
brightening peel

This Brightening Peel exfoliates the skin, evens out pigmentation, and alleviates acne and breakouts, while it tightens and rejuvenates the skin. The uniqueness of this peel is the combination of AHAs, BHAs, and botanical ingredients to treat various skin conditions, and numerous skin types. It can be used on sensitive, normal, or oily skin types. The peel neutralizes with water, and extractions can be performed after neutralization. 13% acids.



Benefits

- Immediate firming and tightening
- Anti-aging properties (reduces fine lines)
- Antioxidant effect
- Evens out pigment
- Refines pores
- Exfoliates and smoothes skin
- Minimizes acne and breakouts
- Facilitates extractions
- Safe for all skin types including male skin and darker skin types
- Can also be performed on the chest, bust, back the arms, or back – either separately or as part of a complete body facial.

Ingredients:

Water/Aqua, Alcohol, Citric Acid, Lactic Acid, Glycolic Acid, Mandelic Acid, Glycerin, Salicylic Acid, Hydroxyethylcellulose, vaccinium Myrtillus (bilberry) Fruit Extract, Xanthan Gum, Magnesium Chloride, Magnesium Nitrate, Methylchloroisothiazolione, Methylisothiazolinone, Phenoxyethanol

Key Ingredients

Citric Acid (3.5%)	<ul style="list-style-type: none"><input type="checkbox"/> An alpha-hydroxy acid that is found naturally in lemons and oranges.<input type="checkbox"/> Evens out skin tone.<input type="checkbox"/> Has antioxidant and firming properties.
Lactic Acid (3.5%)	<ul style="list-style-type: none"><input type="checkbox"/> An alpha-hydroxy acid that is found naturally in milk.<input type="checkbox"/> Has powerful exfoliating properties evening out pigmentation.<input type="checkbox"/> Promotes more effective cellular regeneration.<input type="checkbox"/> Has an immediate firming and lifting effect.
Glycolic Acid (3%)	<ul style="list-style-type: none"><input type="checkbox"/> An alpha-hydroxy acid that is naturally found in sugar cane.<input type="checkbox"/> Penetrates through the cell walls by its small molecular size and by breaking the links between the corneocytes to stimulate the new collagen formation.<input type="checkbox"/> Visibly reduces fine lines and wrinkles giving the skin a smoother look and feel.

Mandelic Acid (2%)	<input type="checkbox"/> An alpha-hydroxy acid that is naturally found in bitter almonds. <input type="checkbox"/> Evens out pigmentation. <input type="checkbox"/> Treats inflammatory acne. <input type="checkbox"/> Rejuvenates photo-aged skin. <input type="checkbox"/> Has antiseptic and anti-redness properties.
Salicylic Acid (1.0%)	<input type="checkbox"/> A beta-hydroxy acid that is found in willow. <input type="checkbox"/> Has exfoliating and astringent properties. <input type="checkbox"/> Minimizes acne and breakouts. <input type="checkbox"/> Facilitates extractions and tightens the pores.
Blueberries	<input type="checkbox"/> Alchimie Forever's signature extract. <input type="checkbox"/> Has antioxidant, anti-aging, anti-redness, and anti-inflammatory properties.

Beautiful Without:

Parabens, animal byproducts, dyes, phthalates, gluten, mineral oil, propylene glycol, formaldehyde, and formaldehyde releasers

pH

1.8

Usage

Pour the contents of one packet of the brightening peel into a small bowl. Apply with a fan brush, peel applicator, or aesthetic wipe; focus on face, neck, and décolleté. Depending on skin type, leave the peel on between 2 and 7 minutes. Neutralize with water.

Note: For detailed directions, see the Alchimie Forever® Brightening Peel protocol.

Frequency

Once per week for 4 weeks, then once every 4–6 weeks for maintenance.

Contraindications

- Do not perform facial waxing for a week pre- and post-peel.
- Do not perform this peel on sunburned skin.
- Do not use this peel on pregnant or nursing women.
- Do not perform this peel on people who are allergic to aspirin.

Additional Information

- Avoid eye contour area and lips.
- Transient redness may be visible for 24–48 hours.
- Mild flaking may be possible 48 hours after the peel.
- Avoid sun exposure for 48 hours post-peel, and recommend sunscreen.
- Avoid retinol and AHA products for 48 hours post-peel.

