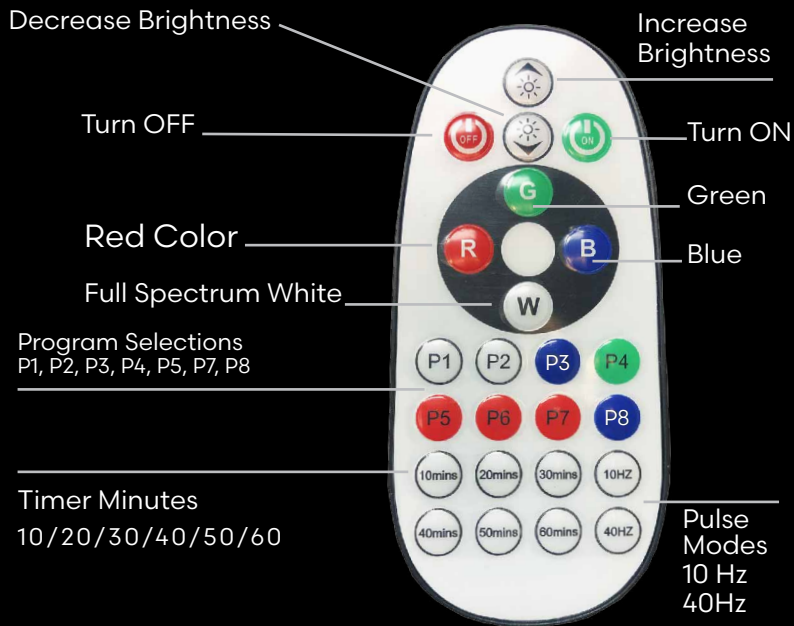


Remote Controller Instruction



NOTE:
Red: 660+850nm | Green: 520+850nm | Blue: 460+850nm
White: 660nm + 520nm + 460nm + 850nm (All Colors)

Please put 2 (AAA) batteries prior to use with Red-light Mat, then the green button ON and data show the black mat controller.

Step One:

Press **ON** to then adjust the Brightness Key with LED on different light levels from **L1-L10**, the state show on the black main control system.

Step Two:

Press the Green/Red/Blue or White button to set up solid color Preset with All Colors /Blue/Red/Green + Infrared. It can set the time to press button option from **10/20/30/40/50/60** minutes.

Step Three:

Select one of the **Pre-set Programs** from **P1, P2, P3, P4, P5**, etc... Please note under preset program cannot press the time button to set the time.

Preset Program Modes:

- P1 Mode:** White 15 minutes + Red 15 minutes
- P2 Mode:** White 10 minutes + Green 10 minutes + Red 10 minutes
- P3 Mode:** Blue 10 minutes + Green 10 minutes + Red 10 minutes
- P4 Mode:** Green 15 minutes + White 15 minutes
- P5 Mode:** Red 15 minutes + Blue 15 minutes
- P6 Mode:** Red 15 minutes + White 15 minutes
- P7 Mode:** Red 15 minutes + Green 15 minutes
- P8 Mode:** Blue 15 minutes + White 15 minutes

Step Four:

Press the **Pulse Mode** Button to set the Frequency of your session.

Recovery™ LED MAX

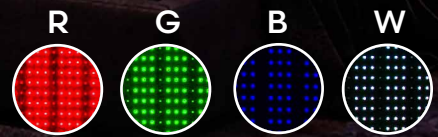
Chromolight | Infrared | Fitness & Wellness



Recovery™ LED MAX

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Powerful Recovery Light
Anywhere



4 Color Choices

Wellness
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