Health injuries are not known or expected under normal use.
<b>Skin:</b>	Health injuries are not known or expected under normal use.
<b>Eyes:</b>	Health injuries are not known or expected under normal use.
<b>Respiratory:</b>	Health injuries are not known or expected under normal use.
<b>Ingestion:</b>	No symptoms known or expected.
<b>Carcinogenicity:</b>	No data available.
<b>Teratogenicity:</b>	No data available.
<b>Germ Cell Mutagenicity:</b>	No data available.
<b>Embryotoxicity:</b>	No data available.
<b>Specific Target Organ Toxicity:</b>	No data available.
<b>Reproductive Toxicity:</b>	No data available.
<b>Respiratory/Skin Sensitization:</b>	No data available.

## 12 ECOLOGICAL INFORMATION

<b>Ecotoxicity:</b>	This product has no known ecotoxicological effects.
<b>Persistence and Degradability:</b>	No data available.
<b>Bioaccumulative Potential:</b>	No data available.
<b>Mobility in Soil:</b>	No data available.
<b>PBT and vPvB Assessment:</b>	No data available.
<b>Other Adverse Effects:</b>	No data available.

## 13 DISPOSAL CONSIDERATIONS

<b>Waste Residues:</b>	Users should review their operations in terms of the applicable federal/national or local regulations and consult with appropriate regulatory agencies if necessary before disposing of waste product.
<b>Disposal Methods:</b>	Users should review their operations in terms of the applicable federal/national or local regulations and consult with appropriate regulatory agencies if necessary before disposing of waste product container. Where possible recycling is preferred to disposal or incineration. If recycling is not practicable, dispose of in compliance with local regulations. Dispose of wastes in an approved waste disposal facility.
<b>Disposal considerations:</b>	Dispose of as unused product. Empty containers should be taken to an approved waste handling site for recycling or disposal. Do not reuse empty containers.

The information in section 13 is for the product as shipped. Use and/or alterations to the product may change the characteristics of the material and alter the waste classification and proper disposal methods.

## 14 TRANSPORT INFORMATION

The shipper/consignor/sender is responsible to ensure that the packaging, labeling and markings are in compliance with the selected mode of transport (Land, Air and Sea Transport):

<b>DOT (Dept. of Transportation, USA):</b>	Not regulated - Not Dangerous Goods
<b>TDG (Transportation of Dangerous Goods, Canada):</b>	Not regulated - Not Dangerous Goods
<b>IMDG (International Maritime Dangerous Goods):</b>	Not regulated - Not Dangerous Goods
<b>IATA (International Air Transport Association):</b>	Not regulated - Not Dangerous Goods
<b>ICAO (International Civil Aviation Organization):</b>	Not regulated - Not Dangerous Goods

## 15 REGULATORY INFORMATION

<b>TSCA Inventory Status:</b>	No data available
<b>DSCL (EEC):</b>	This product is not classified according to the EU regulations. Not applicable.
<b>WHMIS (Canada):</b>	Not controlled under WHMIS (Canada)
<b>CERCLA Reportable Quantity:</b>	This material does not contain any components with a CERCLA RQ.
<b>SARA 304 Extremely Hazardous Substances Reportable Quantity:</b>	This material does not contain any components with a section 304 EHS RQ.
<b>SARA 311/312 Hazards:</b>	No SARA Hazards.
<b>SARA 302</b>	No chemicals in this material are subject to the reporting requirements of SARA Title III, Section 302.
<b>SARA 313</b>	This material does not contain any chemical components with known CAS numbers that exceed the threshold (de Minimis) reporting levels established by SARA Title III, Section 313.

## 16 OTHER INFORMATION

<b>Issuing Date:</b>	01-03-2024
<b>Revision Date:</b>	N/A
<b>Compliance:</b>	This document has been prepared in accordance with the SDS requirements of the OSHA Hazard Communication Standard 29 CFR 1910.1200.
<b>Disclaimer:</b>	The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. This information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any other process, unless specified in the text.

# Pure-ssage Essential Massage Cream

## 1 PRODUCT & COMPANY IDENTIFICATION

<b>Product Name:</b>	Pure-ssage Essential Massage Cream	<b>Distributor:</b>	A Wholesome Glow
<b>Product Use:</b>	Cosmetic use	<b>Address:</b>	1020 County Route 28 Lisbon, NY. 13658
<b>INCL Name:</b>	Purified Water, Caprylic/Capric Triglyceride, Grape Seed Oil, Stearic Acid, ECOMulse, Neodefend, Expeller Pressed Sesame Seed Oil, Cold Pressed Organic Jojoba Oil, Glycerin, Sodium Citrate, Tocopherol (Vitamin E)	<b>Phone:</b>	315-854-0072
		<b>Fax:</b>	N/A
		<b>Web:</b>	<a href="http://www.awholesomeglow.com">www.awholesomeglow.com</a>

