

Clove Bud – *Eugenia caryophyllata*

Code: T142 **Vol:** 10ML

Country of Origin: Madagascar

About the oil

Distilled From: Water distilled from the dried flower buds.

Aroma & appearance: Sweet, spicy and fruity. Pale yellow in color.

Some beneficial ways of enjoying the oil:

- To help stave off winter chills, add 1 drop of Clove Bud, 2 drops of Lavender and 2 drops of Bergamot to the water in an oil burner or diffuser and allow the aroma to fill the room.
- Clove buds have traditionally been used to reduce the pain of toothache. A hot compress using essential oils can also be very comforting. Try adding 1 drop of Clove Bud and 1 drop of Lavender to a bowl of hand-hot water, soak a flannel in the water and wring out. Place the flannel on the affected area and leave until it loses its warmth.

This oil is water-distilled from the dried flower buds of the Clove tree. There are three different oils obtained from the clove tree - leaf, bud and stem. Of these three, bud is the safest to use because it has the lowest Eugenol content, though it is still as high as 60-90%. Clove oil is used extensively in perfumes, cosmetics and dental preparations.

Did you know?

Cloves are often in Mulled wine and liqueurs to add a spicy note to the flavor

Key Search words: Stimulating, winter ailments, anti-septic, invigorating

Safety Data. Clove Bud oil is recommended for use in a burner or diffuser only, unless otherwise advised by a qualified aromatherapist.
