

Organic Eucalyptus Globulus – *Eucalyptus globulus*

Code: OR005

Vol: 30 ml

Country of Origin: Portugal

About the oil

Distilled From: Steam distillation from the fresh or partly dried, long and narrow leaves of the tree.

Aroma & appearance: Clearing, camphoraceous and herbaceous. Colorless liquid.

Some beneficial ways of enjoying the oil:

- Extremely useful during the winter months. It can be very effective in a steam inhalation to help congestion. Try adding 2 drops Eucalyptus, 1 drop Roman Chamomile and 1 drop Lavender to a bowl of just-boiled water. Lean over the bowl (not too close) with a towel covering your head and inhale the vapors for a few minutes. Alternatively, blend the same oils in two teaspoons of Sweet Almond oil and massage into the chest and back.
- Blend with Cedarwood in an oil burner. Eucalyptus can help maintain an insect-free BBQ!

This is Eucalyptus 80/85, which refers to the eucalyptol content in the oil (80-85%). Other companies may supply an inferior quality known as 70/75. There are many hundreds of different types of Eucalyptus that contain high levels of eucalyptol, but Globulus is the most popular.

Did you know?

Australian Aborigines refer to the plant as 'Kino' and bind the leaves to serious wounds.

Key Search words:

Clearing, stimulating, winter ailments, invigorating, antiseptic, centering and antiviral.

Safety Data

A powerful oil to be used in moderation.
