
Instinctual®Organic Bath Salts

Instinctual Organic Bath Salts with Ginger Essential Oil balances the Root chakra. This bath salt is made with 70% certified organic ingredients and helps to energize the mind and soothe the body. Use alone or with SpaRitual Harmonizing Soak Tonic to bathe the body, hands, and feet. Naturally colored with Corylus Clay.



Note: Natural moisture may settle. If so, shake or stir before use. Natural colorants made fade over time. Do not store in direct sunlight.

Essential Oil Benefits:

- ❖ Warming qualities ease the mind and promote relaxation.
- ❖ Energizing properties make ginger an aphrodisiac.
- ❖ Helps ease muscular aches or pains and arthritis.
- ❖ Stimulant aids in poor circulation.
- ❖ Helps ease colds, flu, nausea, motion sickness, and morning sickness.

Professional Care:

- ❖ Add bath salts to water alone or with Harmonizing Soak Tonic®.
 - Hand Ritual = 1 heaping scoop
 - Foot Ritual = 2 heaping scoops
 - Body Ritual = add generous amount
- ❖ Mix with Affirming Scrub Masque® to boost exfoliation.
- ❖ Follow with Instinctual Moisturizing Lotion.

At-Home Care:

- ❖ Add a generous amount of salts to bath water alone or with Harmonizing Soak Tonic® for maximum results.
- ❖ Mix with Affirming Scrub Masque® to boost exfoliation.
- ❖ Follow with Instinctual Moisturizing Lotion.

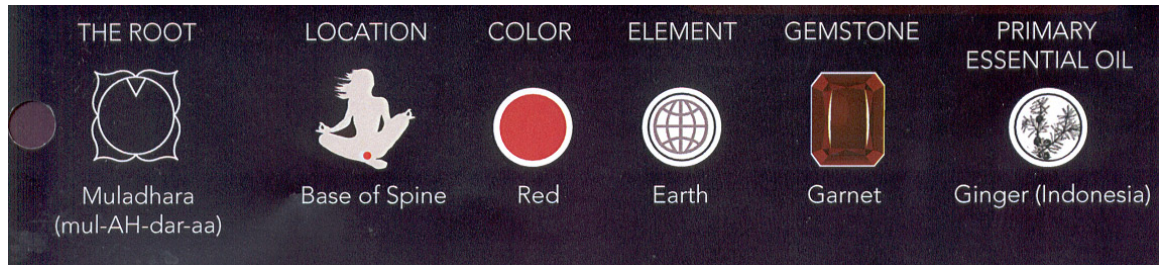
Key Ingredients:

- ❖ Organic ginger essential oil, California sea salts, Epsom salts, and corylus clay.

Eco-Conscious Aspects:

- ❖ Vegan ingredients sourced with awareness.
 - ❖ Made with 70% organic ingredients.
 - ❖ Biodegradable.
 - ❖ Free of synthetic dyes, artificial preservatives, parabens, and petrochemicals.
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Root Chakra



Concerns:

Security and self-preservation, connection to Mother Earth, physical existence, survival, health, home, food

Positive State:

Strong relationship with Mother Earth, positive attitude about life, good health, vitality, feeling stable, safe and secure

Imbalanced State:

Cold hands or feet, fatigue, disconnected from body, fearful, disorganized, possessive
