

# cellulite detector

the professional method to detect and classify cellulite



### cellulite detector

Is a contact thermography system protected by an international patent which allows to detect and classify the thermal signs of cellulite, to localize treatment areas which require greater attention and intensity and show women, through an objective system, the need to undergo a treatment.

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"THERMOGRAPHY" literally means "to WRITE HEAT"
from ancient Greek:
thermós = heat
graphein = to write
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Contact thermography was firstly used in the medical field for the "mass screening" of breast diseases (1970s). Its use was then extended to other medical fields, such as:

angiology, orthopaedics, sports medicine, andrology and many others.

Since the late 1990s contact thermography has been used in the professional aesthetic field for the early detection and classification of cellulite, to select targeted treatments.

It allows the first signs of cellulite to be detected, when these are not yet visible, and to intervene at an early stage with preventive treatments.

- It is a scientific system showing objectively to a woman her condition and therefore persuading her to body treatment.
- When requested, contact thermography can help monitoring treatment course to prove its efficacy and build customer loyalty.
- It is an innocuous and non invasive method which can be repeated unlimitedly. It is simple, quick, and useful for both specialist as well as the final client.



#### cellulite detector



AROSI

sellulite detect

AROSHP

cellulite detector

### Specifications set

- 1 Cold band gradient from 27.3 to 32.1 C°
- 1 Hot band gradient from 30.3 to 35.1 C°
- Resealable rigid packaging
- User Manual
- Ambient Thermometer



## Thermography usefulness

Cellulite is a problem of MICROCIRCULATION which causes alterations in skin temperature.

## Warm areas = blood stasis Cold areas = nodules

Thermographic plates allow to visualise a "THERMAL MAP" of CELLULITE.

Liquid crystal thermographic plates change their colour in line with temperature.

lower temporatures	higher temperatures	



## The causes generating cellulite

genetic factors	estrogens	Food rich in carbohydrates and fat	sedentary lifestyle
thight clothes	kitchen salt	alcoholic drinks	smoking
constipation	pregnancy	high heel shoes	contraceptive pill





## CELLULITE PROCESS

## NORMALITY

In ABSENCE OF CELLULITE the adipose tissue is well sprinkled, the capillary vessels are close to the adipocytes and the temperature diffusion is homogeneous

UNIFORM thermographic image





Thermographic image of NORMALITY UNIFORM - homogeneous temperature: absence of warm areas (blood stasis) absence of cold areas (nodules).







## EDEMATOUS CELLULITE

Microaneurisms formation in capillaries. The capillary walls get thinner and cause the loss of edematous transsudate. The adipocytes are pushed away from the capillaries. Temperature alterations.

#### MOTTLED thermographic image

![](_page_8_Picture_4.jpeg)

![](_page_8_Picture_5.jpeg)

Thermographic image of EDEMATOUS CELLULITE MOTTLED - Hyperthermic spots with blurred edges (blood stasis) surrounded by cooler haloes (reduced blood supply).

![](_page_9_Picture_1.jpeg)

![](_page_9_Picture_2.jpeg)

![](_page_10_Picture_0.jpeg)

## FIBROUS CELLULITE

Defensive reaction of the fibrils: they get thicker and surround the capillaries (capillary strangulation). As a consequence the adipocytes merge together and get wrapped by a capsule of fibrils: MICRONODULE Low temperature (reduced blood supply)

LEOPARD SKIN thermographic image

![](_page_10_Picture_4.jpeg)

![](_page_10_Picture_5.jpeg)

Thermographic image of FIBROUS CELLULITE LEOPARD SKIN - several hyperthermic spots (blood stasis) with sharped edges, irregularly distributed on a cooler area (micronodules).

![](_page_11_Picture_1.jpeg)

![](_page_11_Picture_2.jpeg)

![](_page_12_Picture_0.jpeg)

## SCLEROTIC CELLULITE

The fusion of several micronodules generates the MACRONODULE This is the typical CELLULITIC NODULE which is: detectable through palpation harmful when pressed

BLACK HOLES thermographic image

![](_page_12_Picture_4.jpeg)

![](_page_12_Picture_5.jpeg)

Thermographic image of SCLEROTIC CELLULITE BLACK HOLES - Black or brown areas (hypothermic macronodules) close to different spots of color (hyperthermic areas – venular stasis).

![](_page_13_Picture_1.jpeg)

![](_page_13_Picture_2.jpeg)

## HOW TO PERFORM A CORRECT THERMOGRAPHIC ANALYSIS OF CELLULITE?

![](_page_14_Picture_1.jpeg)

## ROOM TEMPERATURE AND LUMINOSITY Room temperature shall be constant. Take care of good room illumination.

![](_page_15_Picture_1.jpeg)

Ideal temperature: between 20 and 24°C

![](_page_15_Picture_3.jpeg)

## THINGS TO KNOW BEFORE ANALYSIS

RELAXING: Before the thermographic test it is advisable that the woman lays for about 5 minutes with uncovered legs and without smoking.

MASSAGES & TREATMENTS: Do not massage or treat the area to be examined in the half-hour preceding the test. COSMETICS: The skin must be dry and clean.Do not apply cosmetics on the legs before the thermographic test. ULTRAVIOLET RAYS: The woman should not take sunbaths or UV beds in the 24 hours prior to the test.

