

Juniperberry *Juniperus communis***Code:** T155 **Vol:** 5 ml**Country of Origin:** Croatia**About the oil****Distilled From:** Steam distillation of the berries.**Aroma & appearance:** Sweet, clear, sharp astringent aroma. Clear in color.**Some beneficial ways of enjoying the oil:**

- Juniperberry is best known for cleansing and encouraging elimination. To improve the appearance of cellulite, try vigorous massage with a blend of 2 drops of Juniperberry and 2 drops of Grapefruit in 10ml of Jojoba oil.
- Added to unfragranced shower gel, the same essential oils have a cleansing and refreshing effect, ideal for beating those morning-after blues!
- Juniperberry is useful after any period of indulgence - try making the following body massage oil a New Year resolution: Blend together 30ml of Apricot Kernel oil, 4 drops of Juniperberry, 6 drops of Rosemary and 6 drops of Geranium. Apply daily, preferably in the morning.

There are several types of oil produced from the Juniper plant. One is the superior quality Juniperberry oil, made from the berries and the other main one, often referred to as "Juniper" oil, is an inferior product distilled from the twigs and leaves. The juniper fruits are widely used for gin production. Some juniper oils are produced as a by-product of the fermentation process. This Juniperberry oil is steam distilled from premier-grade juniper berries, giving an excellent, high quality oil, ideal for aromatherapy.

Did you know?

In Tibet the leaves, twigs and berries are often burnt to cleanse and disinfect the atmosphere.

Key Search words: Clearing, stimulating, Eliminating, Antiseptic,**Safety Data**

Not to be used during pregnancy or by those with kidney disorders. Best used within a year of opening.
