

Petitgrain – *Citrus aurantium var. amara*

Code: T146 **Vol:** 10ml

Country of Origin: Paraguay

About the oil.

Distilled From: Steam distillation of the leaves and twigs of the bitter orange tree.

Aroma & appearance: Subtle, sweet, orange, floral aroma. Clear to pale yellow in color.

Some beneficial ways of enjoying the oil:

- Before an important evening out, try soaking in a tepid/warm bath containing 3 drops of Petitgrain, 1 drop of Rosemary and 2 drops of Bergamot, all blended in a teaspoonful of Coconut oil.
- Blend the following oils in 10ml of Peach Kernel oil for a delicious-smelling massage oil to help you sleep: 1 drop of Petitgrain, 2 drops of Neroli and 2 drops of Lavender.
- To soothe the senses and uplift the spirit, blend 2 drops each of Petitgrain, Neroli, and orange in 10ml of jojoba oil and swirl into a warm bath. Lie back and experience the full sensation of the orange tree, the fruit, the flower and the leaves.

Petitgrain oil is steam distilled from the twigs and leaves of the Bitter Orange tree, *Citrus Aurantium* subspecies *Amara*. This is the same tree from which Neroli (Orange Blossom) and Bitter Orange essential oils are produced. Sometimes referred to as the 'poor mans' Neroli, having a similar aroma. The Paraguayan oil is distilled exclusively from the bitter-sour subvariety of Bitter Orange trees, which grow both semi-wild and cultivated throughout the interior of Paraguay. Production of the oil is dominated by Paraguay with high quality and cost effective production.

Did you know?

Once extracted from the green unripe oranges of the tree, when they were no bigger than a cherry, giving rise to the name 'Petit Grains', meaning little grains.

Key Search words: Soothing, relaxing, skincare, sensual.
