

## Hand to Heel Softening Salve™



2.70 oz.  
net wt.  
in coated  
apothecary tin

**INSPIRATION:** After many years of experimentation and a lot of research, Farmaesthetics came up with a simple, yet highly effective healing, protective salve for combating the effects of these 4 unavoidable S-es: Sun, Smoke, Sugar and Stress. It contains calendula. There are few of nature’s ingredients as potent as the combination of calendula and beeswax. It protects and heals the effects of work, wear and tear, exposure to the elements, wounds and burns (even those produced by laser surgery), bruises, and eczema (including childhood and nervous onset). Calendula is a heady resinous marigold flower, containing potent active healing constituents. Beeswax provides germ killing, protective barriers that lock in moisture. Lavender is added for its antiseptic, anti-inflammatory agents, as well as soothing scent and settling effect on the skin and nervous system. Peppermint and beta carotene add additional building blocks for tissue rejuvenation.

**RECIPE:** Sweet almond oil\*, calendula\*, beeswax\*, lavender and peppermint essential oils, carrot oil, natural vitamin E (*certified organic ingredients\**)

Sweet Almond Oil	A light, odorless, high-grade fruit kernel oil - wonderfully nourishing to the skin.
Calendula	A heady, resinous flower from the marigold family. Calendula one of the most powerful of all the skin-repairing herbs or flowers. It is used to promote fast healing of wounds, scars or burns, including those produced by laser surgery. Farmaesthetics uses Calendula oil as a base for most of its skin oils, creams, salves, and lotions. Farmaesthetics finds this bright golden flower to be nature’s number one herb for restoring and restructuring damaged skin. Farmaesthetics’ Calendula Remedy Oil is used in dermatologist’s offices to treat dry mature or troubled skin on the face as well as the hands and body. Farmaesthetics has clients that use it expressly to treat the ravages of eczema, psoriasis, and other conditions traditionally treated internally and externally with prescription drugs...none with the effect and outcome of Calendula.
Beeswax	Beeswax is a completely mysterious ingredient. It is a perfect natural preservative when used in herbal preparations such as salves and balms and has been used for centuries as an integral component of skincare and cosmetic formulations. Beeswax contains its own antibacterial agents that work with the other complex constituents of the wax, to speed healing of the skin. It is also a perfect protectant, sealing in moisture while binding active herbal ingredients to the skin, so as to maximize the herb’s healing benefits.
Lavender Essential Oil	Lavender is the herb Farmaesthetics uses most in its skincare preparations, as it is the most versatile, with uses ranging from decongestant to sedative. This versatility is due to the complexity of the herb’s chemistry and its numerous active constituents. It is best summed up, as a calming, soothing and above all balancing herb, (that smells wonderful!). It stimulates and rejuvenates the skin and restores the skin’s natural balance in oil production. It also stimulates sore, exhausted muscles and soothes the nerves, while acting as an aromatic astringent.

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Peppermint Essential Oil	Cools the skin. Relieves the discomforts of heat rash. Reduces the itch and sting of insect bites. The menthol in the leaf and oil provides a sense of relief and refreshment to most skin irritations, as well as providing sinus relief to a congested nose.
Carrot Oil	Carrots contain over 600 identified carotenoids, making them an unparalleled source of antioxidants with extraordinary skin protection and conditioning benefits.
Natural Vitamin E	Used to stabilize all of Farmaesthetics natural non-aqueous formulations. Benefits in restoring skin's elasticity. Assists in healing scars and preventing stretch marks in skin that is being stretched from pregnancy or weight gain.

**APPLICATIONS and BENEFITS:**

- Softens rough, dry elbows, knees and heels.
  - Promotes healing.
  - Softens and conditions cuticle and nail- beds.
  - Callus softener.
  - Useful on diabetic skin conditions such as cracked hardened heels.
  - We have much feedback that it actually relieves and helps eczema!
  - Softens dry, flaking “cradle cap” in infants.
  - Diaper salve for baby rashes and nipple balm for nursing mothers.
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