

## Lavandin – *lavandin grosso*

**Code:** T178                      **Vol:** 30ML

**Country of Origin:** France

### About the oil

**Distilled From:** Steam distillation of the flowering tops

**Aroma & appearance:** Refreshing, sharp, penetrating and floral aroma. Clear in color

#### Some beneficial ways of enjoying the oil:

- Lavandin is a low cost replacement for Lavender. During the daytime, when a more warming and clearing aroma is required. For a refreshing morning shower, try blending 10 drops of Lavandin, 5 drops of Pine and 5 drops of Lemon with 100ml of unfragranced shower gel – shake well before use.
- To cleanse and uplift a room's atmosphere, try 3 drops of Lavandin, 1 drop of Rosemary and 2 drops of Bergamot in a burner or diffuser.

#### Did you know?

Lavandin is steam distilled from the flowering tops of this hybrid plant, developed by crossing True Lavender (*Lavendula angustifolia*) with Spike Lavender (*Lavendula latifolia*). The essential oil yield of the plant is extremely high compared to True Lavender and it is widely cultivated as well as growing wild, especially in the South of France. The high yield makes it much cheaper to produce than true lavender and is produced in much higher volumes.

The presence of Spike Lavender gives Lavandin a more camphoraceous and penetrating aroma than True Lavender. Those looking for an aroma reminiscent of English garden lavender may well prefer Lavandin.

Lavandin is widely used to replace Lavender by the perfume and cosmetics industries.

**Key Search words:** Clearing, relaxing, warming

#### Safety Data

Do not use Lavandin at all during early pregnancy and only with specialist advice thereafter

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