## 2 HAZARDS IDENTIFICATION

<b>GHS Classification:</b>	Not a hazardous substance or mixture.
<b>GHS Labeling:</b>	Precautionary Statements: <b>Response:</b> Get medical advice/attention if you feel unwell. <b>Storage:</b> Store in accordance with local regulations.
<b>GHS Hazard Pictograms:</b>	None
<b>GHS Hazard Statements:</b>	None
<b>GHS Precautionary Statements:</b>	None
<b>Potential Health Hazards:</b>	<u>Eyes:</u> Not expected to be irritant. <u>Inhalation:</u> Not expected to be irritant. <u>Skin:</u> Not irritant. <u>Ingestion:</u> No data available.

<b>NFPA Ratings (704):</b>	<b>HEALTH</b>	<b>0</b>	Minimal
	<b>FLAMABILITY</b>	<b>0</b>	Minimal
	<b>PHYSICAL HAZARD</b>	<b>0</b>	Minimal

**Specific Hazard** N/A

0 = not significant  
1 = Slight  
2 = Moderate  
3 = High  
4 = Extreme

**Other hazards:** None known.

### 3 COMPOSITION/INFORMATION ON INGREDIENTS

<b>Purified Water</b>	30-70%
<b>Caprylic/Capric Triglyceride</b>	1-15%
<b>Grape Seed Oil</b>	1-15%
<b>EcoMulse</b>	1-15%
<b>Stearic Acid</b>	0.5-5%
<b>Neodefend</b>	0.5-5%
<b>Expeller Pressed Sesame Seed Oil</b>	0.5-5%
<b>Cold Pressed Organic Jojoba Oil</b>	0.5-5%
<b>Glycerin</b>	0.5-5%
<b>Sodium Citrate</b>	0.5-5%
<b>Tocopherol (Vitamin E)</b>	0.5-5%

### 4 FIRST AID MEASURES

- Eyes:** Irrigate eyes with a heavy stream of water for at least 15 to 20 minutes. Seek medical attention if symptoms occur.
- Inhalation:** Remove to fresh air. Seek medical attention if symptoms occur.
- Skin:** Wash skin with soap and water. Seek medical attention if symptoms occur.
- Ingestion:** Wash out mouth with water and seek medical attention if symptoms occur.

### 5 FIRE-FIGHTING MEASURES

- Suitable (and unsuitable) extinguishing media:** Use extinguishing measures that are appropriate to local circumstances and the surrounding environment.
- Specific hazards during fire fighting:** Not flammable or combustible.
- Hazardous combustion products:** Carbon oxides
- Specific protective equipment for fire-fighters:** Use personal protective equipment.
- Specific extinguishing methods:** Fire residues and contaminated fire extinguishing water must be disposed of in accordance with local regulations.

### 6 ACCIDENTAL RELEASE MEASURES

- Personal precautions, protective equipment:** See section 8 for recommendations on the use of personal protective equipment.
- Environmental precautions:** Dispose of waste according to local regulations. Do not discharge into drains, surface waters or groundwater.
- Methods and material for containment and cleaning up:** Clean up spill/leak with absorbent inert material (sand, sawdust, etc) then place in container for disposal. Wash spill site after material pickup is complete. Flush away traces with water.

## 7 HANDLING & STORAGE

- Precautions for safe handling:** Handle in accordance with good industrial hygiene and safety practices.
- Conditions for safe storage, incl. any incompatibilities:** Store in accordance with federal state and local regulations. Store in a cool dry well ventilated area. Do not store together with oxidizing agents.

## 8 EXPOSURE CONTROLS / PERSONAL PROTECTION

- Exposure Controls:** No data available.
- Personal Protections:**
- Eyes:** No specific protection needed.
- Inhalation:** No specific protection needed.
- Body:** No specific protection needed.
- Other:** Handle in accordance with good industrial hygiene and safety practice. Wash hands before breaks and immediately after handling the product.

