

Sedona Mud Powder

Description - A rich clay powder from the southwest used for body masks and wraps. Reddish-brown in color.

Indications

- ❑ For all body masks and wraps.
- ❑ Works wonderfully with detoxification treatments.

Contraindications

- ❑ Clients with high blood pressure and diabetes should not have heat treatments.

Actives Ingredients

Red Clay- Purifying properties. Remineralizes and helps stimulate circulation.

Benefits - This rich mineral powder will nourish and detoxify as well as stimulate the lymphatic system.

Professional Use

1. Perform an exfoliating treatment prior to use or prepare the skin using a soft body brush to stimulate circulation and gently exfoliate the skin.
2. Mix Sedona Mud powder (1 cup) with warm water until it has reached a rich and smooth consistency.
3. Apply a thin layer to the body (from neck to toe) and cocoon with plastic wrap.
4. Cover with a thermal blanket for 20-30 minutes.
5. Remove with a Vichy Shower or with warm towels.
6. Finish with a slimming or firming body cream.

Considerations

- ❑ The Sedona Mud may be used as a facial mask for clients with acne or oily skin.
- ❑ Sedona Mud may be combined with essential oils to perform a more customized treatment.