

D-File Foot File Disposable Foot File System**Procedure**

1. Wash the Swedish-designed foot file handle with soap and water.
 2. Immerse the handle in disinfectant for recommended time per disinfectant instructions.
 3. Dry with clean towel.
 4. Attaching grit pad:
 - 100 grit – Peel backing off the 100 grit abrasive and affix it within the pad outline on the ribbed side of the handle.
 - 60 grit – Peel backing off the 60 grit abrasive and affix it within the pad outline on the “bumpy” side of the handle.
 5. It is best to soften callus by soaking feet in a warm footbath.
 6. Start by rubbing thick, softened callus with 60 grit side.
 7. Smooth and exfoliate feet with 100 grit side.
 8. After service, peel off abrasive pas and dispose in closed receptacle.
 9. Follow steps 1 through 3 before each service.
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