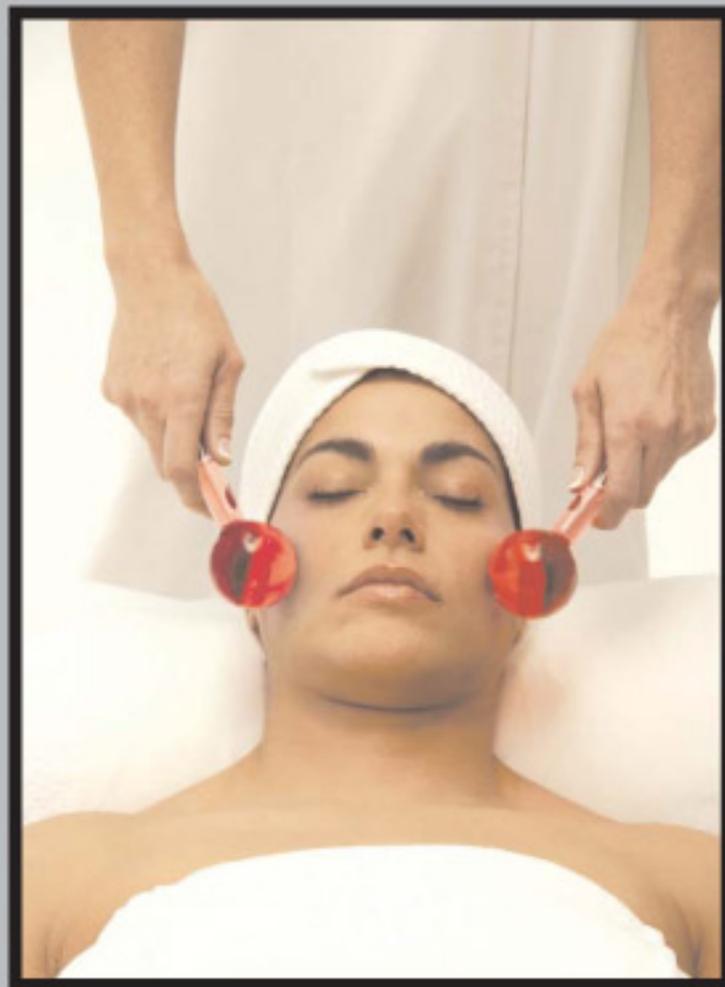


# Derm-A-Globe® Color Therapy



I N S T R U C T I O N   M A N U A L  
C 0 2 0 T ,   C 0 1 G B ,   C 0 1 G P ,  
C 0 1 G G ,   C 0 1 G Y ,   C 0 1 G R

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## Derm-A-Globe®

The *Derm-A-Globe* incorporates the therapeutic properties of color, touch, temperature, and movement. In order to achieve maximum benefits, it is very important to use the right color and temperature.

*Derm-A-Globes* come in five colors ranging in intensity from:

- ❑ Blue – Very Cold
- ❑ Purple – Moderately Cold
- ❑ Green – Cool
- ❑ Yellow – Warm
- ❑ Red – Hot

When used warm, *Derm-A-Globes* will help:

- ❑ Energize and stimulate tired skin.
- ❑ Relieve sinus pressure and headaches.
- ❑ Enhance penetration of creams and nutrients.
- ❑ Relax tense muscles.
- ❑ Soothe tender joints.

When used cold, *Derm-A-Globes* will help:

- ❑ Reduce puffiness under the eyes.
- ❑ Reduce redness and inflammation of the skin.
- ❑ Soothe skin irritations.
- ❑ Tone and tighten aging skin.
- ❑ Minimize facial pores.

Benefits of selecting *Derm-A-Globes* for treatments:

- ❑ Easy to clean and sterilize.
- ❑ One continuous unit.
- ❑ Tempered glass (Pyrex) allows the use of a range of temperatures and pressure.
- ❑ Smooth to the touch.
- ❑ Perfectly shaped and sized for both facial and body treatments.
- ❑ Unique design allows you to perform treatments using the rounded bulb, the handle, or the end of the handle.
- ❑ Incorporates four treatment concepts – touch, temperature, color, and movement.
- ❑ Handmade in the United States.
- ❑ Contains a nontoxic liquid that won't freeze or boil.



