

## **Hair and Scalp Treatment Oil – Oily Hair Blend**

The Oily Hair Blend of the Hair and Scalp Treatment Oil is An astringent aromatherapy blend for oily hair and scalp designed to be used in a soothing restorative head and scalp massage, whether in the salon or at home. It is fused in a base of Coconut, Jojoba, Evening Primrose, Borage Apricot Kernel and Avocado. These oils have been selected as they add their own nutrients to the hair, scalp and skin. It contains the following essential oils: Lemon, Bergamot and Lemongrass are deep cleansing and aid in detoxification. Geranium and Cedarwood help to balance the overproduction of oil. Spearmint is refreshing and uplifting with a hint of Cypress to purify the scalp.

### **Procedure**

1. Place about 25ml of the Oily Hair Blend Hair and Scalp Treatment Oil into an oil warmer and warm the blend for about 10 minutes
2. While the blend is warming, gently brush through the hair removing any knots and tangles. This stimulates the blood circulation to the scalp, and prepares the way for optimum absorption of the oils into the hair and scalp. While the oil is warming, perform a neck massage.
3. When the oil blend is warm enough, massage carefully into the scalp and hair, ensuring all areas are covered. Work from the hairline at the front backwards, dividing the area into small sections with a comb.
4. Pay special attention to the crown area on top of the head where most people carry a lot of tension.
5. Massage deeply around the temples and the base of the skull, where the neck muscles insert into the occipital bone. When the area has been covered, wrap the head in a warm towel and leave the oil on for about 30 minutes.
6. Wash the hair with a mild shampoo. Only use a conditioner if necessary and leave the hair to dry naturally for the best results.

### **Benefits of Head Massage with Hair Blends**

It helps:

- Promote a sense of calm, inner peace, and tranquillity.
- Release of minor anxieties.
- Provide relief from depression, mood swings, and headaches.
- Increase levels of concentration and focus.
- Change sleep patterns.
- Balance and energize the mind, body, and soul.

In addition, the Hair & Scalp Treatment Oils are:

- Fragrant hair products that are natural and not synthetic.
  - Hair oils that really do something to the hair and scalp.
  - A short treatment with immense perceived value, very cost efficient for the salon, repeat treatment and sales guaranteed.
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