## 9 PHYSICAL AND CHEMICAL PROPERTIES

- |                                    |                         |                                     |  |
|------------------------------------|-------------------------|-------------------------------------|--|
| <b>Appearance, Physical State:</b> | Cream                   | <b>Vapor Pressure:</b>              | Not available                                |
| <b>Odor:</b>                       | Characteristic low odor | <b>Vapor Density:</b>               | Not available                                |
| <b>Taste:</b>                      | Not available           | <b>Evaporation Rate:</b>            | Not available                                |
| <b>Color:</b>                      | White to Light Yellow   | <b>Flammability:</b>                | Not available                                |
| <b>Molecular Weight:</b>           | Not available           | <b>Upper/lower Explosive Limit:</b> | Not available                                |
| <b>pH</b>                          | 5.0 - 5.5               | <b>Solubility:</b>                  | Insoluble in Water                           |
| <b>Boiling Point:</b>              | Not available.          | <b>Flash Point:</b>                 | Not applicable. Does not sustain combustion. |
| <b>Melting Point:</b>              | Not available.          | <b>Specific Gravity:</b>            | Not available                                |

## 10 STABILITY AND REACTIVITY

- Reactivity:** Stable under normal conditions.
- Chemical Stability:** Stable under normal conditions.
- Hazardous Decomposition Products:** No dangerous reaction known under conditions of normal use.
- Conditions to Avoid:** Data not available.
- Incompatible Materials:** Oxidizing agents, reducing agents, strong acids, bases.



## 11 TOXICOLOGICAL INFORMATION

<b>Acute Toxicity:</b>	Health injuries are not known or expected under normal use.
<b>Skin:</b>	Health injuries are not known or expected under normal use.
<b>Eyes:</b>	Health injuries are not known or expected under normal use.
<b>Respiratory:</b>	Health injuries are not known or expected under normal use.
<b>Ingestion:</b>	No symptoms known or expected.
<b>Carcinogenicity:</b>	No data available.
<b>Teratogenicity:</b>	No data available.
<b>Germ Cell Mutagenicity:</b>	No data available.
<b>Embryotoxicity:</b>	No data available.
<b>Specific Target Organ Toxicity:</b>	No data available.
<b>Reproductive Toxicity:</b>	No data available.
<b>Respiratory/Skin Sensitization:</b>	No data available.

## 12 ECOLOGICAL INFORMATION

<b>Ecotoxicity:</b>	This product has no known ecotoxicological effects.
<b>Persistence and Degradability:</b>	No data available.
<b>Bioaccumulative Potential:</b>	No data available.
<b>Mobility in Soil:</b>	No data available.
<b>PBT and vPvB Assessment:</b>	No data available.
<b>Other Adverse Effects:</b>	No data available.

## 13 DISPOSAL CONSIDERATIONS

<b>Waste Residues:</b>	Users should review their operations in terms of the applicable federal/national or local regulations and consult with appropriate regulatory agencies if necessary before disposing of waste product.
<b>Disposal Methods:</b>	Users should review their operations in terms of the applicable federal/national or local regulations and consult with appropriate regulatory agencies if necessary before disposing of waste product container. Where possible recycling is preferred to disposal or incineration. If recycling is not practicable, dispose of in compliance with local regulations. Dispose of wastes in an approved waste disposal facility.
<b>Disposal considerations:</b>	Dispose of as unused product. Empty containers should be taken to an approved waste handling site for recycling or disposal. Do not reuse empty containers.

The information in section 13 is for the product as shipped. Use and/or alterations to the product may change the characteristics of the material and alter the waste classification and proper disposal methods.

## 14 TRANSPORT INFORMATION

**The shipper/consignor/sender is responsible to ensure that the packaging, labeling and markings are in compliance with the selected mode of transport (Land, Air and Sea Transport):**

<b>DOT (Dept. of Transportation, USA):</b>	Not regulated - Not Dangerous Goods
<b>TDG (Transportation of Dangerous Goods, Canada):</b>	Not regulated - Not Dangerous Goods
<b>IMDG (International Maritime Dangerous Goods):</b>	Not regulated - Not Dangerous Goods
<b>IATA (International Air Transport Association):</b>	Not regulated - Not Dangerous Goods
<b>ICAO (International Civil Aviation Organization):</b>	Not regulated - Not Dangerous Goods

## 15 REGULATORY INFORMATION

<b>TSCA Inventory Status:</b>	No data available
<b>DSCL (EEC):</b>	This product is not classified according to the EU regulations. Not applicable.
<b>WHMIS (Canada):</b>	Not controlled under WHMIS (Canada)
<b>CERCLA Reportable Quantity:</b>	This material does not contain any components with a CERCLA RQ.
<b>SARA 304 Extremely Hazardous Substances Reportable Quantity:</b>	This material does not contain any components with a section 304 EHS RQ.
<b>SARA 311/312 Hazards:</b>	No SARA Hazards.
<b>SARA 302</b>	No chemicals in this material are subject to the reporting requirements of SARA Title III, Section 302.
<b>SARA 313</b>	This material does not contain any chemical components with known CAS numbers that exceed the threshold (de Minimis) reporting levels established by SARA Title III, Section 313.

