

Camphor, White – *cinnamomum camphora*

Code: T179 Vol: 10ml

Country of Origin: China

About the oil

Distilled From: Steam distillation of wood, root stumps and branches.

Aroma & appearance: Colorless pale yellow, sharp, and pungent.

Some beneficial ways of enjoying the oil:

- Camphor is a traditional ingredient of mothballs. These can be made at home by adding 10 drops of White Camphor to a cotton wool ball and placing these in cupboards, drawers, etc. (They should be kept well out of the reach of children and pets.)
- To keep other airborne pests at bay, try adding 5 drops of Camphor to a burner or diffuser.

Extracted by distillation from the wood of this evergreen tree, there are then three extractions made from Camphor – only White Camphor is safe for aromatherapy use as it contains no Safrol (unlike Yellow and Brown Camphor). White Camphor should still, however, be treated with caution and used in moderation.

Did you know?

In folk tradition a lump of the camphor wood, would be worn around the neck as a protection for infectious diseases.

Key Search words: Pungent, penetrating, sharp, clearing, pests.

Safety Data

May irritate the skin or mucous membrane
