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## Close Your Eyes™ Bath Salts

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**Close Your Eyes 21 Mineral Bath Salts contains Egyptian Geranium essential oil, which energizes the sacral chakra. This bath salt helps to calm the mind and reduce feelings of anxiety. Use alone or with SpaRitual Harmonizing Soak Tonic® to bathe body, hands, and feet. Naturally colored with beet root.**

### **Essential Oil Benefits:**

- ❖ Helps ease symptoms associated with PMS, depression, stress, anxiety, tension, fluid retention, edema, eczema, and menstrual irregularities
- ❖ Creates balance between oily and dry skin

### **Professional Care:**

- ❖ Add bath salts to water alone or with Harmonizing Soak Tonic®.

Hand Ritual = 1 heaping scoop

Foot Ritual= 2 heaping scoops

Body Ritual= add a generous amount

- ❖ Mix with Affirming Scrub Masque® to boost exfoliation.

### **At-Home Care:**

- ❖ Add a generous amount of salts to bath water alone or with Harmonizing Soak Tonic® for maximum results.
- ❖ Great for mature or sun-damaged skin
- ❖ Mix with Affirming Scrub Masque® to boost exfoliation.

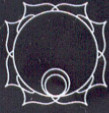





**Key Ingredients:**

- ❖ Egyptian Geranium, Dead Sea Salts, Caramel, and Beet Root

**Eco-Conscious Aspects:**

- ❖ PEG free, paraben free, biodegradable, and free of synthetic dyes

## Sacral Chakra

| SACRAL   | LOCATION   | COLOR   | ELEMENT  | GEMSTONE   | PRIMARY ESSENTIAL OIL  |
|--|--|---|--|--|--|
| <br>Swadhisthana<br>(swa-DISTD-aahna) | <br>2" below<br>navel | <br>Orange | <br>Water | <br>Amber | <br>Frankincense<br>(India) |

### Concerns:

**Creativity, self gratification, sexuality, creativity, desire, reproduction, personal growth, pleasure, emotions, relationships**

### Positive State:

**Comfortable flow of feelings, enthusiasm about life, creative actions, capable of feeling sexual and sensual pleasure**

### Imbalanced State:

**Allergies, depression, sexual problems, mood swings, emotionally dependent or detached, lack of self love**