## 16 OTHER INFORMATION

<b>Issuing Date:</b>	01-03-2024
<b>Revision Date:</b>	N/A
<b>Compliance:</b>	This document has been prepared in accordance with the SDS requirements of the OSHA Hazard Communication Standard 29 CFR 1910.1200.
<b>Disclaimer:</b>	The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. This information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any other process, unless specified in the text.

# Pure-ssage Hydro-Dispersible Massage Oil

## 1 PRODUCT & COMPANY IDENTIFICATION

<b>Product Name:</b>	Puessage Hydro-Dispersible Massage Oil	<b>Distributor:</b>	A Wholesome Glow
<b>Substance name:</b>	Unscented Massage Oil	<b>Address:</b>	1020 County Route 28 Lisbon, NY. 13658
<b>Product Form:</b>	Fixed Oil		
<b>Product Use:</b>	Topical skin application		
<b>INCL Name:</b>	Expeller Pressed Sunflower Oil (non-GMO), Expeller Pressed Safflower Seed Oil (non-GMO), Expeller Pressed Sesame Seed Oil, Grape Seed Oil, Arnica Extract, Green Tea Extract, Glyceryl Oleate, Glycereth-7 Cocoate	<b>Phone:</b>	1.315.854.0072
		<b>Fax:</b>	N/A
		<b>Website:</b>	<a href="http://www.awholesomeglow.com">www.awholesomeglow.com</a>
		<b>Email:</b>	<a href="mailto:carmen@awholesomeglow.com">carmen@awholesomeglow.com</a>

## 2 HAZARDS IDENTIFICATION

<b>GHS- US Classification:</b>	Not a hazardous substance or mixture. This product contains no substance regulated under the OSHA Hazard Communication Standard CFR 1910.1200.						
<b>GHS Labeling:</b>	Precautionary Statements: <b>Response:</b> Get medical advice/attention if you feel unwell. <b>Storage:</b> Store in accordance with local regulations.						
<b>GHS Hazard Pictograms:</b>	None						
<b>GHS Hazard Statements:</b>	None						
<b>GHS Precautionary Statements:</b>	None						
<b>Potential Health Hazards:</b>	<u>Eye Contact:</u> Not significant. <u>Inhalation:</u> Not expected to be irritant. <u>Skin:</u> Not expected to be a primary skin irritant. Prolonged or excessive skin contact with this product may cause milk skin irritation. <u>Ingestion:</u> No significant adverse effects are expected upon ingestion of this product. Inhalation: Exposure via inhalation not likely. Inhalation of vapors or mists of the product may be irritating to the respiratory system.						
<b>NFPA Ratings (704):</b>	<table border="1"><tr><td>HEALTH</td><td>0</td></tr><tr><td>FLAMABILITY</td><td>0</td></tr><tr><td>PHYSICAL HAZARD</td><td>0</td></tr></table>	HEALTH	0	FLAMABILITY	0	PHYSICAL HAZARD	0
HEALTH	0						
FLAMABILITY	0						
PHYSICAL HAZARD	0						
	<b>Specific Hazard</b> N/A						
	0 = not significant 1 = Slight 2 = Moderate 3 = High 4 = Extreme						
<b>Other hazards:</b>	None known.						

### 3 COMPOSITION/INFORMATION ON INGREDIENTS

Expeller Pressed Sunflower Oil (non-GMO)	50 - 100%
Expeller Pressed Safflower Seed Oil (non-GMO)	50 - 100%
Expeller Pressed Sesame Seed Oil	1 - 10%
Grape Seed Oil	1 - 10%
Arnica Extract	1 - 10%
Green Tea Extrac	1 - 10%
Glyceryl Oleate	1 - 10%
Glycereth-7 Cocoate	1 - 10%

### 4 FIRST AID MEASURES

**Most important symptoms and effects:** Mild eye irritation (not expected).

**Irritated Eyes:** Irrigate eyes with a heavy stream of water for at least 15 to 20 minutes. Seek medical attention if symptoms occur.

**Affected Inhalation:** When symptoms occur: go into open air and ventilate suspected area. Remove to fresh air and keep at rest in a position comfortable for breathing. Call a doctor if you feel unwell.

**Affected Skin:** Remove contaminated clothing. Drench affected are with water for at least 15 minutes. Seek medical attention if symptoms occur.

**Ingestion:** Wash out mouth with water and seek medical attention if symptoms occur. Do not induce vomiting.

### 5 FIRE-FIGHTING MEASURES

**Suitable extinguishing media:** Use extinguishing measures that are appropriate to local circumstances and the surrounding environment. Dry, Foam, Carbon dioxide, Fog, Skilled use of water spray.

