

Himalayan Salt Stones

Disinfection:

We recommend Benefect Botanical Disinfectant, as it will not cause the stone to degrade.

After each use, spray the stones with Benefect Botanical Disinfectant, following label instructions. After disinfection, it is important that the stones are placed back into a heat source to dry completely.

Heating:

Salt Stones may be heated by using the following methods: hot stone heater, basket or salt bowl lamp, dry stone warmer, or warming pad.

Care and Use:

Salt Stones will last longer if cared for correctly. Introduction of water (such as salt scrub treatment, lymphatic drainage massage, and disinfectant) will cause a pitting effect, which will require sanding with smooth sandpaper and the replacement of your stones over time. Keep stones as dry as possible for optimal usage. Recommended oils to partner with stones are jojoba and coconut, as these two oils do not get rancid. Lotions, creams, and gels are not recommended.