

Alpha Fuzion™ Program Cheat Sheet

- ❖ **Relaxation (110°F)**
A heat cocoon is sure to alleviate the stresses of the day... You'll emerge from this session rejuvenated and refreshed.
- ❖ **Pre/Post Massage (135°F)**
Ideal when coupled with massage, this program prepares muscles for massage, and stimulates the senses for the perfect spa experience!
- ❖ **Pre-Heat (125°F)**
Pair this program with other cosmetic and spa services to prepare the body and maximize results!
- ❖ **High Heat (180°F)**
Heat up to maximum temperature; this program is as stimulating and energizing as a jog on the beach.
- ❖ **Sleep (95°F)**
Embraced by low heat, Alpha Fuzion's gentle vibration rocks your tired body into slumber.
- ❖ **Skincare (145°F)**
Cleanse and beautify the skin with heat and essential oil aromas in this rejuvenating program for the skin.
- ❖ **Relief (140°F)**
Relieve, relax, and soothe an aching body with this unique program designed to give your muscles the tender loving care they need.
- ❖ **Cleansing (155°F)**
Achieve natural cleansing through the power of heat.
- ❖ **Body Wrap (125°F)**
This session is specifically programmed to work hand-in-hand with anybody wrap or masque, act as a luxurious heat source, and synergistically enhance the experience and its benefits.
- ❖ **Meditation (100°F)**
This program uses ancient aromas and rhythmic vibration to balance the mind, body, and spirit.
- ❖ **Energy (150°F)**
Invigorate and stimulate the senses with this program designed to revitalize and revolutionize a draining day.
- ❖ **Wellness (155°F)**
Tap into the restorative powers of Alpha's ancient wisdom with this delightfully renewing program.
- ❖ **Custom**
Design your own program to fit your clients' individual desires. The power of choice has never been so divine!

