

Moor Mud Austrian

Moor is made of decomposed herb and plant compounds over hundreds and thousands of years in nature's own laboratory and mined in the European alpine region. Its history is extensive, dating back before the Romans, where mankind and animals alike used moor internally and externally for a variety of ailments

Moor's minerals, phytohormones, amino acids, and vitamins help reduce cellulite and weight, and revitalize, detoxify, and rebalance the entire body – skin, tissues, and organs. It is used to accelerate scar tissue retraction, reduce inflammation, and even regenerate new skin on many kinds of injuries. Over 100 organic compounds are found in Austrian moor mud. It is recommended for inflammatory conditions, such as injuries or arthritis. It is also very nourishing to the skin. The moor mud possesses potent detoxifying and revitalizing properties, leaving the body feeling refreshed, cleansed, and invigorated.

Usage

- ❑ Recommended for use in hydrotherapy treatments and wraps.
- ❑ Adding a small amount of carrier oil to the mud and mixing it well ensures hydration and easier removal of body wraps.
- ❑ Add 1 to 2 cups (depending on size of tub) of Moor Mud to running water for a hydrotherapy treatment.
- ❑ Prepare 1 cup for a full body wrap.
- ❑ Recommended for cellulite treatments.

Active Ingredients

- ❑ 100% Austrian Moor Mud