



INSPIRATION:

This highly specialized, non-aromatic herbalist formulation is prepared by hand with organically grown herbs. Unlike typical massage and bath oils made with herbal extracts or aromatic essential oils, Farmaesthetics’ Remedy Oils are infused with whole organic herbs. The herbs we choose undergo a traditional

infusion process, allowing time to garner the healing properties inherent in each. The result is significant when used in hot bath soaks and external massage and absorbed through the skin.

INGREDIENTS: almond oil, organically grown whole lemon balm* and vitamin e (*certified organic ingredient**)

Lemon Balm

Lemon Balm is in the Mint family and is known for cooling and restoring a depleted, exhausted system...but not the kind of exhaustion that comes from exercise, sport or physical exertion, but the kind that comes when one is over-extended, anxious or unable to sleep, due to prolonged periods of mental or emotional “selflessness”. This is a powerful remedy to use when mothering a newborn, dealing with a stressful emotional situation or taking care of a sick or elderly parent.

Sweet Almond Oil	A light, odorless, high-grade fruit kernel oil - wonderfully nourishing to the skin.
Lemon Balm	A member of the mint family, Lemon Balm is appropriate for use for the most sensitive and/or weakened of conditions. It is known as a potent treatment for anxiety and insomnia, especially in new mothers and pregnant women, whose systems may be depleted from all the demands and hormonal changes of their bodies. Farmaesthetics uses Lemon Balm in its whole herb form, which is a powerfully complete way to administer all the known benefits of this gentle, non-toxic herb.
Vitamin E	Used to stabilize all of Farmaesthetics natural non-aqueous formulations. Benefits in restoring skin’s elasticity. Assists in healing scars and preventing stretch marks in skin that is being stretched from pregnancy or weight gain.