## Instructions for Use

### What Do the Individual Colors Represent?

Color plays a major role in life. It can help stimulate, energize, relax, or lift the spirit. The closer to red a color is, the more energizing it will be. As the color hues move toward blue, they become more calming. Yellow elevates the mood while green is balancing.

| Color  | Represents  |
|--------|---|
| Red    | Energy, warmth, passion, love, family, youth, courage, and awareness.                       |
| Yellow | Gold, power, will power, intellect, warmth, prosperity, change, sun, and energy.            |
| Green  | Compassion, success, health, calmness, creativity, rainforest, and nature.                  |
| Purple | Tranquility, well-being, calmness, transformation, royalty, healing, soothing, and cooling. |
| Blue   | Cold, pure, calmness, serenity, ocean, expression, royalty, opposite of red. Ease of pain.  |

### Choosing the Right Color Globe

#### Color Temperature Correlation

It is important to correlate color with temperature. The blue, purple, and green globes should be cold when used while the red and yellow globes should be warm. All colors can be used at room temperature, but this will reduce the intensity of the treatment.

#### Emotion and Color Correlation

To calm anxious clients, use the cold colored globes (blue, purple, or green). The more anxious the client, the cooler the color.

To energize clients, use warm colored globes (red or yellow). Use warmer colors on more mature clients.

#### Skin Condition/Treatment and Color Correlation

At room temperature, *Derm-A-Globes* will feel cool to the skin. Use a cold *Derm-A-Globe* on skin that is red, irritated, or inflamed due to acne, extractions, microdermabrasion, chemical peels, waxing, laser treatments, or puffiness under the eyes. The redder and more irritated the skin is, the cooler the color and temperature of the globe (i.e. blue). When a *Derm-A-Globe* is placed in the freezer, it may develop a frost layer. You do not need to wipe the frost off prior to use.

The warm globes (red and yellow) should be used to stimulate mature, sagging skin and enhance nutrient absorption.

The milder colored globes (green and yellow) should be used at room temperature to treat Rosacea and/or broken capillaries.

To treat cellulite, use the extreme colors with extreme temperatures for a hot/cold cellulite massage (blue from the freezer and red in boiling water).

### Age and Color Correlation

| <b>Cold</b> | <b>Warm</b> | <b>Age</b> |
|-------------|-------------|------------|
| Blue        | Green       | Under 20   |
| Blue        | Yellow      | 20-29      |
| Purple      | Yellow      | 30-40      |
| Purple      | Red         | 41-59      |
| Green       | Red         | 60 and up  |

Chronological age is approximate. Please look at skin age as it is also influenced by life style and genetics.

### Weather and Color Correlation

Weather affects the skin. For example, during extremely dry weather, skin frequently becomes dry and dehydrated. Use energizing warm globes (red and yellow) to help expand the pores for extra hydration. Use yellow in the summer and red in the winter.

During cold weather, use warmer colored *Derma-A-Globes* (yellow and red) to warm the skin. In hot weather, use cooler colors (blue and purple) to cool the skin.

### **Prior to the Onset of Treatment**

**Cold Globes** – Place a purple, blue, and green globes in the refrigerator or freezer overnight. After they have been removed from the refrigerator, place them in ice water to keep them cold. *Note: Globes should be at room temperature when placed in the refrigerator.*

**Warm Globes** – Place the red and yellow globes in a glass of hot or boiling water, or in a hot towel cabi for 3 to 5 minutes. ***Never place a Derm-A-Globe in a microwave oven. To prevent burns, always test the temperature of the globes before placing them on a client's skin.***

### **How to Use**

- ❑ To relieve tension and tightness in muscles, place desired globes on an area of the face or body and apply light to moderate pressure.
- ❑ For a relaxing, stimulating sensation, move the selected globes back and forth vertically or horizontally along the skin's surface.
- ❑ To increase blood supply to the skin, move the chosen globes back and forth vertically or horizontally along the skin's surface.
- ❑ The handle tip may be used to apply pressure to small trigger points.
- ❑ *Derma-A-Globes* can also be used on larger areas such as the legs, back, neck, and arms.
- ❑ Including essential oils and soft music as part of the treatment will enhance the sensual relaxation experience.



