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## **Instinctual® Moisturizing Lotion**

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**Instinctual® Moisturizing Lotion, a Hydrating Therapy Blend, contains wildcrafted Indonesian Ginger essential oil, which energizes the root chakra. This lotion nourishes body, hands, and feet, and it quenches dry skin.**

### **Essential Oil Benefits:**

- ❖ Warming qualities ease the mind and promote relaxation
- ❖ Energizing properties make ginger an aphrodisiac
- ❖ Helps ease muscular aches or pains, and arthritis
- ❖ Stimulant aids in poor circulation
- ❖ Helps ease colds, flu, nausea, motion sickness, and morning sickness

### **Professional Care:**

- ❖ Use as finishing moisturizer to and Hand, Foot, or Body Ritual.
- ❖ Can combine with Infinitely Loving® Oil for extremely dry skin
- ❖ Prep skin first with Eloquent® Toner.

### **At-Home Care:**

- ❖ Apply to hands, feet, and body to alleviate dry, cracked, or chapped skin.
- ❖ Can combine with Infinitely Loving® Oil for extreme dry skin
- ❖ Prep skin first with Eloquent® Toner.

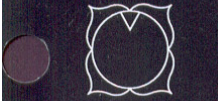





### **Key Ingredients:**

- ❖ Wildcrafted Indonesian ginger, olive, sesame, soybean, palm/coconut oils, vitamins A and E, avocado, shea butters, and aloe

### **Eco-Conscious Aspects:**

- ❖ PEG free, paraben free, biodegradable, and free of synthetic dyes

## Root Chakra

THE ROOT	LOCATION	COLOR	ELEMENT	GEMSTONE	PRIMARY ESSENTIAL OIL
 Muladhara (mul-AH-dar-aa)	 Base of Spine	 Red	 Earth	 Garnet	 Ginger (Indonesia)

### Concerns:

Security and self-preservation, connection to Mother Earth, physical existence, survival, health, home, food

### Positive State:

Strong relationship with Mother Earth, positive attitude about life, good health, vitality, feeling stable, safe and secure

### Imbalanced State:

Cold hands or feet, fatigue, disconnected from body, fearful, disorganized, possessive