Look Inside™ 21 Mineral Bath Salts



Look Inside 21 Mineral Bath Salts contains wildcrafted Indian Frankincense essential oil, which energizes the sacral chakra. This bath salt helps to focus the mind and soothe the body. Use alone or with SpaRitual® Harmonizing Soak Tonic® to bathe body, hands, and feet. Naturally colored with beet root.

Essential Oil Benefits:

- Soothes and calms the mind, relaxing and deepens breathing
- Rejuvenates aging skin
- ❖ A skin tonic, it is effective with inflammation, wounds, and scars

Professional Care:

Add bath salts to water alone or with Harmonizing Soak Tonic®.

Hand Ritual = 1 heaping scoop Foot Ritual= 2 heaping scoops Body Ritual= add a generous amount

Mix with Affirming Scrub Masque® to boost exfoliation.

At-Home Care:

- Add bath salts to water alone or with Harmonizing Soak Tonic® for maximum results.
- Mix with Affirming Scrub Masque® to boost exfoliation.

Key Ingredients:

Wildcrafted Indian Frankincense, Dead Sea Salts, and Beet Root

Eco-Conscious Aspects:

❖ PEG free, paraben free, biodegradable, and free of synthetic dyes

Sacral Chakra



Concerns:

Creativity, self gratification, sexuality, creativity, desire, reproduction, personal growth, pleasure, emotions, relationships

Positive State:

Comfortable flow of feelings, enthusiasm about life, creative actions, capable of feeling sexual and sensual pleasure

Imbalanced State:

Allergies, depression, sexual problems, mood swings, emotionally dependent or detached, lack of self love