

## Nourishing Lavender Milk™



8 oz. glass apothecary bottle with pump

**INSPIRATION:** Farmaesthetics wanted to have the same rich moisturizing formula as its herbal cream available with “slip” and “glide” for professional therapists and estheticians, as well as provide a lighter application of these wonderfully powerful herbs and oils. They wanted to offer a product that would serve even those with nut allergies, hence the use of soybean oil. ...AND, it is a light lotion that can be used everyday under makeup.

**INGREDIENTS:** soy oil, calendula, witch hazel, lavender essential oil, beeswax, lecithin, borax, and xanthan gum

Soy Oil	One of the high-grade, cosmetic grade carrier oils. Especially chosen for its softening, uncomplicated chemistry ... light enough for massage, yet safe for those with nut allergies. Very emollient and soothing to the skin.
Calendula	A heady, resinous flower from the marigold family. Calendula one of the most powerful of all the skin-repairing herbs or flowers. It is used to promote fast healing of wounds, scars or burns, including those produced by laser surgery. Farmaesthetics uses Calendula oil as a base for most of its skin oils, creams, salves, and lotions. Farmaesthetics finds this bright golden flower to be nature’s number one herb for restoring and restructuring damaged skin. Farmaesthetics’ Calendula Remedy Oil is used in dermatologist’s offices to treat dry mature or troubled skin on the face as well as the hands and body. Farmaesthetics has clients that use it expressly to treat the ravages of eczema, psoriasis, and other conditions traditionally treated internally and externally with prescription drugs...none with the effect and outcome of Calendula.
Witch Hazel	As a skin tonic, Witch Hazel tightens loose tissue and is an effective astringent and toning agent, especially for skin that is beginning to slack. An excellent cleansing agent for hands, face, and feet. Overall, Farmaesthetics thinks witch hazel is one of nature’s most useful herbs, and it is the perfect base for many of its skincare preparations.
Lavender Essential Oil	Lavender is a versatile essential oil, with uses ranging from decongestant to sedative. This versatility is due to the complexity of the oil’s chemistry and its numerous active constituents. It is best summed up, as a calming, soothing and above all balancing oil, (that smells wonderful!). It stimulates and rejuvenates the skin and restores the skin’s natural balance in oil production. It also stimulates sore, exhausted muscles and soothes the nerves, while acting as an aromatic astringent.

Beeswax	Beeswax is a completely mysterious ingredient. It is a perfect natural preservative when used in herbal preparations such as salves and balms and has been used for centuries as an integral component of skincare and cosmetic formulations. Beeswax contains its own antibacterial agents that work with the other complex constituents of the wax, to speed healing of the skin. It is also a perfect protectant, sealing in moisture while binding active herbal ingredients to the skin, so as to maximize the herb's healing benefits.
Lecithin	Farmaesthetics uses this naturally occurring mixture of acid compounds as an emulsifier and surfactant. High in B Vitamins, it's made from soy oil and prevents oil from separating from the liquid ingredients.
Xanthan Gum	A natural carbohydrate derived from corn syrup and used as a natural thickening agent. It's most commonly used as a thickening agent in cooking, especially when preparing meals for those with food sensitivities or allergies. This ingredient is available in most health food stores in the baking section.

#### **APPLICATIONS and BENEFITS:**

- An herbal combination that feeds the skin, moisturizing and conditioning the face and body.
- Soy oil evens skin tone, softens fine lines, and is light but emollient.
- Calendula offers powerful properties to heal and mend skin even on those with scars, inflamed skin conditions, chapped, severely dry skin, or those with skin damage or sensitivities resulting from laser surgery.
- Totally free of synthetics, it is safe for use on all age groups.
- Perfect under make up as it leaves the skin hydrated but with a matte finish.
- Safe for use on those with nut allergies.
- Great for use in massage, having lots of "slip" for easy application.
- Best used on damp, warm skin.

#### **AS USED IN PROFESSIONAL TREATMENTS:**

- Use during treatments in facial massage.
- Apply after facial as the moisture application.
- Mix with Sweet Milk Exfoliate for a more moisturizing exfoliation process.
- Use with massage for face, body, hands (in place of traditional massage oil).