**Unsuitable extinguishing media:** Do not use a heavy water stream. A heavy water stream may spread burning liquid.

**Specific hazards during fire fighting:** Ordinary combustible hazards in a fire.

**Explosion Hazard:** Not significant.

**Reactivity:** Stable.

**Specific protective equipment for fire-fighters:** Firefighters should wear full protective gear. Do not enter fire area without proper protective Use personal protective equipment, including respiratory protection.

**Specific extinguishing methods:** Fire residues and contaminated fire extinguishing water must be disposed of in accordance with local regulations.

### 6 ACCIDENTAL RELEASE MEASURES

**Personal precautions, protective equipment:** Keep away from heat/sparks/open flames/hot surfaces. No smoking. Avoid breathing (vapor, mist). Use only outdoors or in a well-ventilated area. Handle in accordance with good industrial hygiene and safety practice. Use appropriate personal protection equipment (PPE).

**Environmental precautions:** Dispose of waste according to local regulations. Do not discharge into drains, surface waters or groundwater. Prevent entry to sewers and public waters. Ventilate area.

**Methods and material for containment and cleaning up:** Clean up spill/leak with absorbent inert material (sand, sawdust, etc) then place in container for disposal. Wash spill site after material pickup is complete. Flush away traces with water.

**Reference to other sections:** See heading 8, Exposure Controls and Personal Protection.

## 7 HANDLING & STORAGE

<b>Precautions for safe handling:</b>	Handle in accordance with good industrial hygiene and safety practices. Keep away from heat/sparks/open flames/hot surfaces. Avoid breathing mist, spray, vapors. Use only outdoors or in a well-ventilated area. Wear recommended personal protective equipment.
<b>Hygiene measures:</b>	Handle in accordance with good industrial hygiene and safety procedures. Wash hands and other exposed areas with mild soap and water before eating, drinking, or smoking and again when leaving work.
<b>Conditions for safe storage, incl. any incompatibilities:</b>	Store in accordance with federal state and local regulations. Store in a cool dry, cool well ventilated area. Keep container closed when not in use. Do not store together with oxidizing agents.
<b>Specific end use(s):</b>	Topical skin care.

## 8 EXPOSURE CONTROLS / PERSONAL PROTECTION

<b>Exposure Controls:</b>	Ensure all national/local regulations are observed.
<b>Personal Protections:</b>	
<b>Eyes:</b>	Safety glasses.
<b>Respiratory:</b>	Not usually required under normal conditions of use. If exposure limits are exceeded or irritation is experienced, approved respiratory protection should be worn.
<b>Skin and Body:</b>	No specific protection needed.
<b>Thermal Hazard:</b>	None needed.
<b>Other:</b>	Handle in accordance with good industrial hygiene and safety practice.

## 9 PHYSICAL AND CHEMICAL PROPERTIES

<b>Appearance, Physical State:</b>	Liquid	<b>Vapor Pressure:</b>	Not available
<b>Odor:</b>	Odorless	<b>Vapor Density:</b>	Not available
<b>Taste:</b>	Not available	<b>Evaporation Rate:</b>	Not available
<b>Color:</b>	Light yellow/Yellow	<b>Flammability:</b>	Not available
<b>Molecular Weight:</b>	Not available	<b>Upper/lower Explosive Limit:</b>	Not available

## 10 STABILITY AND REACTIVITY

<b>Reactivity:</b>	Stable under normal conditions.
<b>Chemical Stability:</b>	Stable under normal conditions.
<b>Hazardous Decomposition Products:</b>	No dangerous reaction known under conditions of normal use.
<b>Conditions to Avoid:</b>	Avoid open flame. Direct sunlight.
<b>Incompatible Materials:</b>	None noted.

## 11 TOXICOLOGICAL INFORMATION

<b>Acute Toxicity:</b>	Health injuries are not known or expected under normal use.
<b>Skin:</b>	Health injuries are not known or expected under normal use.
<b>Eyes:</b>	Health injuries are not known or expected under normal use.
<b>Respiratory:</b>	Health injuries are not known or expected under normal use.
<b>Ingestion:</b>	No symptoms known or expected.
<b>Carcinogenicity:</b>	Not classified.
<b>Teratogenicity:</b>	Not classified.
<b>Germ Cell Mutagenicity:</b>	Not classified.
<b>Embryotoxicity:</b>	Not classified.
<b>Specific Target Organ Toxicity:</b>	Not classified.
<b>Reproductive Toxicity:</b>	Not classified.
<b>Respiratory/Skin Sensitization:</b>	Not classified.

