

Instructions for the Classic & Tilting Face Rests

Oakworks® Face Rests are supported with frames of strong, lightweight aluminum and are powder-coated for a scratch-resistant finish. They can be stored inside most portable tables.



Classic Face Rest:
Our single position Face Rest lengthens your table as much as 12 inches while providing excellent access to your client's head, neck and shoulders in prone or supine positions.



Tilting Face Rest:
The perfect solution for anyone looking for a face rest that is simple and light. With only one articulating joint and a single cam lever, adjustments are a snap.



Fig. 1

Instructions for Adjusting the Tilting Face Rest:

Always Adjust the Face Rest with Your Client on the Table

- Starting with the face rest in a flat position, have your client lie face down on the face rest. (Fig. 1)
- Ask your client to support the face rest with two hands by holding onto it at the velcro on the sides of the U-shaped tube as you unlock the cam locks. (Fig. 2)
- When the face rest is in a position that meets your treatment requirements and your client's optimal comfort, lock the cam locks. (Fig. 3)



Fig. 2



Fig. 3

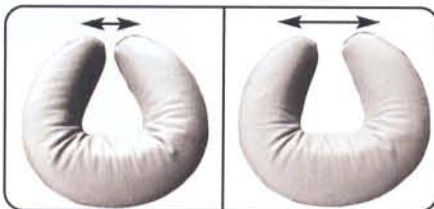


Fig. 4

Tips for Great Positioning:

- The face pad is flexible so that you can bring the open ends together or spread them apart to achieve the most comfortable support for any size face. (Fig. 4)
- The face rest pad is attached with velcro so that you can adjust the distance of the face rest from the table. You may require greater distance for larger clients or when an arm rest is used; less distance for more petite clients or when arms are resting on the table. (Fig. 5)



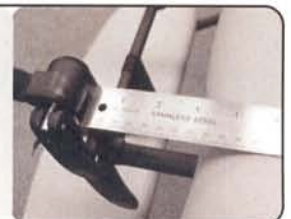
Fig. 5



**Maximum
Weight Capacity for
Classic or Tilting Face Rest:
25 lbs**

CAUTION:

DO NOT extend the dowels of the Face Rest further than 3" from the table portals to ensure a stable connection.



Instructions for Attaching a Disposable Face Rest Cover:

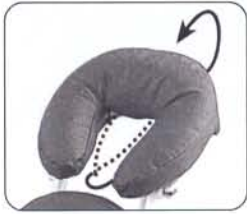


Fig. 6

- Place disposable Nurse's Cap over the Face Rest pad and gently cut a "V" into the fabric to follow the Face Rest pad opening. Do not cut the elastic. (Fig. 6)
- Pull the "V" under the pad and attach it to the velcro on the upper tube of the Face Rest. (Fig. 7)



Fig. 7

Instructions for Using a Lowered Arm Rest with Your Face Rest:



Fig. 8

- The "Smiley" (Fig. 8) is a curved piece of flat plastic with a hole in each end. It's purpose is to anchor the support strap of the armrest.
- Pick up your face rest and hold it with the support arms of the face rest pointing away from you. Slip the "Smiley" onto the support arms. (Fig. 9)
- Insert the support arms into the holes at either end of your table.



Fig. 9

Note: *The "Smiley" must be removed when storing your face rest in the table.*

Instructions for Attaching the Arm Rest Shelf to the Classic, or Tilt Face Rest* :



Fig. 10

On Wooden Portable Tables:

- After attaching the "Smiley" to your face rest, snap the two ends of the quick release buckle together around the "Smiley" for support. (Fig. 10)
- To adjust your Arm Rest Shelf, pull on the strap to raise the shelf or loosen the strap to lower it. When completed, your Arm Rest Shelf will be attached as shown. (Fig. 11)

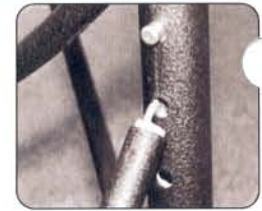


Fig. 13



Fig. 11

On Metal Portable Tables:

- Unfold support arms. (Fig. 12)
- Insert hooked ends of the Arm Rest Shelf support arms into the holes on the legs of the table. (Fig. 13)
- Snap the two ends of the quick release buckle together around the cross bar of the face rest. (Fig. 14)
- To adjust your Arm Rest Shelf, pull on the strap to raise the the shelf or loosen the strap to lower the it. When completed, you Arm Rest Shelf will be attached as shown. (Fig. 15)

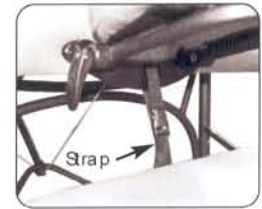


Fig. 14



Fig. 12



Fig. 15

CAUTION:

Excessive force, such as clients pushing on the Arm Rest Shelf to lift themselves off the table, may damage the table and/or the Arm Rest Shelf as well as being potentially hazardous to your client. This type of damage to the equipment is *NOT* covered by your warranty.