

CHAMOMILE AND MARINE ALGAE BODY MASQUE

High-potency, fortifying anti-oxidant algae and essential oils seep into the undernourished skin renewing its strength and vitality, ultimately leaving it soft and supple. Lavender essential oil, chamomile, marigold, lime and cornflower extracts are infused into a marine algae, kelp and glycerin base designed to soothe and heal. Feel stimulated and refreshed!

- ❑ Red Algae: Increases white blood cell count. Source of vitamins, minerals, trace elements, and enzymes.
- ❑ Sea Kelp: Absorbs moisture. Softens skin.
- ❑ Lavender Oil: Anti-bacterial. Relieves pain. Relaxes.
- ❑ Chamomile: Calms.
- ❑ Marigold Extract (Calendula)? Heals tissue for wounds and skin irritations.
- ❑ Linden Extract a.k.a. Tilia Cordata Flower:
- ❑ Cornflower: Cools. Soothes.
- ❑ Patchouli Oil: Stabilizes. Anti-inflammatory. Astringent. Reduces anxiety.
- ❑ St. John's Wort Extract: Heals wounds. Cleanses. Anti-inflammatory.

Algae Masque Treatment Protocols (Dry Room)

PREPARATION:

1. Place the Chamomile and Marine Algae Body Masque in Amber Treatment Bowl or mud warmer and allow the masque to heat for 5 – 10 minutes until it is uniformly warm/slightly hot.
2. Place a wool blanket on the massage table.
3. Cover the blanket with a sheet.
4. Place a Space Blanket over the sheet.
5. Place plastic sheeting on the table.

CLIENT PREPARATION:

1. Have the client remove all of his/her clothing and slip into disposable briefs/bra or boxers.
2. Have them drink a glass of water at room temperature.
3. Assist them on to the table.

APPLICATION:

1. Dry brush body area to be treated.
2. With the client in a seated position, remove a small amount of algae from the heater and massage onto the clients back.
3. Have the client lay back onto the massage table face up.
4. Gently bend one leg and massage a thin layer of algae onto the entire leg area beginning with the foot and working upwards to the buttock. Make sure you cover the entire front and back. Cover with the leg with the plastic wrap. Repeat the process for the other leg.
5. Move up to the abdomen and arm area continuing to thinly cover the entire torso area with a light layer of algae massaged into the treatment area.
6. Wrap the entire body with plastic wrap, then the Space Blanket, then the Sheet, and finish with the Wool Blanket.
7. Place a cool towel across the client's eyes and dim the lights.
8. Let the client relax for 20 minutes.

REMOVAL:

1. Starting with the leg area, gently unwrap one leg. With warmed towels start to remove the algae. Once the algae is removed, roll the plastic wrap up toward the middle of the bed and leave in between the leg area.
1. Repeat on the next leg. When this area is complete, gently remove the plastic from the lower half of the bed.
2. Cover client with a bath towel as you finish each area.
3. Moving upward toward the trunk of the body, unwrap and remove the algae.
4. When the entire front of the body is complete, have client sit up and remove remaining algae from the back. Remove remaining plastic from the bed.
5. Place a large owl around client and give them a bottle of chilled Amber Vitamin Infusion or a cup of warmed Amber Slimming Tea. This will help the client regain their composure and balance.
6. Algae should not stain.

Mud Masque Treatment Protocols – WET ROOM

PREPARATION:

1. Place selected Amber Algae Masque in Amber Treatment Bowl or mud warmer and allow the masque to heat for 5 – 10 minutes until it is uniformly warm/slightly hot.

CLIENT PREPARATION:

1. Have the client remove all of his/her clothing and slip into disposable briefs/bra or boxers.
2. Have them drink a glass of water at room temperature.
3. Assist them on to the table.

APPLICATION

1. Dry brush body area to be treated.
2. Have client lay face down on the vichy shower bed.
3. Starting at the feet, begin applying a thin layer of algae in a massage like motion.
4. Work up the back of the legs and finish at the back, completely covering the entire exposed backside of the body.
5. Have client turn over.
6. Cover the entire front side of the body in the same manner, omitting the breast area.
7. Let the client relax for 20 minutes.
8. For added warmth, apply plastic wrap and a Thermal Blanket over the client.

REMOVAL

1. Lowering the showers, begin by removing the algae from the body with warm water making sure that you also remove any algae residue from the bed.
2. Have client roll over and repeat on backside.
3. When all algae is removed, roll client over so they are facing upwards. Lift showers. Lightly dry client and then wrap a large towel around the client.
4. Give the client a bottle of chilled Amber Vitamin Infusion or a cup of warmed Amber Slimming Tea to sip on. This will allow the client a chance to regain their composure and balance.
5. Leave client in room to remove disposable undergarments and change into their robe or clothing.