## ***Derm-A-Globe Mini Facelift***

The *Derm-A-Globe* facial acts as a mini-face lift, making you look and feel good. It can help improve skin texture, energize circulation, and tone tired skin.

Note: The therapist should remove his/her rings before performing a treatment. The rings can “clank” against the glass bulbs and be distracting to your client.

1. Cleanse the skin using a cleanser appropriate to the client’s skin type.
2. Exfoliate the skin.
3. Tone the skin using a toner appropriate to the client’s skin type.
4. Using the large end of a pair of chilled *Derm-A-Globes* (blue or purple), massage the face in an upward motion. Continue the massage for 5 – 10 minutes.

*Note: Do not wipe away the thin film of frost that appears on the globes. This is purified water and allows the globes to glide gently over the face, moisturizing as it goes.*

5. Apply a generous amount of a nourishing lotion or cream appropriate to your client’s skin type.
6. Massage the skin with the large ends of a pair of warm *Derm-A-Globes* (yellow or red) using circular motions. Continue the massage for 5 – 10 minutes.

For headaches or sinus problems, you may apply the small end of the globes to the appropriate pressure points.

7. Finally massage the skin with the large ends of the chilled *Derm-A-Globes* (purple or green) using an upward motion. Continue the massage for 5 – 10 minutes.

The last cool color used during a treatment should always be one step down from the first one you used. For example, if you began the treatment with a blue globe, you would finish with a purple globe. If you started with a purple globe, you would finish with a green globe.

You may use essential oils to enhance a treatment. Place a two or three drops of the desired oil in a teaspoon of carrier oil. Using your fingertips, rub a little bit of the oil on the rounded bulb end of globe. The aroma will be released as you massage the client. If the globe is warmed, the aroma will be released more readily. *Do not put essential oils directly on the globe. Essential oils should not be used directly on the skin without being diluted in a carrier oil.*

*Derm-A-Globes* are sturdy, but they will break if dropped or knocked against something hard. As with any glass product, they should be handled carefully.

## Other Treatments

### Massage

*Derm-A-Globes* are an excellent tool for massage. They can be used hot or cold. The bulb can be grasped in the massage therapist's hand and used in the same manner as you would use massage stones. It is particularly good for back massage. The tip of the handle can be used to massage pressure points or knotted muscles. In addition, the handle can be rolled across the skin. For better slip, use massage oil or lotion.

### Cellulite Treatments

To treat areas of cellulite, grasp the bulb of a warm/hot *Derm-A-Globe* in one hand and the bulb of the cool/cold *Derm-A-Globe* in the other hand. Massage the cellulitic area using alternate hands and moderate to firm pressure. Be sure to check with your client to ensure the pressure and/or temperature are not too extreme.

## Home Use

*Derm-A-Globes* can be used at home by clients to help soothe under-eye puffiness, sinus problems, sore muscles, tension headaches, Rosacea, bruises, and burns. During spa treatments, explain the benefits of the *Derm-A-Globes* and how to use them. Make them available in your retail area.

## Cleaning and Sanitizing

1. Hand wash *Derm-A-Globes* with any mild soap or detergent.
2. Towel dry.
3. Use 70% alcohol or any sanitizing liquid you normally use in your salon/spa.

## **Warranty Statement**

The manufacturer (the “warrantor”) warrants to the original purchaser that this equipment will be free from defects under normal and proper operation for a period of one (1) year from the date of purchase. This warranty covers all parts and labor for that one (1) year period. This warranty shall not apply to any equipment that has been subjected to abuse, misuse, and alteration of any type or to any defect or damage caused by repair, replacement, substitution or use with parts other than parts approved by the manufacturer.

The manufacturer shall not be liable for the loss of use of this equipment, loss of time or business, inconvenience or any other indirect, consequential, special or incidental damages due to defects covered by this warranty or any implied warranty.

To implement this warranty, contact the dealer from whom you purchased the equipment. If necessary, you will be asked to return all, or the appropriate part, of the equipment. If warranted, the repairs will be performed at no charge and the equipment returned to you. Unit owner must prepay all shipping costs when returning items for warranty service.

This limited warranty is the only written or express warranty given by the manufacturer. This warranty gives you specific legal rights but you may also have other rights, which may vary from state to state or province to province.

## **Authorized Technical Service Center:**

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