## Lavender Bud Body Scrub

lavender bud - regenerates

## To be mixed with Lavender Sweet Soy Oil or Midnight Honey

Professional Use Only



**INSPIRATION**: The same lovely aesthetician in Birmingham, Alabama, who shared her age-old recipe for lovely, healthy skin throughout the years (her own complexion glowed still at 80!) swears that the best exfoliating scrub she has ever known, store bought or not, is cornmeal. Used for centuries, the smooth, well-rounded cornmeal grain has been used to scrub away the dry, flaky outer layer of skin without using abrasives that can tear and irritate sensitive skin.

Net wt. 32 oz. in PET Jar

Gentle and available organically, mix the Scrub with any of our Sweet Soy Oils or Remedy Oils, to activate the whole organic herb to bring health and beauty

benefits to the body through an external herbal "poultice" application.

Keep in a cool and dry storage area.

**INGREDIENTS**: yellow cornmeal, lavender bud\* steeped sea salt (added for natural preservation). (certified organic ingredients\*)

Yellow Cornmeal	Cornmeal is made from corn, and used traditionally as a gentle exfoliate. This age-old method of removing dry, flaky surface skin is highly
	effective. Each grain of cornmeal is a soft, round granule, unlike salt
	crystals with their jagged edge that can be irritating to sensitive skin. The
	rolling of each grain on the skin during external application not only exfoliates and stimulates circulation; it feels wonderfully invigorating to
	the entire system.
Steeped Sea Salt	Solar salt is produced by the action of sun and wind on seawater in natural
	salt lakes and oceans. The water evaporates in successive ponds until salt
	crystallizes on the floor of the "ponds", where it is harvested. Known for
	their re-mineralizing, water-softening properties, solar salts provide the
	perfect environment for a therapeutic salt bath.
Ground Lavender	Lavender is the herb Farmaesthetics uses most in its skincare
Buds	preparations, as it is the most versatile, with uses ranging from
	decongestant to sedative. This versatility is due to the complexity of the
	herb's chemistry and its numerous active constituents. It is best summed
	up, as a calming, soothing and above all balancing herb, (that smells
	wonderful!). It stimulates and rejuvenates the skin and restores the skin's
	natural balance in oil production. It also stimulates sore, exhausted
	muscles and soothes the nerves, while acting as an aromatic astringent.

## **BENEFITS:**

- Stimulating to the lymph system, strengthening the whole system.
- Increases circulation.
- Invigorate the whole system.
- Buffs the body to a smooth polished glow.
- Introduces properties of herbs and flowers to impart powerful herbal benefits of specific plants to target conditions.
- Herbs and flowers release properties at various times, while exfoliating, infusing the experience with texture and fragrance.

## **USES:**

- Scrub to remove rough skin of heels and feet during pedicure.
- Effective for softening and brightening skin on hands, arms and elbows.
- Body buff will restore a healthy glow.
- Supports detoxification process.