Sizes

Professional – 0.17 fl. oz. Box of 20. (AF020BB)

Alchimie Forever® Brightening Peel

This precise, light peel contains a combination of AHAs, BHAs, and blueberry extract to chemically improve the texture, tone, and pigment of the skin, leaving it brighter, softer, and perfectly radiant. Brightening Peel exfoliates the skin, evens out pigmentation, and alleviates acne and breakouts, while it tightens and rejuvenates the skin. It yields immediate and visible results for all skin types, including sensitive and acne-prone skin. The peel neutralizes with water, and extractions can be performed after neutralization of the peel. *Note: This peel can be performed on the face, neck décolleté, back of the arms, and/or the back.*

Skin Type: Safe for all skin types including male skin and darker skin types.

Average Time: 30 minutes

Suggested price: \$45

Approximate Cost of Products: \$5.80

Products

- 16.9 fl. oz. purifying facial cleanser – *Excimer®* (AF015BB)
- 0.17 oz. brightening peel (AF020BB) (20 packets per box)
- 6.6 fl. oz. (each) age-defying serums – *Diode® 1 & Diode® 2* (AF001BB)
- 16.9 fl. oz. intensely nourishing cream – *Kantic®+* (AF004BB)
- 16.9 fl. oz. rejuvenating eye balm – *Superpulse®* (AF014BB)

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (3 minutes)

(remove impurities & excess oils)

1. Lather a minimal amount of *purifying facial cleanser* in your hands. Apply on damp skin and massage into the skin.
2. Remove the cleanser with a warm, moist towel or sponges.

Skin Analysis (2 minutes)

(determine specific needs of client)

3. Perform a detailed skin analysis using a magnifying lamp to determine the specific needs of your client.

Peel (2–7 minutes)

(exfoliate and remove dead cells)

4. Pour the contents of one packet of the *brightening peel* into a small bowl. Apply with a fan brush, peel applicator, or aesthetic wipes; focus on face, neck, and décolleté. (More than one packet will be needed if treating the décolleté in addition to the face.)
5. Leave the peel on for 2–3 minutes for sensitive skin types, 3–5 minutes for normal skin types, and 5–7 minutes for oily skin types. Avoid eye contour area and lips. *Always use gloves while handling the peel.*

Note: Do not use steam prior to applying the peel; make sure skin is perfectly dry prior to applying the peel. Do not perform a facial massage before or after applying the peel.

Neutralization (5 minutes) *(neutralize the peel)*

6. Remove the peel with a warm, moist towel, sponges, or wipes.
7. Apply 2 pumps each of the two ***age-defying serums***.

Extractions (10 minutes) *(perform extractions if necessary)*

8. Perform extractions as needed.

Treatment (2 minutes) *(calms the skin and has a powerful anti-inflammatory effect)*

9. To provide a powerful antioxidant treatment, massage 5 pumps of the first ***age-defying serum*** into the face and décolleté. Repeat with the second ***age-defying serum***.

Moisturize & Protect (2 minutes) *(hydrate and protect)*

10. Hydrate and protect the skin by applying ***rejuvenating eye balm*** around the eyes and ***intensely nourishing cream*** to the face, neck, and décolleté.

Contraindications

- Do not perform facial waxing for a week pre- and post-peel.
- Do not perform this peel on sunburned skin.
- Do not use this peel on pregnant or nursing women.
- Do not perform this peel on people who are allergic to aspirin.

Additional Notes:

- Avoid eye contour area and lips.
- Tingling is to be expected.
- Transient redness may be visible for 5–24 hours.
- Mild flaking may be possible 48 hours after the peel.
- Avoid sun exposure for 48 hours post-peel, and recommend sunscreen.
- Avoid retinol and AHA / BHA products for 48 hours post-peel.

Retail Recommendations

- Alchimie Forever® brightening moisture mask (24 hours post peel) (AF013)
- Alchimie Forever® antioxidant refining scrub (48 hours post peel) (AF017)

Alchimie Forever® Brightening Peel Facial

This precise, light peel contains a combination of AHAs, BHAs, and blueberry extract to chemically improve the texture, tone, and pigment of the skin, leaving it brighter, softer, and perfectly radiant. Brightening Peel exfoliates the skin, evens out pigmentation, and alleviates acne and breakouts, while it tightens and rejuvenates the skin. It yields immediate and visible results for all skin types, including sensitive and acne-prone skin. The peel neutralizes with water, and extractions can be performed after neutralization of the peel. *Note: This peel can be performed on the face, neck décolleté, back of the arms, and/or the back.*

Skin Type: Safe for all skin types including male skin and darker skin types.