![](_page_16_Picture_3.jpeg)

## SELECT THE RIGHT PLATE

It is very important to select the right plate in order to obtain good results.

![](_page_17_Picture_2.jpeg)

When the room temperature is LOW select a low plate (depending on availability: 27, 28 or 29)

![](_page_17_Picture_4.jpeg)

When the room temperature is HIGH select a high plate (depending on availability: 30, 31 or 32)

![](_page_17_Picture_6.jpeg)

## CHOOSING THE RIGHT PLATE

![](_page_18_Picture_1.jpeg)

If the chief colors are visible on the plate (green, violet):

![](_page_18_Picture_3.jpeg)

#### THE PLATE IS RIGHT!

![](_page_18_Picture_5.jpeg)

## CHOOSING THE RIGHT PLATE

![](_page_19_Picture_1.jpeg)

If the plate remains mostly black or dark blue.

![](_page_19_Picture_3.jpeg)

#### THE PLATE IS WRONG!

![](_page_19_Picture_5.jpeg)

## PLATE POSITION

Place the plate on the leg and make it adhere perfectly.

![](_page_20_Picture_2.jpeg)

Wait for the colours to stabilize in a firm image and proceed with the interpretation.

![](_page_20_Picture_4.jpeg)

## RECORDING TEST RESULTS

The thermographic test results can be written by hand on the AROSHA CLIENT DATA SHEET.

![](_page_21_Figure_2.jpeg)

![](_page_21_Picture_3.jpeg)

## THERMOGRAPHIC IMAGE INTERPRETATION

![](_page_22_Picture_1.jpeg)

Observe the image on the plate. Focus your attention on the type of IMAGE rather than on colors.

![](_page_22_Picture_3.jpeg)

## NORMALITY uniform thermographic image

![](_page_23_Picture_1.jpeg)

A UNIFORM IMAGE represents good microcirculation, therefore the ABSENCE OF CELLULITE

![](_page_23_Picture_3.jpeg)

## EDEMATOUS CELLULITE mottled thermographic image

![](_page_24_Picture_1.jpeg)

A MOTTLED IMAGE represents the beginning of microcirculatory troubles, therefore the presence of EDEMATOUS CELLULITE

![](_page_24_Picture_3.jpeg)

## FIBROUS CELLULITE Leopard-skin thermographic image

![](_page_25_Picture_1.jpeg)

A LEOPARD SKIN image (several spots of different colors) shows the presence of MICRONODULES – FIBROUS CELLULITE

![](_page_25_Picture_3.jpeg)

## SCLEROTIC CELLULITE Blach holes thermographic image

![](_page_26_Picture_1.jpeg)

A BLACK HOLES image, with extended black or brown areas, is the only situation where colours are important. It shows the presence of MACRO-NODULES (which can also be detected by hand) i.e. SCLEROTIC CELLU-LITE

![](_page_26_Picture_3.jpeg)

## THE INTERPRETATION OF THERMOGRAPHIC IMAGES

It is possible to find, on the same person and plate, different levels of cellulite

![](_page_27_Picture_2.jpeg)

![](_page_27_Picture_3.jpeg)

THE INTERPRETATION OF THERMOGRAPHIC IMAGES

The level of cellulite is determined by the type of IMAGE:

UNIFORM = NORMALITY MOTTLED = EDEMATOUS CELLULITE LEOPARD-SKIN = FIBROUS CELLULITE BLACK HOLES = SCLEROTIC CELLULITE UNIFORM = NORMALITY

![](_page_28_Picture_4.jpeg)

MOTTLED = EDEMA

![](_page_28_Picture_6.jpeg)

EOPARD SKIN = FIBROUS (MICRONODULES

![](_page_28_Picture_8.jpeg)

BLACK HOLES = SCLEROTIC (MACRONODULES)

![](_page_28_Picture_10.jpeg)

![](_page_28_Picture_11.jpeg)

### SUGGESTED TREATMENTS MOTTLED IMAGE - EDEMATOUS CELLULITE **1ST-2ND GRADE**

![](_page_29_Picture_1.jpeg)

![](_page_29_Picture_2.jpeg)

### SUGGESTED TREATMENTS LEOPARD SKIN IMAGE - FIBROUS CELLULITE **3RD GRADE**

![](_page_30_Picture_1.jpeg)

![](_page_30_Picture_2.jpeg)

## SUGGESTED TREATMENTS BLACK HOLES IMAGE - SCLEROTIC CELLULITE **4TH GRADE**

![](_page_31_Picture_1.jpeg)

![](_page_31_Picture_2.jpeg)

![](_page_31_Picture_3.jpeg)

![](_page_31_Picture_4.jpeg)

![](_page_32_Picture_0.jpeg)

![](_page_32_Picture_1.jpeg)

![](_page_32_Picture_2.jpeg)

## THE ADVANTAGES OF CONTACT THERMOGRAPHY

- Objective system, non invasive, simple and quick.

- It shows the first signs of cellulite, when manual systems cannot identify them yet.
- It shows a woman the need of a treatment, so she can prevent degeneration.
- A visual and scientific prove of diagnosis.

![](_page_33_Picture_5.jpeg)

![](_page_34_Picture_0.jpeg)

www.arosha.it

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