

Close Your Eyes™ Oil, a calming therapy blend, contains a blend of organic geranium essential oil to balance the sacral chakra and calm the mind and reduce anxiety. This massage oil for body, hands, and feet conditions the skin, leaving it soft, smooth, and glowing. It is great for use with the existing Close Your Eyes 21 Mineral Bath Salt and Close Your Eyes Organic Moisturizing Lotion. It features 20% organic ingredients.

**Essential Oil Benefits:**

- ❖ Helps ease symptoms associated with premenstrual syndrome, depression, stress, anxiety, tension, fluid retention, eczema, and menstrual irregularities.
- ❖ Creates a balance between oily and dry skin.

**Professional Care:**

- ❖ Massage gently into hands, feet, and body.
- ❖ Also effective when used in scalp massage.
- ❖ For added moisture, combine with Close Your Eyes® Moisturizing Lotion or Well-Connected™ Massage Crème.

**At-Home Care:**

- ❖ Massage gently into hands, feet, and body for supple, smooth skin.
- ❖ Great right out of the shower

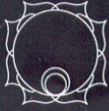





**Key Ingredients:**

- ❖ Geranium essential oil and organic jojoba, sesame seed, and sunflower oil.

**Eco-Conscious Aspects:**

- ❖ PEG free, paraben free, biodegradable, and free of synthetic dyes

## Sacral Chakra

SACRAL	LOCATION	COLOR	ELEMENT	GEMSTONE	PRIMARY ESSENTIAL OIL
 Swadhisthana (swa-DISTD-aahna)	 2" below navel.	 Orange	 Water	 Amber	 Frankincense (India)

### Concerns:

Creativity, self gratification, sexuality, creativity, desire, reproduction, personal growth, pleasure, emotions, relationships

### Positive State:

Comfortable flow of feelings, enthusiasm about life, creative actions, capable of feeling sexual and sensual pleasure

### Imbalanced State:

Allergies, depression, sexual problems, mood swings, emotionally dependent or detached, lack of self love