Average Time: 60 minutes

Suggested price: \$150

Approximate Cost of Products: \$8.60

Products

- 16.9 fl. oz. purifying facial cleanser – *Excimer®* (AF015BB)
- 16.9 fl. oz. gentle antioxidant refining scrub – *Excimer®+* (AF017BB)
- 0.17 oz. brightening peel (AF020BB) (20 packets per box)
- 6.6 fl. oz. (each) age-defying serums – *Diode® 1 & Diode® 2* (AF001BB)
- 16.9 fl. oz. brightening moisture mask – *Kantic®* (AF013BB)
- 16.9 fl. oz. intensely nourishing cream – *Kantic®+* (AF004BB)
- 16.9 fl. oz. firming gel for neck and bust – *Alexandrite®* (AF005BB)
- 16.9 fl. oz. rejuvenating eye balm – *Superpulse®* (AF014BB)

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (3 minutes)

(remove impurities & excess oils)

1. Lather a minimal amount of ***purifying facial cleanser*** in your hands. Apply on damp skin and massage into the skin.
2. Remove the cleanser with a warm, moist towel or sponges.

Skin Analysis (2 minutes)

(determine specific needs of client)

3. Perform a detailed skin analysis using a magnifying lamp to determine the specific needs of your client.

Exfoliation (5–7 minutes)

(gently remove dead cells)

4. Using a minimal amount of ***gentle antioxidant refining scrub***, focus on the face, neck, and décolleté to gently remove dead cells. Remove excess scrub with warm moist towels or sponges.
5. Apply 2 pumps each of the two ***age-defying serums*** as a toner.
6. Dry skin with esthetic wipes or a tissue.

Note: Do not use steam prior to applying the peel; make sure skin is perfectly dry prior to applying the peel. Do not perform a facial massage before or after applying the peel.

- Peel** (2–7 minutes) *(exfoliate and remove dead cells)*
7. Pour the contents of one packet of the **brightening peel** into a small bowl. Apply with a fan brush, peel applicator, or aesthetic wipe; focus on face, neck, and décolleté. (More than one packet will be needed if treating the décolleté in addition to the face.)
 8. Leave the peel on for 2–3 minutes for sensitive skin types, 3–5 minutes for normal skin types, and 5–7 minutes for oily skin types. Avoid eye contour area and lips. *Always use gloves while handling the peel.*
- Neutralization** (5 minutes) *(neutralize the peel)*
9. Remove the peel with a warm, moist towel, sponges, or wipes.
 10. Apply 2 pumps each of the two **age-defying serums**.
- Extractions** (10 minutes) *(perform extractions if necessary)*
11. Perform extractions as needed.
- Treatment** (2 minutes) *(calms the skin and has a powerful anti-inflammatory effect)*
12. To provide a powerful antioxidant treatment, massage 5 pumps of the first **age-defying serum** into the face and décolleté. Repeat with the second **age-defying serum**.
- Face Mask** (20 minutes) *(soothe and brighten the skin while quelling redness)*
13. Apply a thick coat of the **brightening moisture mask** to the face and neck using a fan brush. Do not avoid the eye contour.
- Massage of neck and Shoulders** (15–20 minutes) *(manual soothing massage)*
14. Premix equal amounts of **firming gel for neck and bust** and **intensely nourishing cream** in a small cupola with a wooden spatula.
 15. Using the massage mixture, perform a soothing manual massage using long Swedish-like strokes. Focus on the neck and shoulders. Do not massage the face.
- Mask removal** (2 minutes) *(remove excess mask)*
16. Remove excess mask with a tissue or esthetic wipes followed by warm moist towels/sponges.
 17. Apply 2 pumps each of the two **age-defying serums** as a toner; dry the skin with esthetic wipes or a tissue.
- Treatment** (2 minutes) *(powerful antioxidant treatment)*
18. Massage 5 pumps of the first **age-defying serum** into the face and décolleté. Repeat with the second **age-defying serum**.
- Moisturize & Protect** (2 minutes) *(hydrate and protect)*
19. Hydrate and protect the skin by applying **rejuvenating eye balm** around the eyes and **intensely nourishing cream** to the face, neck, and décolleté.

Contraindications

- Do not perform facial waxing for a week pre- and post-peel.
- Do not perform this peel on sunburned skin.
- Do not use this peel on pregnant or nursing women.
- Do not perform this peel on people who are allergic to aspirin.

Additional Notes:

- Avoid eye contour area and lips
- Tingling is to be expected
- Transient redness may be visible for 5–24 hours
- Mild flaking may be possible 48 hours after the peel
- Avoid sun exposure for 48 hours post-peel, and recommend sunscreen
- Avoid retinol and AHA / BHA products for 48 hours post-peel

Retail Recommendations

- Alchimie Forever® brightening moisture mask (24 hours post peel) (AF013)
- Alchimie Forever® antioxidant refining scrub (48 hours post peel) (AF017)