

Eucalyptus Leaf

Eucalyptus has been used for centuries as a herbal remedy. Use the oil of this herb on sun-burns and on sore muscles. Both the leaves and the oil are excitants and deodorizers. As such, they have been successfully employed as local applications in bronchial affections. Eucalyptus is considered an antiseptic, deodorant, expectorant, stimulant, anti-microbial, and anti-spasmodic.

Usage

- ❑ May be used with carrier oils, scrubs, packs, hydrotherapy treatments, and body wraps.
- ❑ Amounts vary depending on treatment.