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Affirming Scrub Masque®



Affirming Scrub Masque, an exfoliating and refining duo, contains wildcrafted Indonesian Ginger essential oil, which energizes the solar plexus chakra. This scrub and masque in one gently exfoliates and refines the skin for a more streamlined manicure, pedicure, or body treatment. Micro-algae smoothes rough areas and sloughs off dead skin cells, preparing the skin to receive the benefits of ginger. Naturally colored with annatto.

Essential Oil Benefits:

- ❖ Warming qualities ease the mind and promote relaxation
- ❖ Energizing properties make ginger an aphrodisiac
- ❖ Helps ease muscular aches or pains, and arthritis
- ❖ Stimulant aids in poor circulation
- ❖ Helps ease colds, flu, nausea, motion sickness, and morning sickness

Professional Care:

- ❖ Apply to dry hands, feet, or body, massage with circular motions to slough off dead skin cells, concentrating in areas with flaking or thicker skin. Let set for 5 minutes wrapped in plastic and a warm towel. Rinse and remove.
- ❖ Follow with Infinitely Loving® Oil, Instinctual® Moisturizing Lotion, or Well-Connected™ Massage Crème.
- ❖ Mix with choice of bath salts and/or Infinitely Loving® Oil for greater exfoliation and/or hydration.

At-Home Care:

- ❖ Apply a generous layer to dry hands, feet, or body. Scrub with small circular motions to exfoliate. Let set for 5 minutes, then rinse.
- ❖ Mix with choice of bath salts and Infinitely Loving® Oil for greater exfoliation and hydration.
- ❖ Due to its gentle nature, it may be used before or after shaving.

Key Ingredients:

- ❖ Diatomaceous Earth (known as micro-algae), wildcrafted Indonesian ginger, vitamins A and E, olive, sesame, and soybean oils, avocado and shea butters, and aloe

Eco-Conscious Aspects:

- ❖ PEG free, paraben free, biodegradable, and free of synthetic dyes

Solar Plexus



Concerns:

Joy and personal identity, personality, power and will, energy, self-worth, likes and dislikes, social identity, beliefs, attitudes, activities

Positive State:

Inner harmony, self acceptance, confidence, comfortable with life experiences, attracting what you want in life, warm personality, responsible

Imbalanced State:

Irritability, low self-esteem, temper outbursts, stubbornness, hyperactivity, trying too hard to please, constipation, poor memory