

**Herbal Eye Pacs**

The Herbal Eye Pacs contain a blend of five aromatic herbs to bring relief to tired eyes. They may be used warm or cool. Designed to reduce deep relaxation or sleep, the Herbal Eye Pac is ideal for travel, sinus headaches, stress relief, and many other ailments.

**Ingredients**

Chamomile, lavender, passion flower, peppermint, and vanilla.

**Usage**

- ❑ Never allow the treatment pack to come in contact with the client's skin.
  - ❑ Protect the pac and the client's eyes with a disposable cover (C3656T).
  - ❑ Alternatively, cover the treatment area with a cloth (4x4, thin cloth, etc.) before applying the Eye Pac.
  - ❑ Always test the Eye Pac for client comfort before applying.
  - ❑ Heat Therapy – Warm in microwave in 30 second increments until desired temperature is desired. ***Do not overheat: Can scorch or catch fire!***
  - ❑ Cold Therapy. Wrap the Eye Pac in a towel and place in the freezer for an hour.
  - ❑ When not using the Eye Pac for prolonged periods of time, place it in a sealed container or ziplock bag to increase its longevity.
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