## 12 ECOLOGICAL INFORMATION

<b>Ecotoxicity:</b>	This product has no known ecotoxicological effects. It is completely biodegradable.
<b>Persistence and Degradability:</b>	Oil mixture - Persistence and degradability. Readily biodegradable.
<b>Bioaccumulative Potential:</b>	Substance or mixture - not established.
<b>Mobility in Soil:</b>	No data available.
<b>PBT and vPvB Assessment:</b>	No data available.
<b>Other Adverse Effects:</b>	Avoid release to the environment.

## 13 DISPOSAL CONSIDERATIONS

<b>Waste Residues:</b>	Users should review their operations in terms of the applicable federal/national or local regulations and consult with appropriate regulatory agencies if necessary before disposing of waste product.
<b>Disposal Methods:</b>	Users should review their operations in terms of the applicable federal/national or local regulations and consult with appropriate regulatory agencies if necessary before disposing of waste product container. Where possible recycling is preferred to disposal or incineration. If recycling is not practicable, dispose of in compliance with local regulations. Dispose of wastes in an approved waste disposal facility.
<b>Disposal considerations:</b>	Dispose of as unused product. Empty containers should be taken to an approved waste handling site for recycling or disposal. Do not reuse empty containers.

The information in section 13 is for the product as shipped. Use and/or alterations to the product may change the characteristics of the material and alter the waste classification and proper disposal methods.

## 14 TRANSPORT INFORMATION

The shipper/consignor/sender is responsible to ensure that the packaging, labeling and markings are in compliance with the selected mode of transport (Land, Air and Sea Transport):

<b>DOT (Dept. of Transportation, USA):</b>	Not regulated - Not Dangerous Goods
<b>TDG (Transportation of Dangerous Goods, Canada):</b>	Not regulated - Not Dangerous Goods
<b>IMDG (International Maritime Dangerous Goods):</b>	Not regulated - Not Dangerous Goods
<b>IATA (International Air Transport Association):</b>	Not regulated - Not Dangerous Goods
<b>ICAO (International Civil Aviation Organization):</b>	Not regulated - Not Dangerous Goods

## 15 REGULATORY INFORMATION

<b>US Federal Regulations:</b>	Contents of this MSDS comply with the OSHA Hazard Communication Standard 29CFR 1910.1200.
<b>TSCA Inventory Status:</b>	All chemical substances found in this product comply with the Toxic Substances Control Act inventory reporting requirements.
<b>DSCL (EEC):</b>	This product is not classified according to the EU regulations. Not applicable.
<b>WHMIS (Canada):</b>	Not controlled under WHMIS (Canada)
<b>CERCLA Reportable Quantity:</b>	This material does not contain any components with a CERCLA RQ.
<b>SARA 304 Extremely Hazardous Substances Reportable Quantity:</b>	This material does not contain any components with a section 304 EHS RQ.
<b>SARA 311/312 Hazards:</b>	No SARA Hazards.
<b>SARA 302</b>	No chemicals in this material are subject to the reporting requirements of SARA Title III, Section 302.
<b>SARA 313</b>	This material does not contain any chemical components with known CAS numbers that exceed the threshold (de Minimis) reporting levels established by SARA Title III, Section 313.
<b>California:</b>	This product contains no chemicals listed by the State of California under proposition 65.

## 16 OTHER INFORMATION

<b>Issuing Date:</b>	01-03-2024
<b>Revision Date:</b>	N/A
<b>Compliance:</b>	This document has been prepared in accordance with the SDS requirements of the OSHA Hazard Communication Standard 29 CFR 1910.1200.
<b>Disclaimer:</b>	The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. This information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any other process, unless specified in the text.

# Pure-ssage Massage Gel

## 1 PRODUCT & COMPANY IDENTIFICATION

<b>Product Name:</b>	Pure-ssage Massage Gel	<b>Distributor:</b>	A Wholesome Glow
<b>Substance name:</b>	Unscented Massage Gel	<b>Address:</b>	1020 County Route 28 Lisbon, NY. 13658
<b>Product Form:</b>	Gel Substance		
<b>Product Use:</b>	Topical skin application		
<b>INCL Name:</b>	High Oleic Expeller Pressed Sunflower Seed Oil, Hydrogenated Castor Oil, Avocado Oil, Expeller Pressed Jojoba Oil	<b>Phone:</b>	1.315.854.0072
		<b>Fax:</b>	N/A
		<b>Website:</b>	<a href="http://www.awholesomeglow.com">www.awholesomeglow.com</a>
		<b>Email:</b>	<a href="mailto:carmen@awholesomeglow.com">carmen@awholesomeglow.com</a>

## 2 HAZARDS IDENTIFICATION

<b>GHS- US Classification:</b>	Not a hazardous substance or mixture.
<b>GHS Labeling:</b>	Precautionary Statements: <b>Response:</b> Get medical advice/attention if you feel unwell. <b>Storage:</b> Store in accordance with local regulations.
<b>GHS Hazard Pictograms:</b>	None
<b>GHS Hazard Statements:</b>	None
<b>GHS Precautionary Statements:</b>	None
<b>Potential Health Hazards:</b>	<u>Eye Contact:</u> Not significant. <u>Inhalation:</u> Not expected to be irritant. <u>Skin:</u> Not expected to be a primary skin irritant. Prolonged or excessive skin contact with this product may cause milk skin irritation. <u>Ingestion:</u> No significant adverse effects are expected upon ingestion of this product. Inhalation: Exposure via inhalation not likely. Inhalation of vapors or mists of the product may be irritating to the respiratory system.

**NFPA Ratings (704):**

HEALTH	0
FLAMABILITY	0
PHYSICAL HAZARD	0

**Specific Hazard** N/A

- 0 = not significant
- 1 = Slight
- 2 = Moderate
- 3 = High
- 4 = Extreme

**Other hazards:** None known.



### 3 COMPOSITION/INFORMATION ON INGREDIENTS

<b>High Oleic Expeller Pressed Sunflower Seed Oil</b>	50 - 100%
<b>Hydrogenated Castor Oil</b>	50 - 100%
<b>Avocado Oil,</b>	1 - 20%
<b>Expeller Pressed Jojoba Oil</b>	1 - 20%

### 4 FIRST AID MEASURES

**First Aid measures:** Never give anything by mouth to an unconscious person. If you feel unwell, seek medical advice.

**Most important symptoms and effects:** Mild eye irritation (not expected).

**Irritated Eyes:** Irrigate eyes with a heavy stream of water for at least 15 to 20 minutes. Seek medical attention if symptoms occur.

**Affected Inhalation:** When symptoms occur: go into open air and ventilate suspected area. Remove to fresh air and keep at rest in a position comfortable for breathing. Call a doctor if you feel unwell.

**Affected Skin:** Remove contaminated clothing. Drench affected are with water for at least 15 minutes. Seek medical attention if symptoms occur.

**Ingestion:** Wash out mouth with water and seek medical attention if symptoms occur. Do not induce vomiting.

### 5 FIRE-FIGHTING MEASURES

**Suitable extinguishing media:** Use extinguishing measures that are appropriate to local circumstances and the surrounding environment. Dry, Foam, Carbon dioxide, Fog, Skilled use of water spray.

**Unsuitable extinguishing media:** Do not use a heavy water stream. A heavy water stream may spread burning liquid.

**Specific hazards during fire fighting:** Ordinary combustible hazards in a fire.

**Explosion Hazard:** Not significant.

**Reactivity:** Stable.

**Specific protective equipment for fire-fighters:** Firefighters should wear full protective gear. Do not enter fire area without proper protective Use personal protective equipment, including respiratory protection.

**Specific extinguishing methods:** Fire residues and contaminated fire extinguishing water must be disposed of in accordance with local regulations.

### 6 ACCIDENTAL RELEASE MEASURES

**Personal precautions, protective equipment:** Keep away from heat/sparks/open flames/hot surfaces. No smoking. Avoid breathing (vapor, mist). Use only outdoors or in a well-ventilated area. Handle in accordance with good industrial hygiene and safety practice. Use appropriate personal protection equipment (PPE).

**Environmental precautions:** Dispose of waste according to local regulations. Do not discharge into drains, surface waters or groundwater. Prevent entry to sewers and public waters. Ventilate area.

**Methods and material for containment and cleaning up:** Clean up spill/leak with absorbent inert material (sand, sawdust, etc) then place in container for disposal. Wash spill site after material pickup is complete. Flush away traces with water.

**Reference to other sections:** See heading 8, Exposure Controls and Personal Protection.

## 7 HANDLING & STORAGE

<b>Precautions for safe handling:</b>	Handle in accordance with good industrial hygiene and safety practices. Keep away from heat/sparks/open flames/hot surfaces. No smoking. Avoid breathing mist, spray, vapors. Use only outdoors or in a well-ventilated area. Wear recommended personal protective equipment.
<b>Hygiene measures:</b>	Handle in accordance with good industrial hygiene and safety procedures. Wash hands and other exposed areas with mild soap and water before eating, drinking, or smoking and again when leaving work.
<b>Conditions for safe storage, incl. any incompatibilities:</b>	Store in accordance with federal state and local regulations. Store in a cool dry, cool well ventilated area. Keep container closed when not in use. Do not store together with oxidizing agents.
<b>Specific end use(s):</b>	Topical skin care.

## 8 EXPOSURE CONTROLS / PERSONAL PROTECTION

<b>Exposure Controls:</b>	Ensure all national/local regulations are observed.
<b>Personal Protections:</b>	
<b>Eyes:</b>	Safety glasses.
<b>Respiratory:</b>	Not usually required under normal conditions of use. If exposure limits are exceeded or irritation is experienced, approved respiratory protection should be worn.
<b>Skin and Body:</b>	No specific protection needed.
<b>Thermal Hazard:</b>	None needed.
<b>Other:</b>	Handle in accordance with good industrial hygiene and safety practice. Wash hands before breaks and immediately after handling the product.

## 9 PHYSICAL AND CHEMICAL PROPERTIES

<b>Appearance, Physical State:</b>	Gel substance to Oil on Skin	<b>Vapor Pressure:</b>	Not available
<b>Odor:</b>	Odorless	<b>Vapor Density:</b>	Not available
<b>Taste:</b>	Not available	<b>Evaporation Rate:</b>	Not available
<b>Color:</b>	Clear	<b>Flammability:</b>	Not available
<b>Molecular Weight:</b>	Not available	<b>Upper/lower Explosive Limit:</b>	Not available

## 10 STABILITY AND REACTIVITY

<b>Reactivity:</b>	Stable under normal conditions.
<b>Chemical Stability:</b>	Stable under normal conditions.
<b>Hazardous Decomposition Products:</b>	No dangerous reaction known under conditions of normal use.
<b>Conditions to Avoid:</b>	Avoid open flame. Direct sunlight.
<b>Incompatible Materials:</b>	None noted.

## 11 TOXICOLOGICAL INFORMATION

<b>Acute Toxicity:</b>	Health injuries are not known or expected under normal use.
<b>Skin:</b>	Health injuries are not known or expected under normal use.
<b>Eyes:</b>	Health injuries are not known or expected under normal use.
<b>Respiratory:</b>	Health injuries are not known or expected under normal use.
<b>Ingestion:</b>	No symptoms known or expected.
<b>Carcinogenicity:</b>	Not classified.
<b>Teratogenicity:</b>	Not classified.
<b>Germ Cell Mutagenicity:</b>	Not classified.
<b>Embryotoxicity:</b>	Not classified.
<b>Specific Target Organ Toxicity:</b>	Not classified.
<b>Reproductive Toxicity:</b>	Not classified.
<b>Respiratory/Skin Sensitization:</b>	Not classified.

## 12 ECOLOGICAL INFORMATION

<b>Ecotoxicity:</b>	This product has no known ecotoxicological effects.
<b>Persistence and Degradability:</b>	Oil mixture - Persistence and degradability. Readily biodegradable.
<b>Bioaccumulative Potential:</b>	Substance or mixture - not established.
<b>Mobility in Soil:</b>	No data available.
<b>PBT and vPvB Assessment:</b>	No data available.
<b>Other Adverse Effects:</b>	Avoid release to the environment.

## 13 DISPOSAL CONSIDERATIONS

<b>Waste Residues:</b>	Users should review their operations in terms of the applicable federal/national or local regulations and consult with appropriate regulatory agencies if necessary before disposing of waste product.
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<b>IMDG (International Maritime Dangerous Goods):</b>	Not regulated - Not Dangerous Goods
<b>IATA (International Air Transport Association):</b>	Not regulated - Not Dangerous Goods
<b>ICAO (International Civil Aviation Organization):</b>	Not regulated - Not Dangerous Goods

## 15 REGULATORY INFORMATION

<b>US Federal Regulations:</b>	Gel/Oil Mixture.
<b>Hazard Classifications:</b>	Combustible Oil.
<b>TSCA Inventory Status:</b>	No data available
<b>DSCL (EEC):</b>	This product is not classified according to the EU regulations. Not applicable.
<b>WHMIS (Canada):</b>	Not controlled under WHMIS (Canada)
<b>CERCLA Reportable Quantity:</b>	This material does not contain any components with a CERCLA RQ.
<b>SARA 304 Extremely Hazardous Substances Reportable Quantity:</b>	This material does not contain any components with a section 304 EHS RQ.
<b>SARA 311/312 Hazards:</b>	No SARA Hazards.
<b>SARA 302</b>	No chemicals in this material are subject to the reporting requirements of SARA Title III, Section 302.
<b>SARA 313</b>	This material does not contain any chemical components with known CAS numbers that exceed the threshold (de Minimis) reporting levels established by SARA Title III, Section 313.

## 16 OTHER INFORMATION

<b>Issuing Date:</b>	01-03-2024
<b>Revision Date:</b>	N/A
<b>Compliance:</b>	This document has been prepared in accordance with the SDS requirements of the OSHA Hazard Communication Standard 29 CFR 1910.1200.
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